



Primary Care



PAPEL DE LOS iSGLT2 y aR-GLP1 EN LA ERC.

Limitaciones y precauciones en su prescripción



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S. Nefrología.





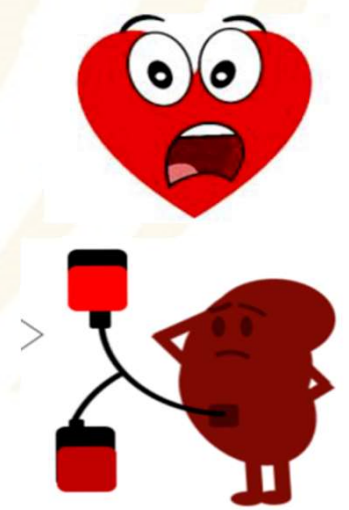
	Low risk
	Moderately increased risk
	High risk
	Very high risk
	Highest risk

CKD is classified on the basis of:

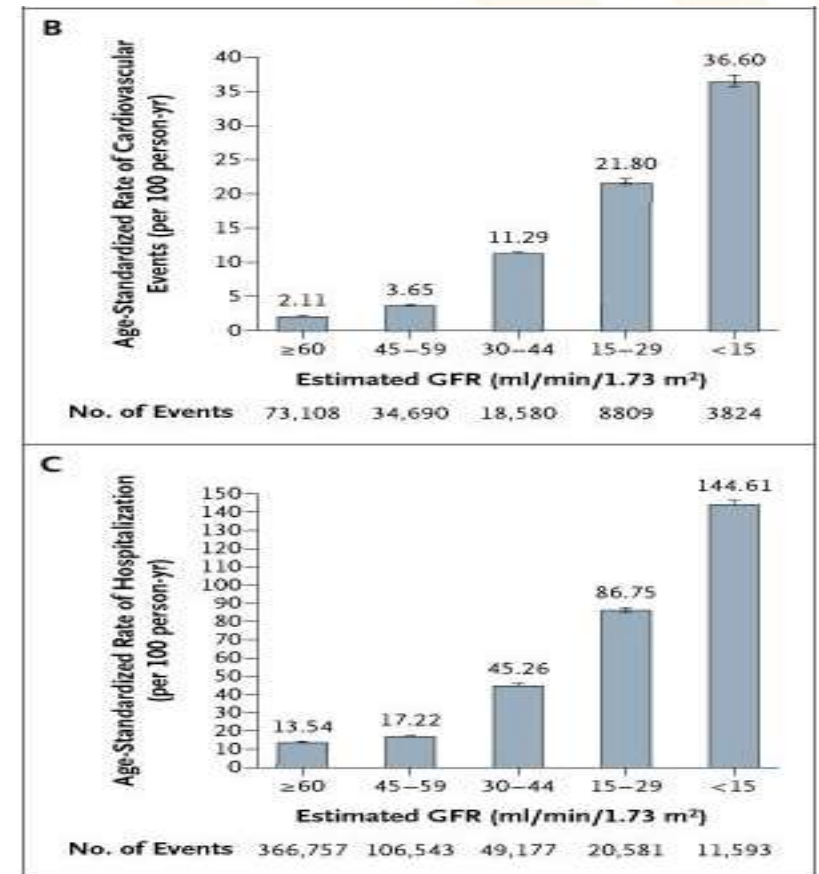
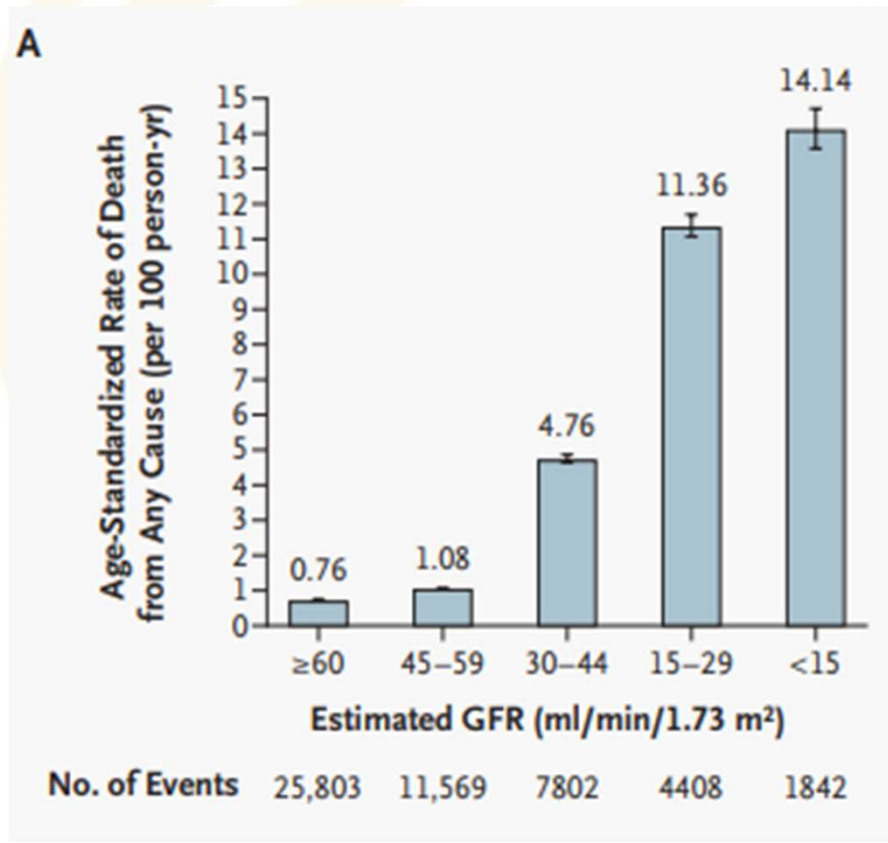
- Cause (C)
- GFR (G)
- Albuminuria (A)

Albuminuria categories			Description and range		
A1	A2	A3			
Normal to mildly increased	Moderately increased	Severely increased			
<30 mg/g <3 mg/mmol	30-299 mg/g 3-29 mg/mmol	≥300 mg/g ≥30 mg/mmol			
1	1	2			
1	1	2			
1	2	3			
2	3	3			
3	3	4+			
4+	4+	4+			

GFR categories (mL/min/1.73m ²)	Description and range		
	G1	Normal or high	≥90
	G2	Mildly decreased	60-89
	G3a	Mildly to moderately decreased	45-59
	G3b	Moderately to severely decreased	30-44
	G4	Severely decreased	15-29
	G5	Kidney failure	<15



El riesgo de morbilidad y mortalidad aumentan drásticamente a medida que desciende el FGe



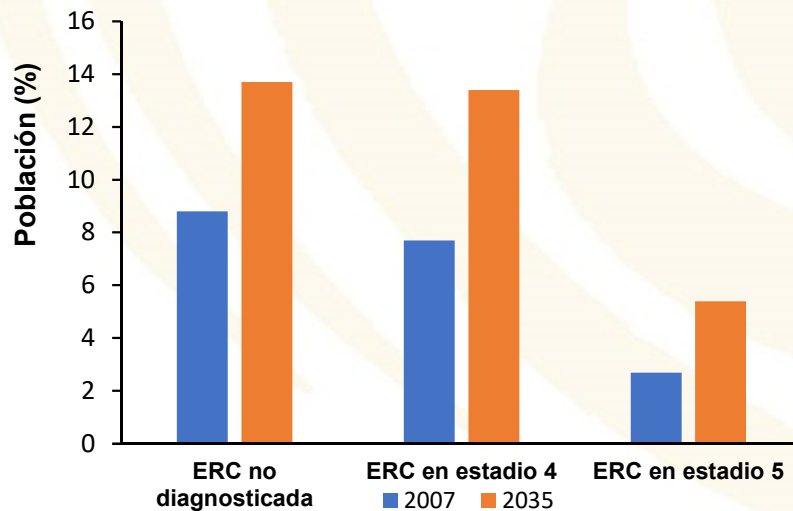
El evento cardiovascular se definió como la hospitalización por enfermedad coronaria, insuficiencia cardíaca, accidente cerebrovascular isquémico y enfermedad arterial periférica.
TFGe: tasa de filtración glomerular estimada

Go A, Chertow MG, Fan D, *et al.* N Engl J Med. 2004;351:1296-1305.

La enfermedad renal crónica es un problema de salud global¹⁻³

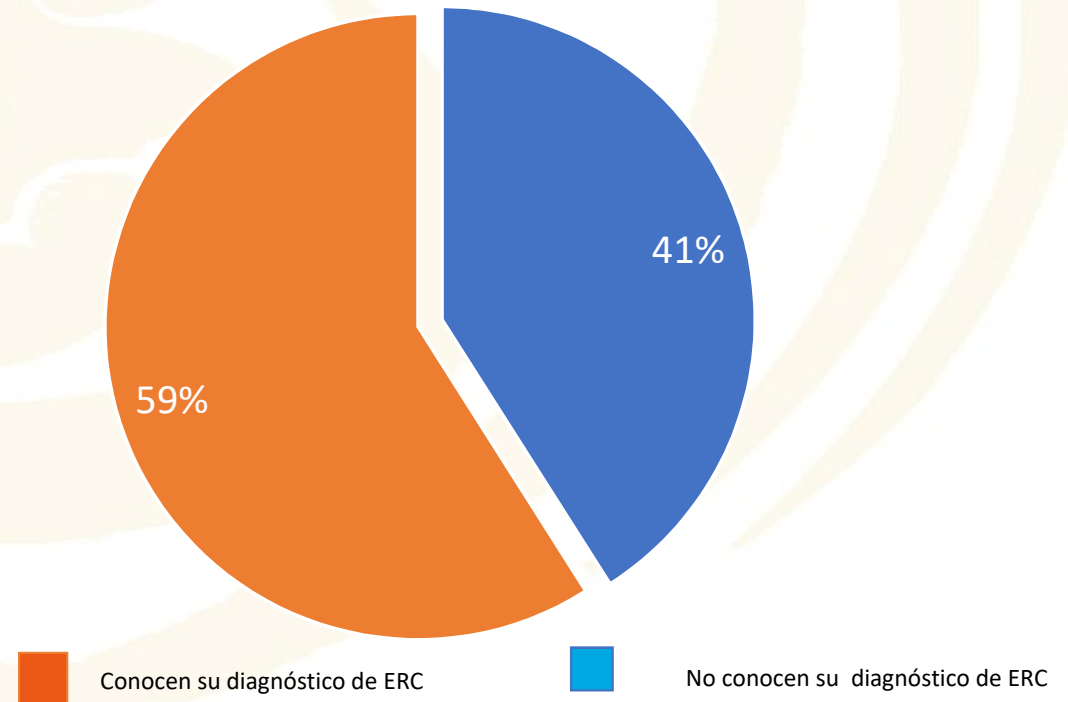
- La prevalencia mundial de la ERC es de aproximadamente **698 millones**¹ La incidencia mundial de la ERC supera los **19 millones**¹

Prevalencia prevista de la ERC no diagnosticada y de la ERC en estadios 4 y 5²



Wong LY, *et al.* 2018²

Pacientes de atención primaria con ERC conscientes de su diagnóstico¹,



British Journal of General
Practice 2012; 62 (597): E227-E23

La diabetes es la principal causa de enfermedad renal crónica

Prevalencia mundial estandarizada por edad
de ERC por causa por 100 000 personas en 2016¹

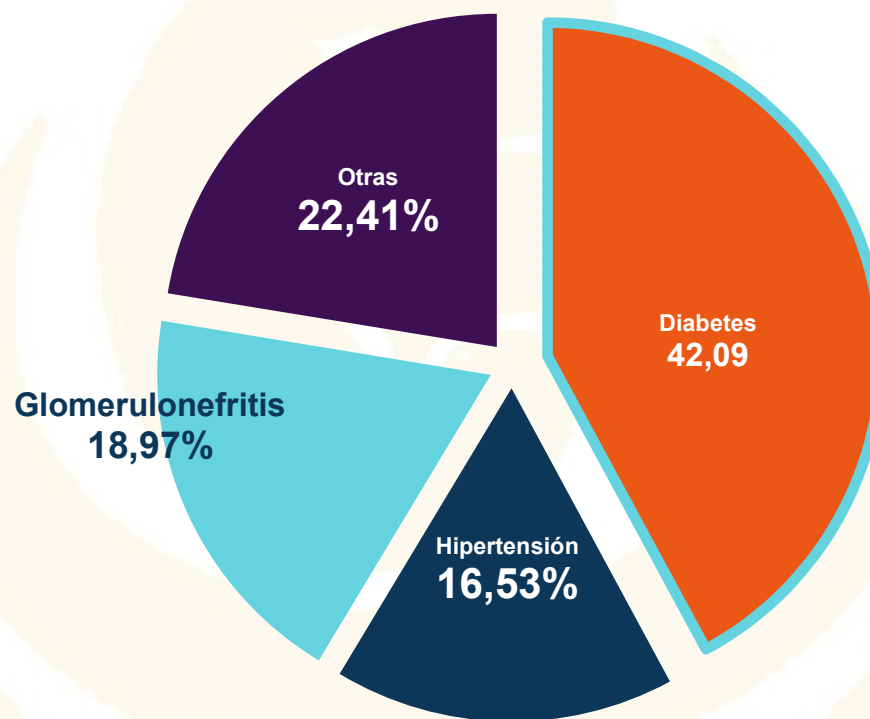
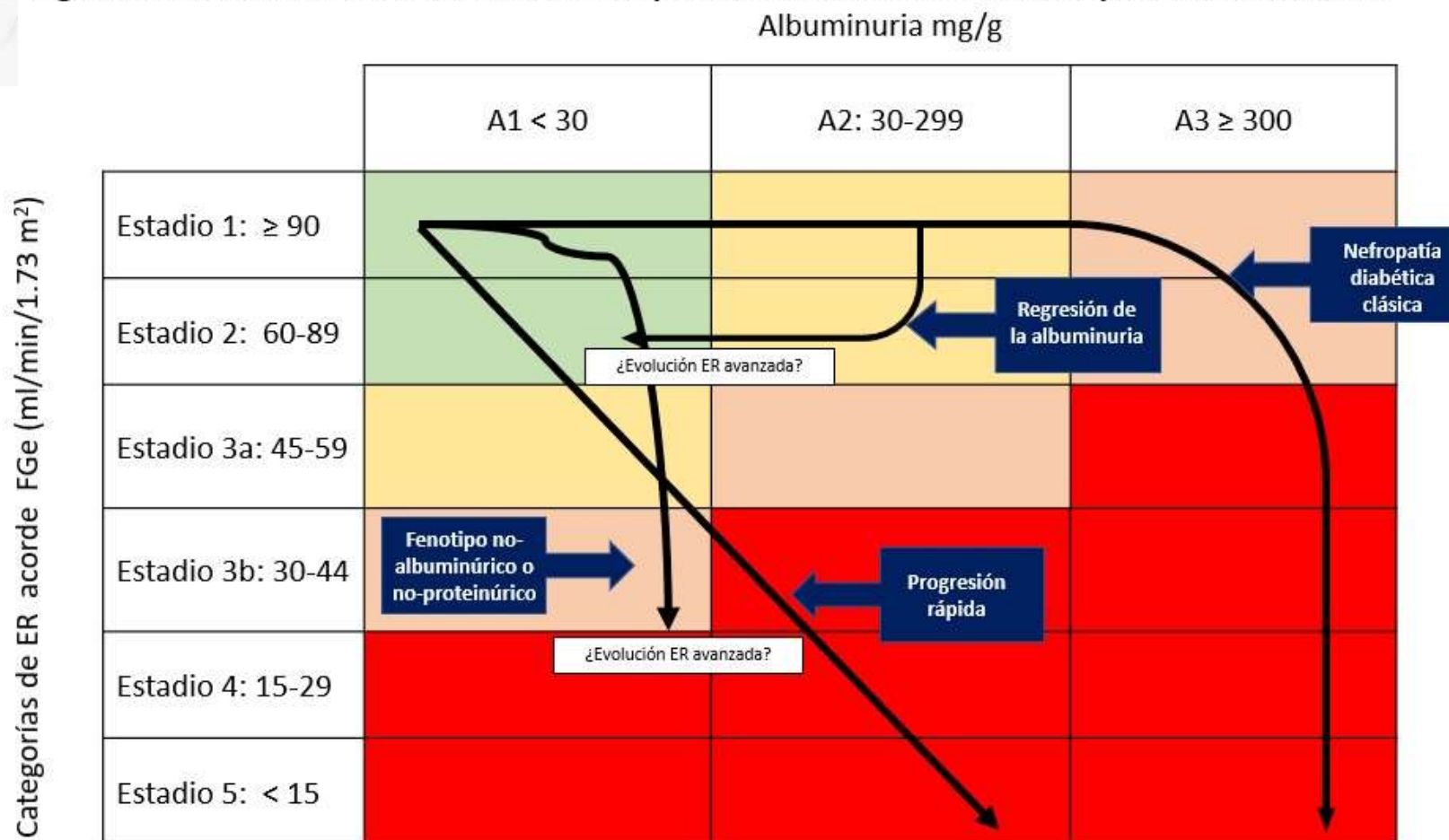


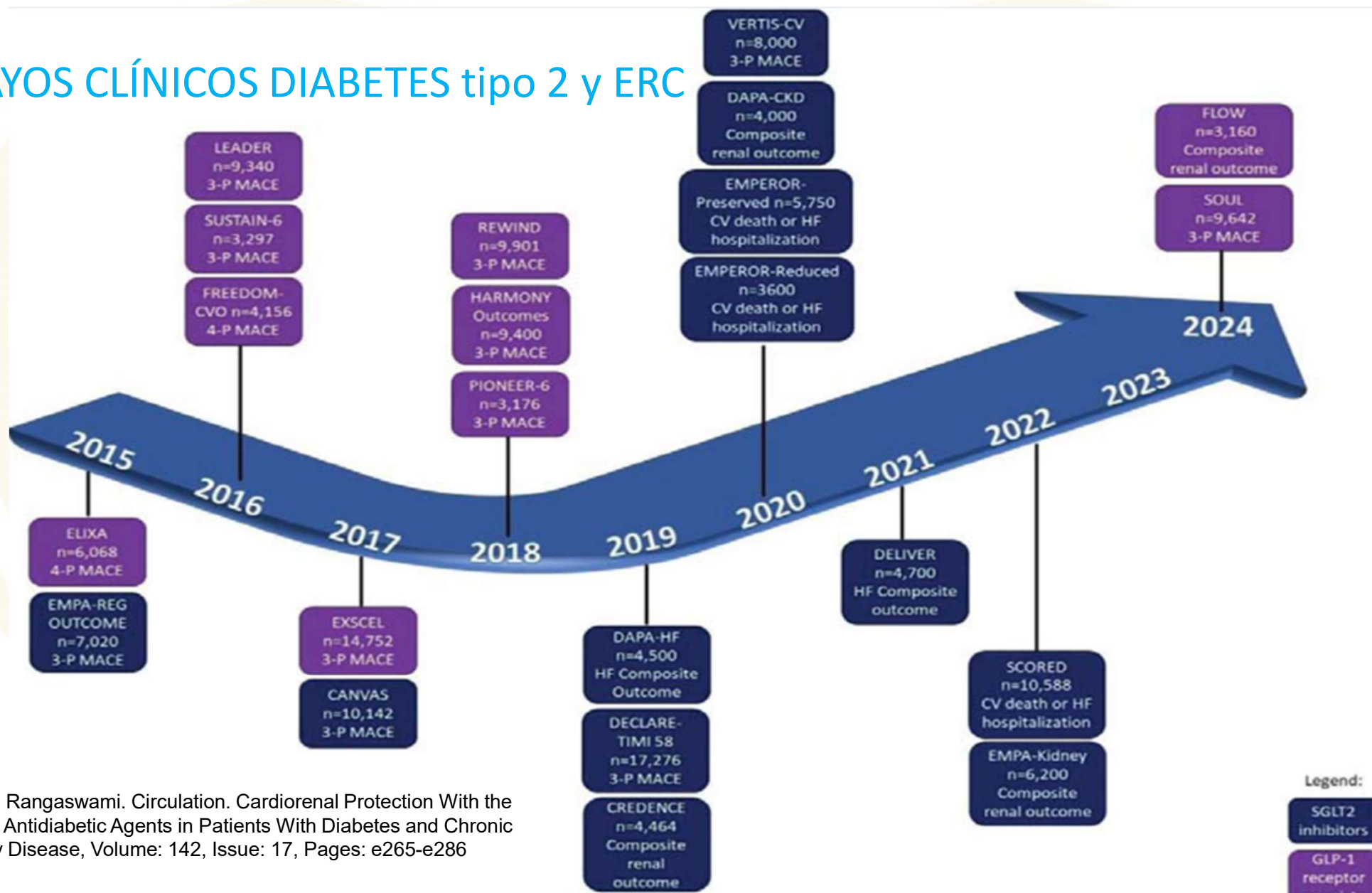


Figura 1: Evolución de los distintos fenotipos de enfermedad renal del paciente diabético



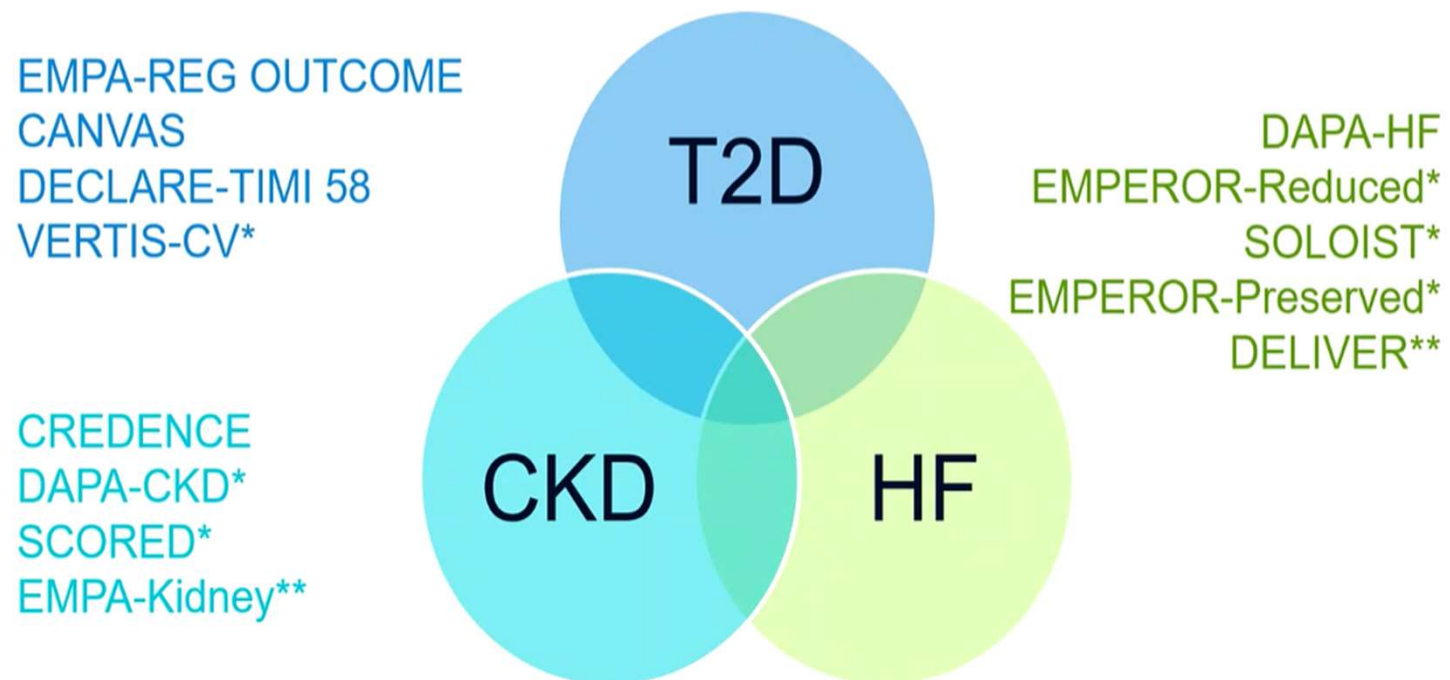
DM: Diabetes mellitus. ER: enfermedad renal. FGe: filtrado glomerular estimado. Adaptado de Osima et al, *Nature Reviews Nephrology* (Vol. 17, Issue 11, pp. 740–750) 2021

ENSAYOS CLÍNICOS DIABETES tipo 2 y ERC



Janani Rangaswami. Circulation. Cardiorenal Protection With the Newer Antidiabetic Agents in Patients With Diabetes and Chronic Kidney Disease, Volume: 142, Issue: 17, Pages: e265-e286

Large clinical trials of SGLT-2 inhibitors



* Published since 2020 KDIGO Guideline

** Ongoing/pending, but positive press releases

i SGLT2. DM 2

Composite Renal Outcome

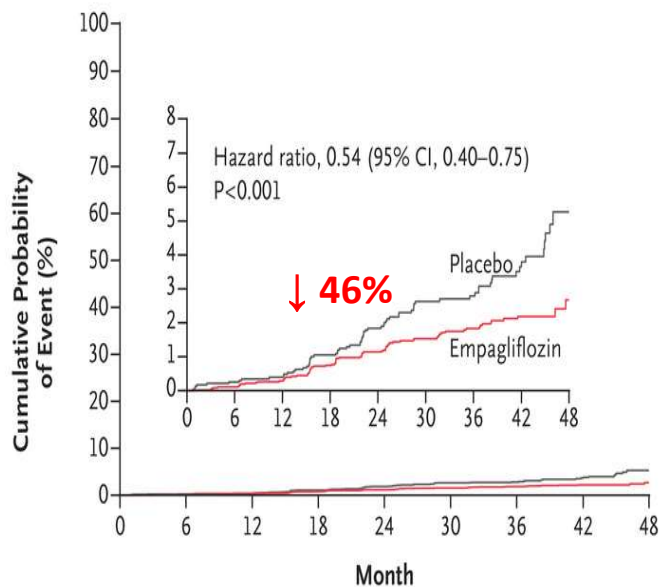


EMPA-REG
OUTCOME®

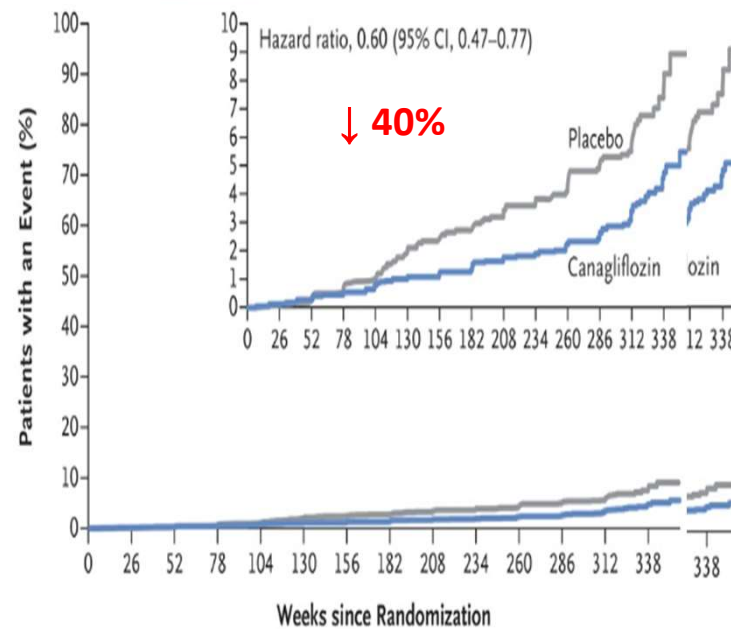
CANVAS Program

DECLARE
TIMI-58
Dapagliflozin Effect on Cardiovascular Events

B Post Hoc Renal Composite Outcome

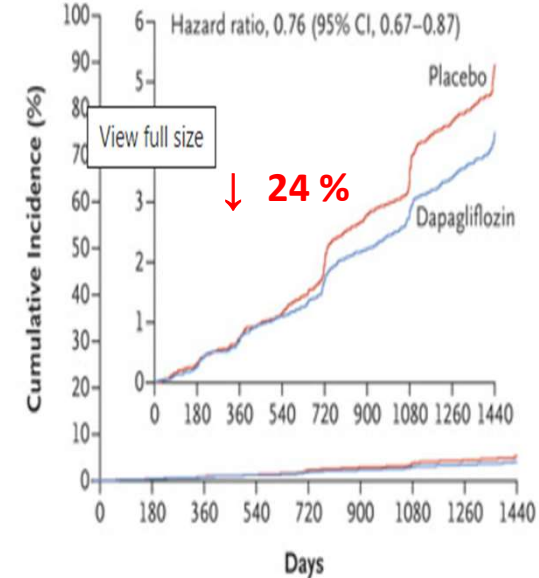


No. at Risk									
Empagliflozin	4645	4500	4377	4241	3729	2715	2280	1496	360
Placebo	2323	2229	2146	2047	1771	1289	1079	680	144



No. at Risk																			
Placebo	4347	4287	4227	4151	3029	1674	1274	1253	1229	1202	1173	1148	819	229	229				
Canagliflozin	5795	5737	5664	5578	4454	3071	2654	2623	2576	2542	2495	2450	1781	493	493				

C Renal Composite



No. at Risk																			
Placebo	8578	8508	8422	8326	8200	8056	7932	7409	5389										
Dapagliflozin	8582	8533	8436	8347	8248	8136	8009	7534	5472										

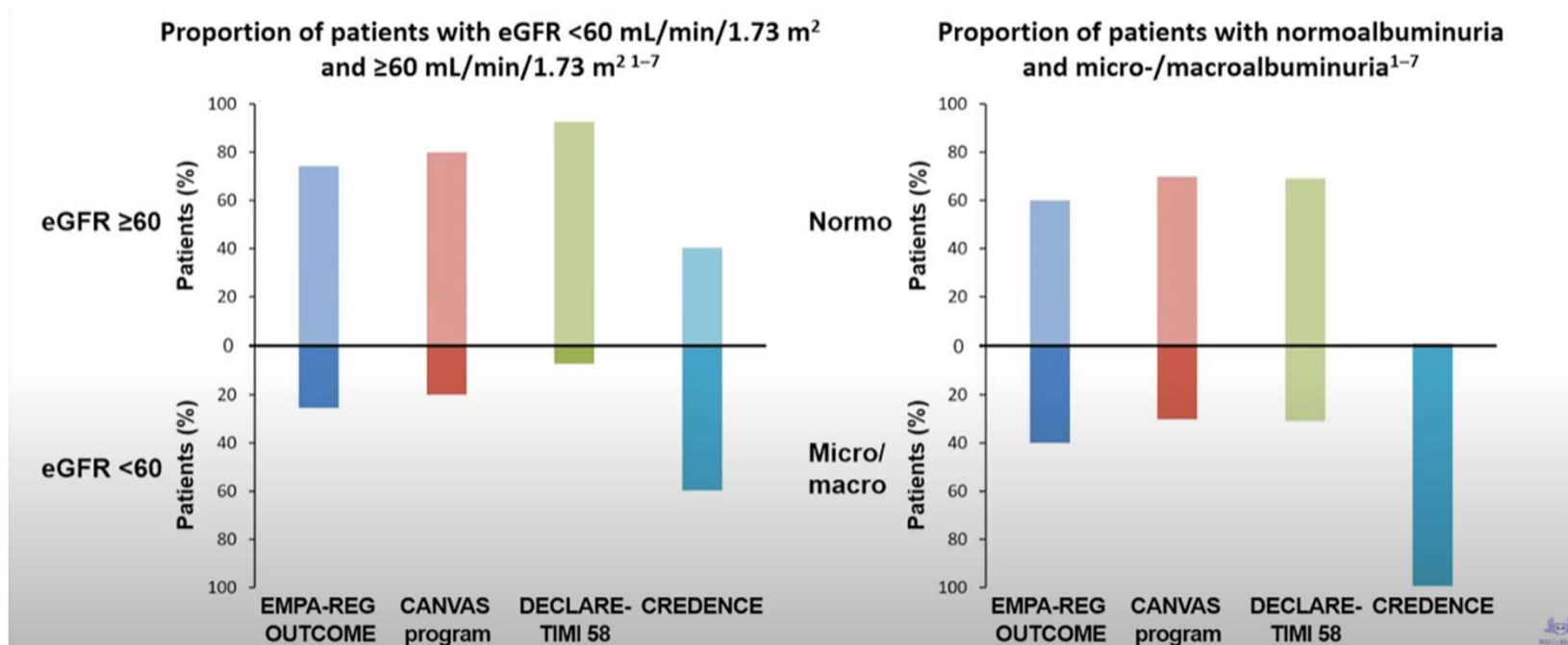
≥40% decrease in eGFR
to <60 ml/min/1.73 m²,
ESRD, or death from
renal cause

doubling of the serum creatinine level, the initiation of replacement therapy, or death from renal disease

Composite of 40% Reduction in eGFR, Requirement for Renal-Replacement Therapy, or Death from Renal Causes

Wanner et al NEJM 2016; Neal B. et al NEJM 2017; Wiviott S. et al NEJM 2018

i SGLT2 EN DIFERENTES ESTADIOS ERC Y ALBUMINURIA EN DIABETES MELLITUS TIPO 2



JASN 2018; 29: 2755-2769; NEJM 2019;380: 347-357

National Kidney Foundation classification of CKD

				Albuminuria categories		
				A1	A2	A3
				Normal to mildly increased	Moderately increased	Severely increased
				<30 mg/g <3 mg/mmol	30-299 mg/g 3-29 mg/mmol	≥300 mg/g ≥30 mg/mmol
GFR Stages	G1	Normal or high	≥90			
	G2	Mildly decreased	60-90	CANVAS EMPA-REG DECLARE TIMI		
	G3a	Mildly to moderately decreased	45-59			
	G3b	Moderately to severely decreased	30-44			
	G4	Severely decreased	15-29			
	G5	Kidney failure	<15			

CREDENCE
T2DM
eGFR -30 - <90 ml/min/ 1.73 m²
and UACR- >300mg/g

DAPA-CKD
With or without DM
eGFR: ≥25-75 and
UACR: ≥200 mg/g

EMPA-KIDNEY
With or without DM
eGFR: ≥20-45 or
eGFR ≥45 to <90 and UACR
≥200 mg/g

Randomised controlled trials of SGLT2is in DKD/CKD



Double-blind, Placebo-controlled, Multicentric RCT (N=4401)

Inclusion:
Type 2 DM
eGFR: ≥ 30 - 90
and UACR: >300 - ≤ 5000 mg/g
Median follow up -2.62 yrs

Canagliflozin VS placebo

CREDENCE

2019

Composite of ESKD, 2 X S.cr , or kidney related or CV death
HR 0.70; (0.59 to 0.82)

CV death, MI, or stroke- HR 0.80, (0.67 -0.95)
Hospitalization for heart failure
HR 0.61; (0.47 to 0.80)

Double-blind, Placebo-controlled, Multicentric RCT (N=4304)

Inclusion:
With or without DM
eGFR: ≥ 25 -75 and
UACR: ≥ 200 - ≤ 5000 mg/g
Median follow up -2.4 yrs

Dapagliflozin VS placebo

DAPA-CKD

2020

Composite of sustained decline in eGFR of at least 50%, ESKD, or death from renal causes-HR 0.56; (0.45 to 0.68)

Composite of death from CV causes or hospitalization for heart failure
HR 0.71; (0.55 to 0.92)

Double-blind, Placebo-controlled, Multicentric parallel group RCT (N=5000)

Inclusion:
With or without DM
eGFR: ≥ 20 -45 or
eGFR ≥ 45 to <90 with UACR ≥ 200 mg/g

Empagliflozin VS placebo

EMPA-KIDNEY

2022

Primary outcomes: Kidney disease progression (defined as ESKD, a sustained decline in eGFR to <10 mL/min/ 1.73m^2 , renal death, or a sustained decline of $\geq 40\%$)



CREDESCENCE: DM + eGFR of 30 to <90 ml/min/1.73 m² and albuminuria (UACR >300 to 5000)

Perkovic V et al. *N Engl J Med* 2019;380:2995

Primary composite outcome

ESKD, doubling of serum creatinine, death from kidney causes or CV death



↓ **30% RRR**
p=0.00001

Secondary outcomes

CV death or HHF



↓ **31% RRR**
p<0.001

3P-MACE[†]



↓ **20% RRR**
p=0.01

HHF



↓ **39% RRR**
p<0.001



DAPA-CKD: noDM & DM + eGFR of 25 to <75 ml/min/1.73 m² and albuminuria (UACR >200 to 5000)

Primary composite outcome

Decline in eGFR ≥50%; ESKD*; renal or CV death



↓ **39% RRR**
p=0.000000028

Secondary outcomes

≥50% sustained decline in eGFR or reaching ESRD or renal death



↓ **44% RRR**
P=0.000000018

CV death or HHF



↓ **29% RRR**
p=0.008

TOTAL death



↓ **31% RRR**
p 0.0035



*Defined as eGFR <15 ml/min/1.73 m², need for chronic dialysis and/or renal transplantation

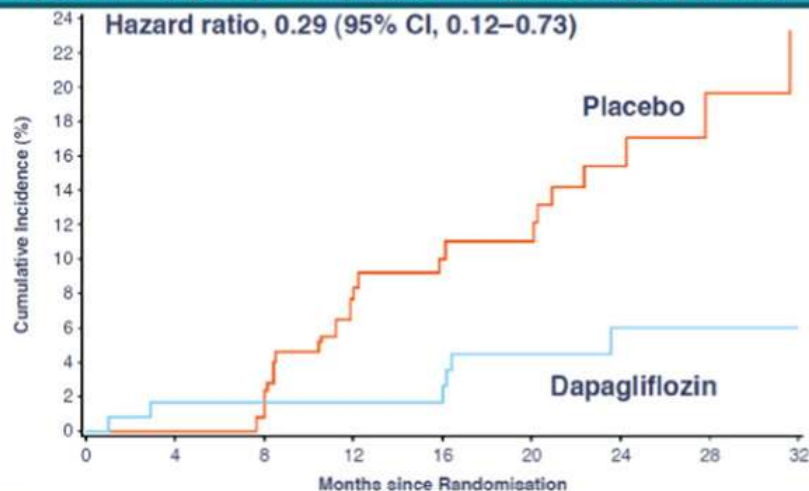
A pre-specified analysis of the DAPA-CKD trial demonstrates the effects of dapagliflozin on major adverse kidney events in patients with IgA nephropathy.

DAPA-CKD population:

- eGFR 25-75 mL/min/1.73m²
- UACR 200-5000 mg/g
- Receiving a stable, maximally tolerable ACEi/ARB dose
- With and without type 2 diabetes

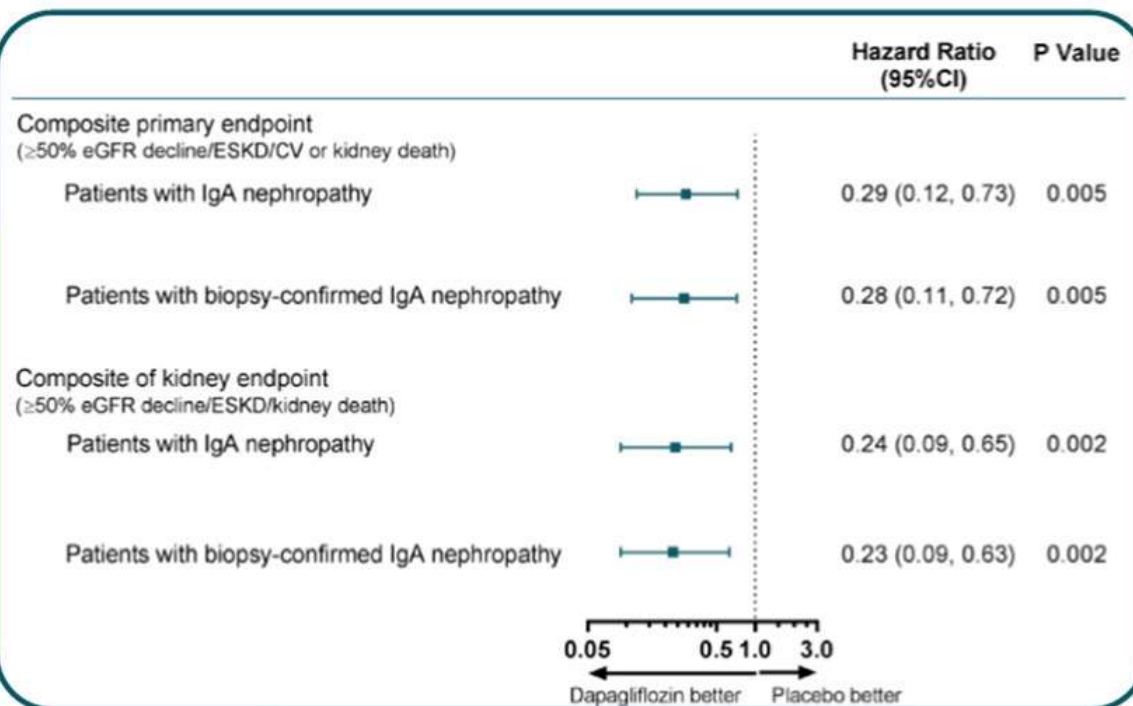


Composite primary endpoint in patients with IgA nephropathy (n=270)



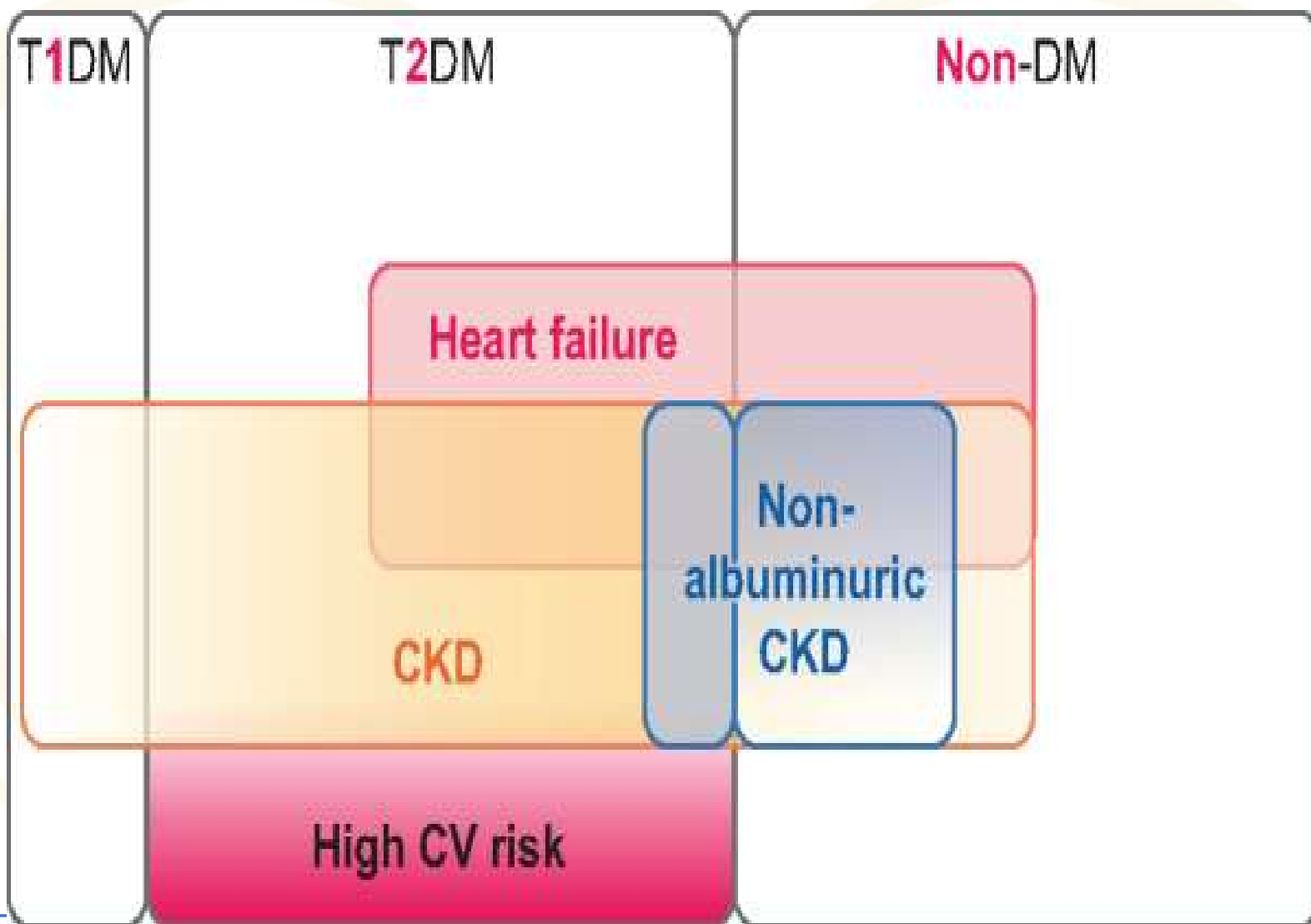
No. at Risk									
Dapagliflozin	137	107	106	105	104	98	61	43	17
Placebo	133	113	108	101	96	92	51	32	19

IgA, immunoglobulin A; ACEi, angiotensin-converting enzyme inhibitor; ARB, angiotensin receptor blockers; CKD, chronic kidney disease; ESKD, end-stage kidney disease



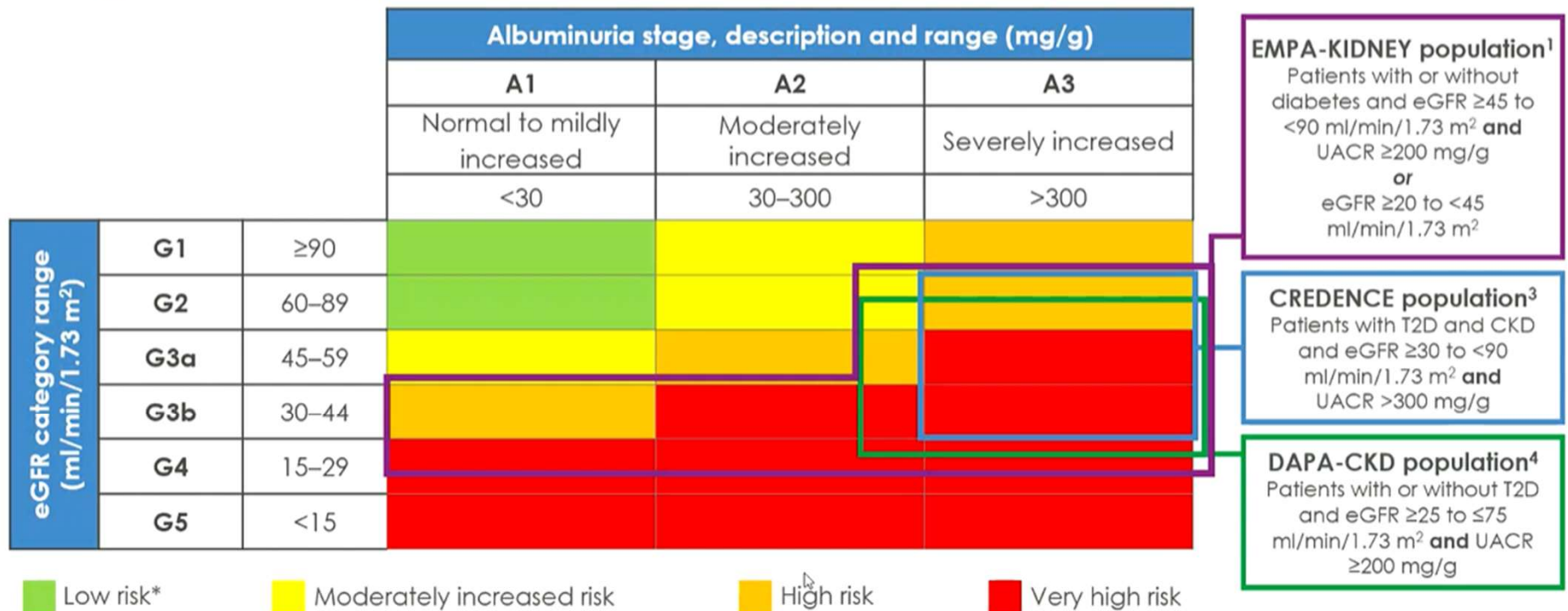
CONCLUSION:

In patients with IgA nephropathy, when added to ACEi/ARB therapy, dapagliflozin significantly and substantially reduced the risk of CKD progression



EMPA-KIDNEY enrolled a CKD population with a broad range of eGFR, with and without albuminuria

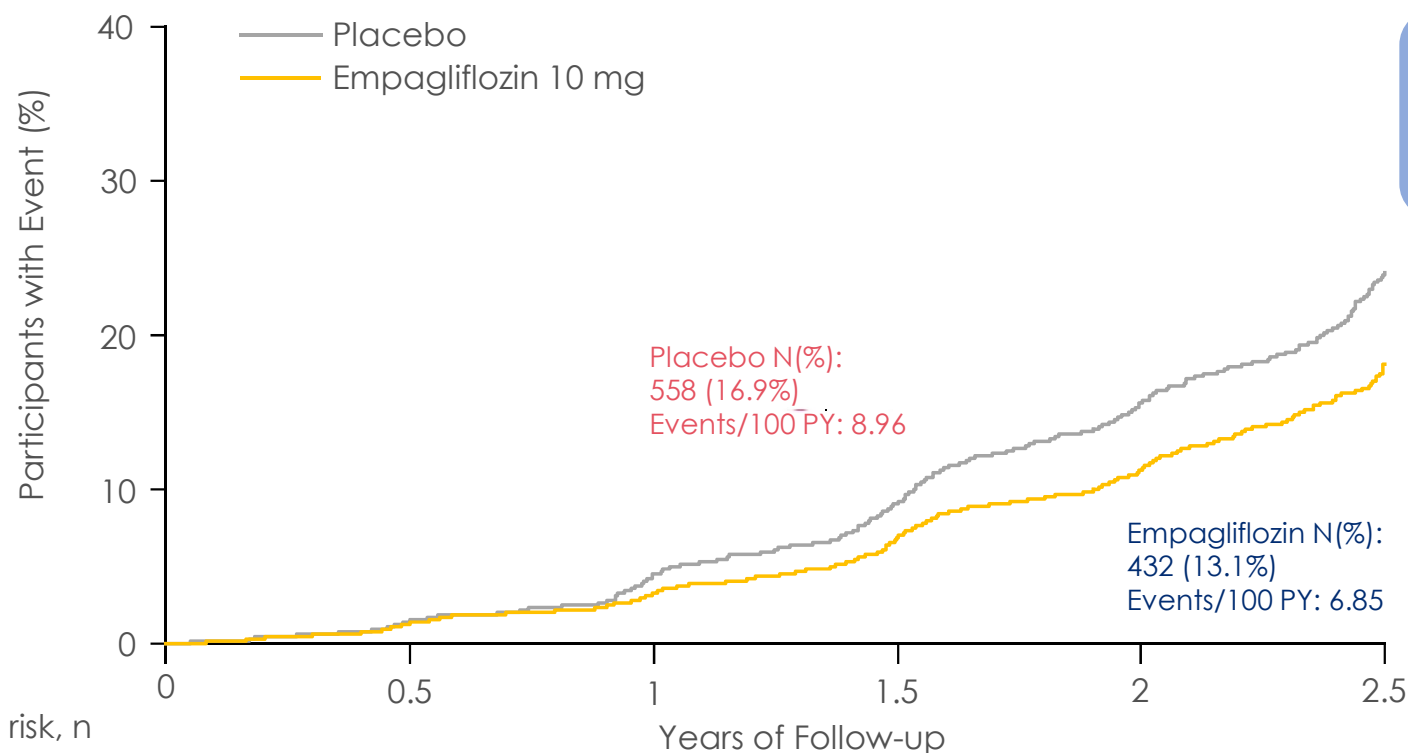
Prognosis of CKD by eGFR and albuminuria categories



1. The EMPA-KIDNEY Collaborative Group. Nephrol Dial Transplant 2022;
 2. Perkovic V et al. N Engl J Med 2019; 3. Wheeler DC et al. Nephrol Dial Transplant 2020

Primary composite outcome

Kidney disease progression or CV death



HR 0.72
(95% CI 0.64, 0.82)
 $P < 0.001$

RRR
28%

NNT=28*

Patients at risk, n

Placebo	3305	3250	3129	2243	1496	592
Empagliflozin	3304	3252	3163	2275	1538	624

*NNT: 28 (95% CI 19, 53) per 2 years at risk

ARR for the primary composite outcome of kidney disease progression or CV death is 3.6% per patient year at risk

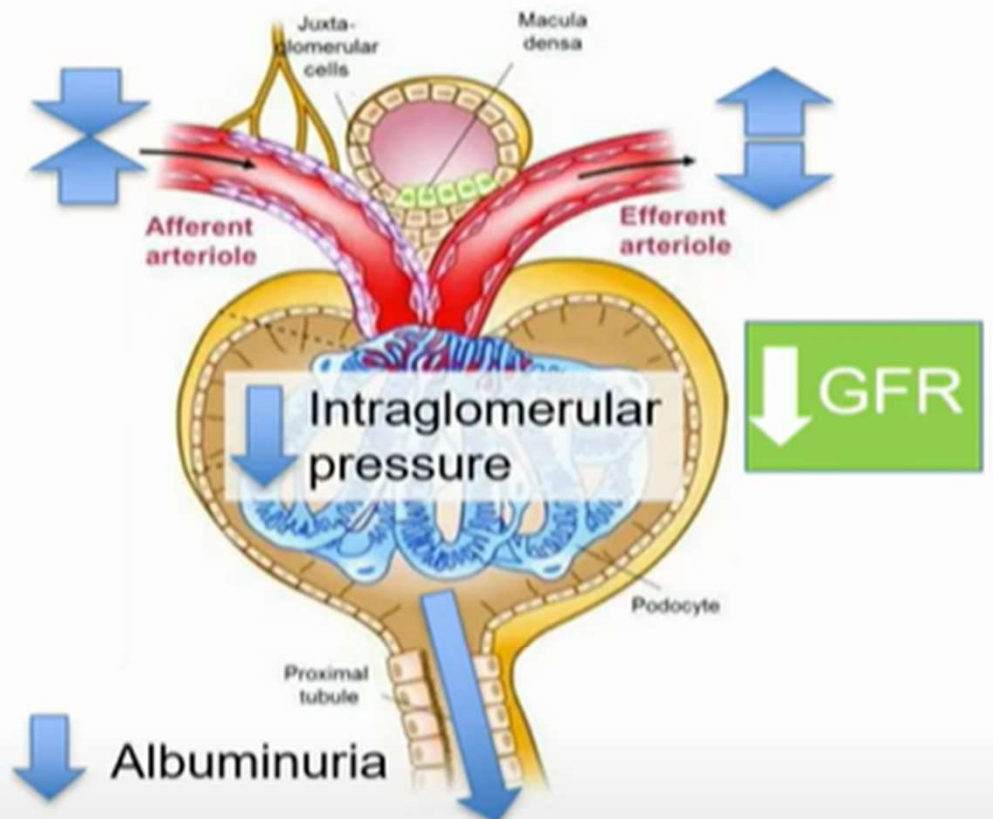
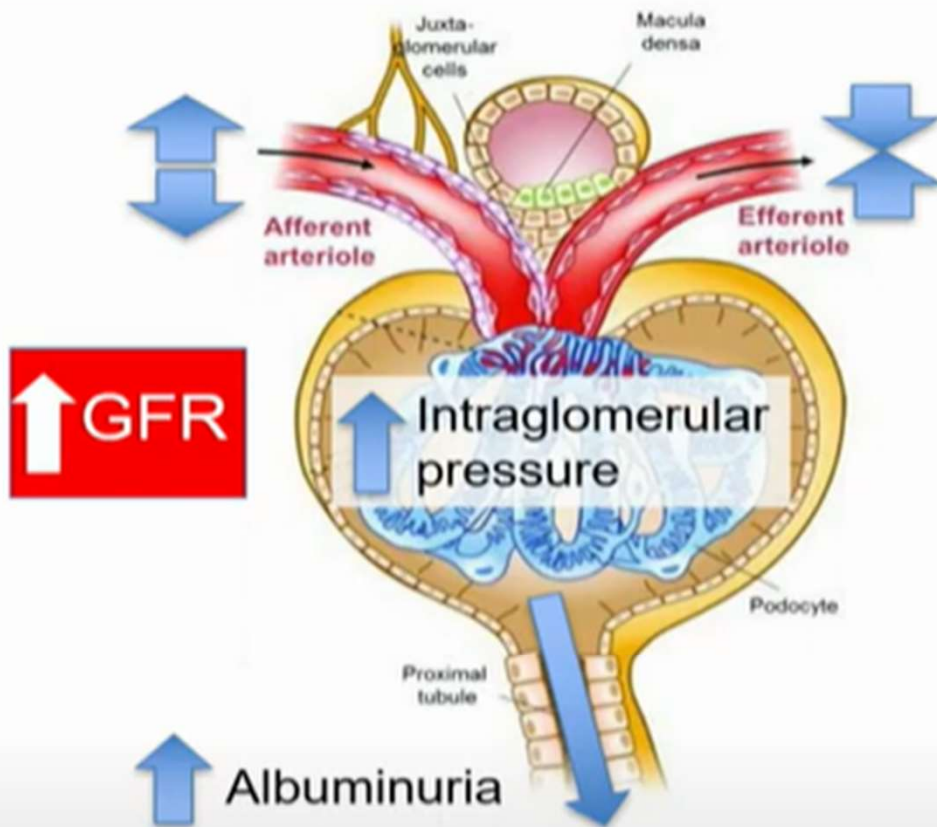
Kidney disease progression defined as end-stage kidney disease, a sustained decline in eGFR to <10 ml/min/1.73 m², renal death, or a sustained decline of $\geq 40\%$ in eGFR from randomization

ARR, absolute risk reduction; CV, cardiovascular; eGFR, estimated glomerular filtration rate; NNT, number needed to treat; RRR, relative risk reduction; UACR, urine albumin-to-creatinine ratio

The EMPA-KIDNEY Collaborative Group. *N Engl J Med* 2022;XX:XXXX

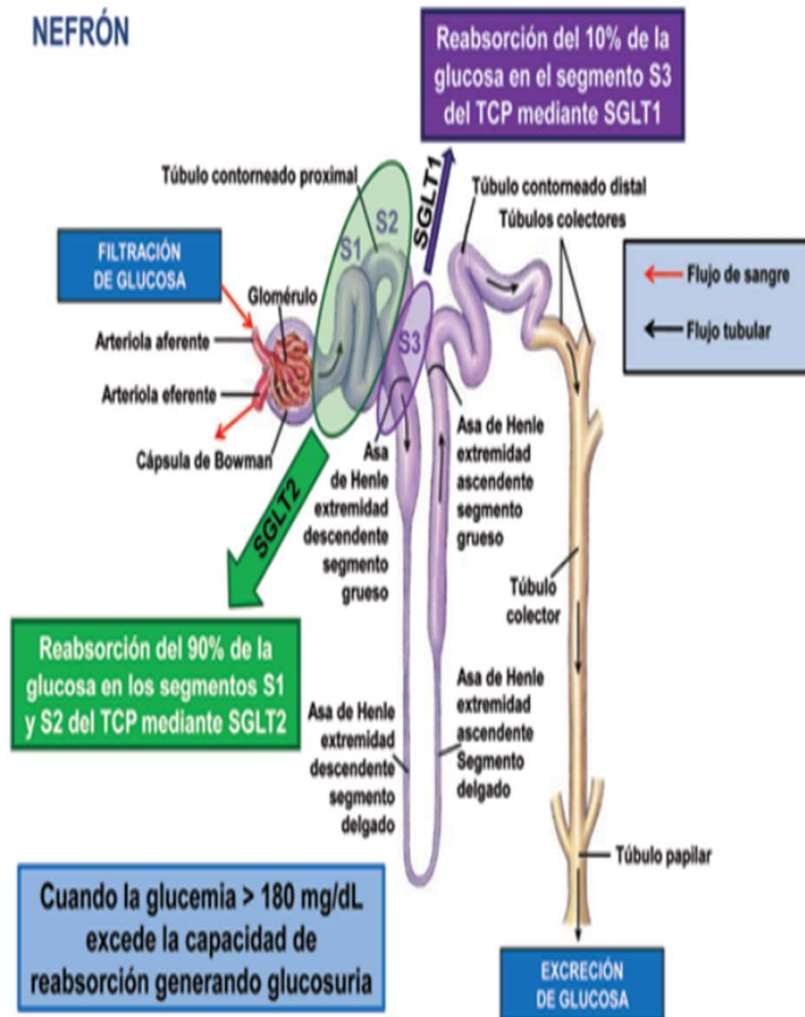
Increased filtration

Decreased filtration

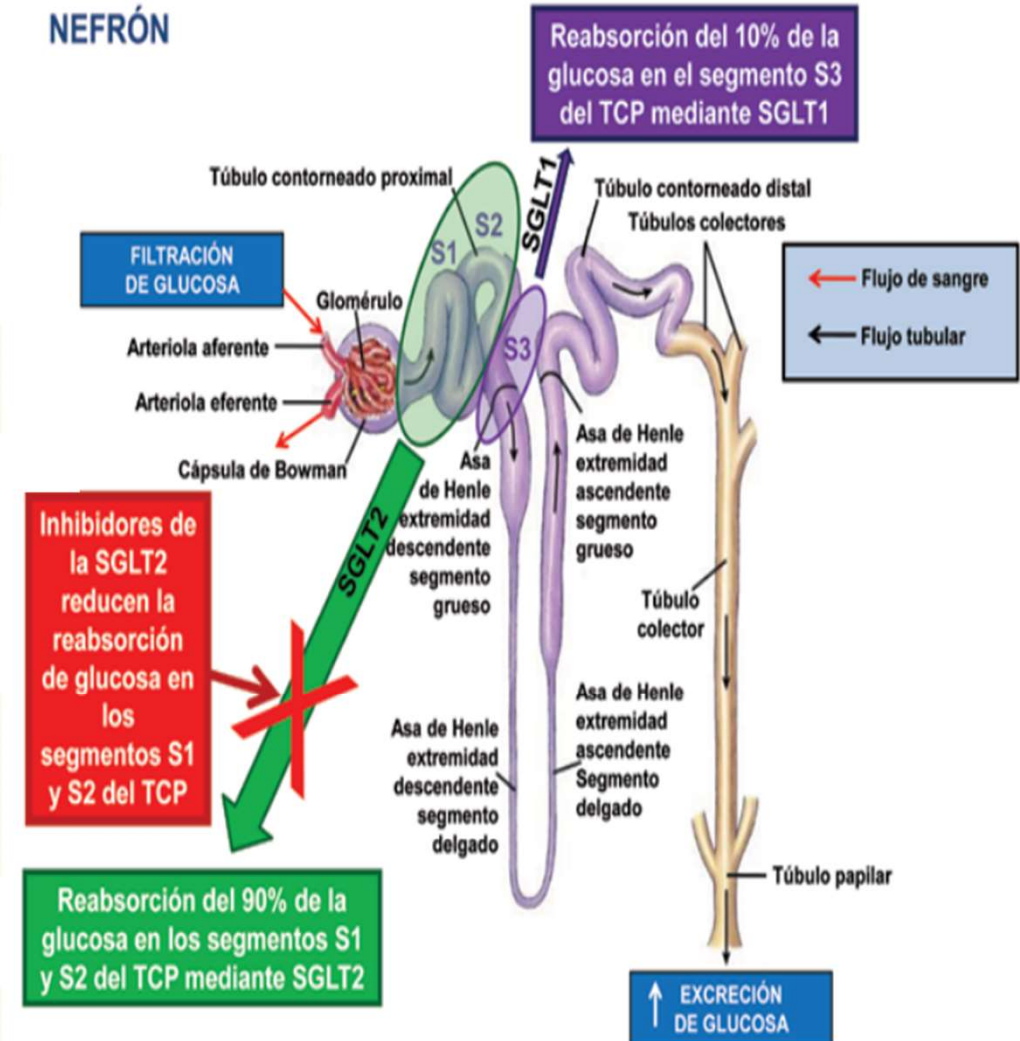


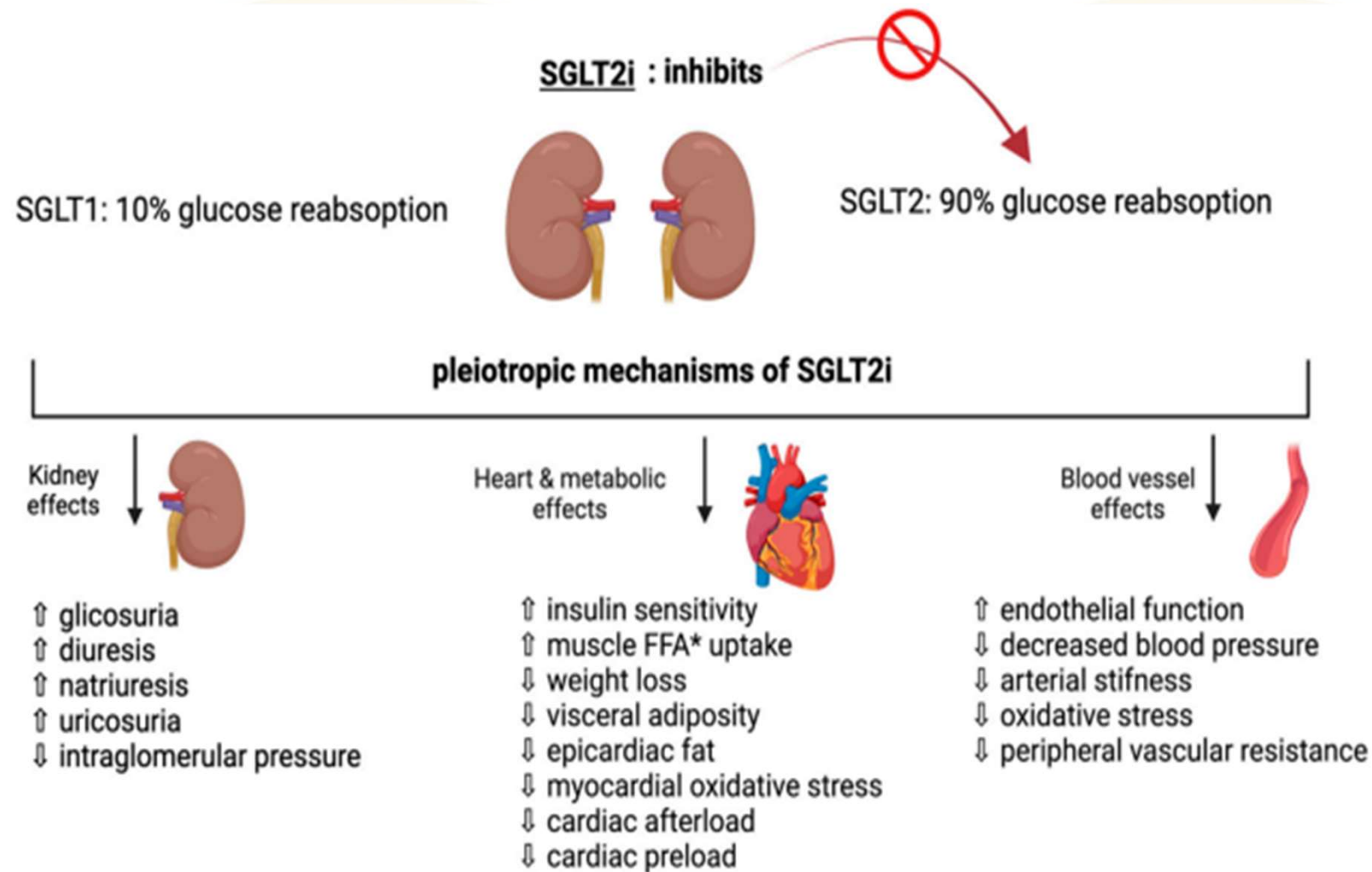
Tonneijck L et al. J Am Soc Nephrol 2017;28:1023-30

NEFRÓN

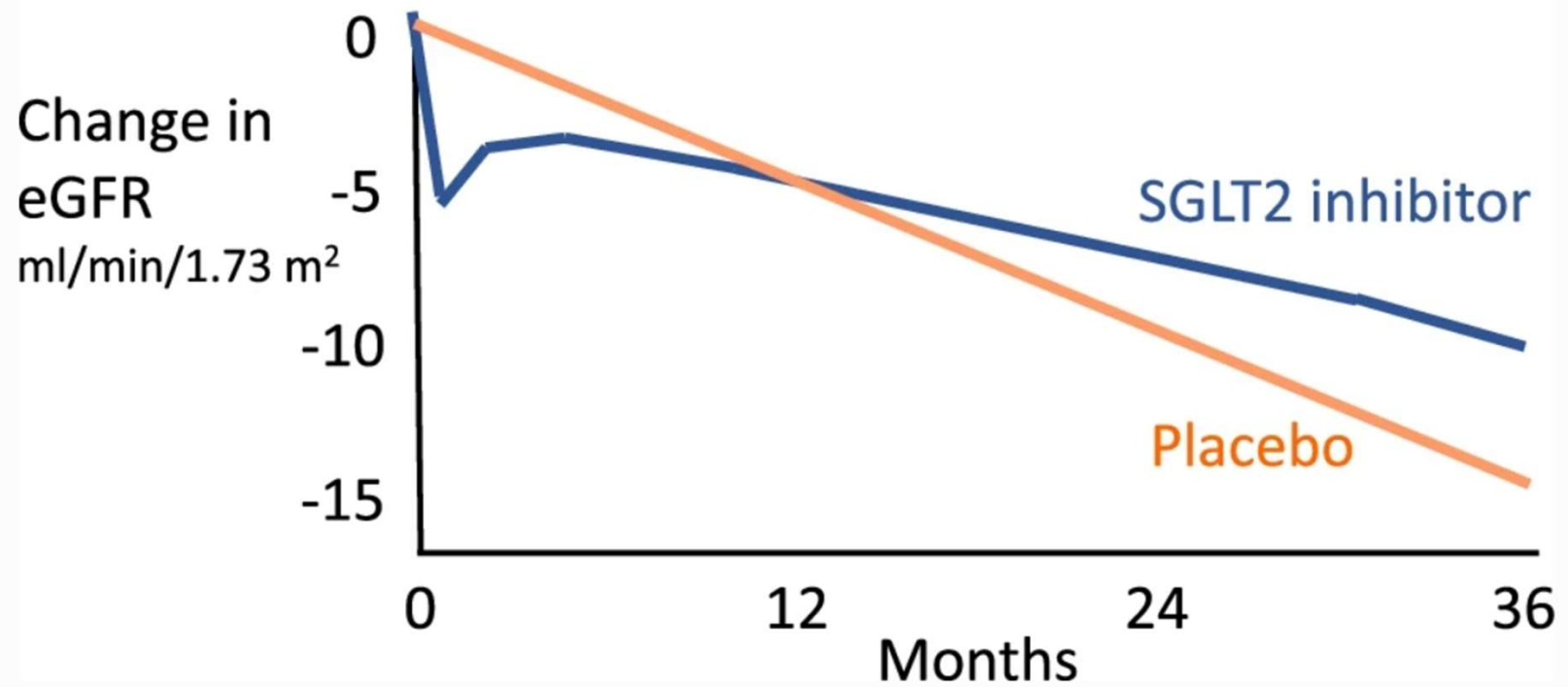


NEFRÓN





Renal Protection with SGLT2 Inhibitors: Effects in Acute and Chronic Kidney Disease



Caída del FGe < 30 % respecto a la basal tras inicio de un iSGLT2

< 30 %

No precisa control ni atención especial

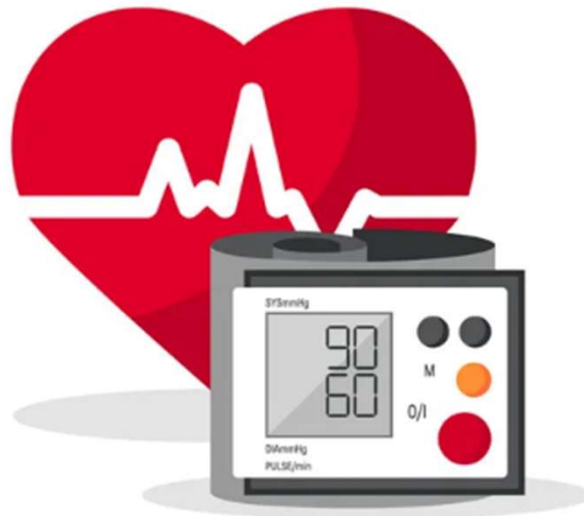
Caída del FGe > 30 % respecto a la basal tras inicio de un iSGLT2

> 30 %

Descartar:

- Altas dosis de diuréticos
- Depleción hidrosalina
- Estenosis bilateral ateromatosa de la arterial renal

ASPECTOS BÁSICOS A TENER EN CUENTA ANTES DE INDICAR UN iSGLT2



HYPOTENSION

Category	Clinical situation
SGLT2i therapy should be offered	First-line (metformin intolerant)
	Second-line to metformin or third-line as add-on to other second-line therapies, including in combination with GLP-1 RA and insulin
	Established CVD
	History of HF
	Overweight or obesity
	Prior stroke
	Vulnerable to the effects of hypoglycaemia
	Renal impairment/CKD/DKD
	No history of lower limb amputation
	No history of PAD
	Receiving loop diuretics
	Osteoporosis
	History of fractures
SGLT2i therapy can be considered	Frail/elderly/cognitive impairment
	History of PAD
	History of foot ulceration
	Previous lower limb amputation
	Existing diabetic foot ulcers
	Ketogenic/low calorie/low carbohydrate diet
	BMI <25 kg/m ²
	High HbA1c levels (>86 mmol/mol or 10%)
	Recurrent UTIs
	Recurrent genital mycotic infections
	Receiving systemic steroid therapy
SGLT2i therapy should not be prescribed	Acute illness
	DKA (or previous episode of DKA)
	Excessive alcohol intake
	Eating disorders
	Rapid progression to insulin (within 1 year)
	Multiple pre-disposing risks for Fournier's gangrene
	Pregnancy (or suspected pregnancy), planning pregnancy or breastfeeding
	Recent major surgery

Tratamiento de la DM2 en el paciente hospitalizado

Unidades ENDOCARE - Abordaje integral multidisciplinar

ENDO: Endocrinología y Nutrición; CA: Cardiología; RE: Nefrología



El empleo de estos fármacos en el ambiente hospitalario, debe ser supervisado y monitorizado preferentemente por Endocrinología, en el marco de Unidades ENDOCARE



Cirugía mayor

iSGLT2 72 h
arGLP1 48 h
Metformina 24 h

Terapia adyuvante Insulínica

Terapia no-insulina
Metformina
iSGLT2
arGLP1
iDPP4

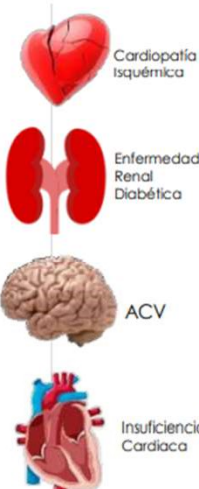
Monoterapia Insulínica

Si terapia no-insulina contraindicada

Evidencia ^{A-E} disponible aplicable a:
1. Reducción objetivo compuesto: Muerte, Número de eventos de IC, tiempo hasta el primer evento de IC, cambios en KCCQ-TSS tras 90 días de tratamiento.
2. Mejor control metabólico frente a monoterapia con insulina.
3. Menor número de hipoglucemias frente a monoterapia con insulina.

Diabetes tipo 2
Objetivo general 140-180 mg/dL
Objetivos mas estrictos < 140 mg/dL en casos seleccionados con bajo riesgo de hipoglucemia

STOP
Criterios
START



iSGLT2^E
arGLP1 Liraglutida ^{B2}

iSGLT2 Dapagliflozina ^E
Canagliflozina ^E
arGLP1 Liraglutida ^E

arGLP1 Liraglutida ^E

iSGLT2 Empagliflozina ^{A1,C3}
Dapagliflozina ^E



Abordaje integral Diabetes tipo 2

Área de conocimiento de diabetes mellitus SEEN



arGLP1

START	STOP
Indicación	No emplear en estas situaciones
Cardiopatía isquémica ⁴ Ausencia de criterios de STOP	Cirugía mayor en próximas 48 horas FGe < 15 ml/min/m ² superficie corporal Insuficiencia Hepática (Child – Pugh C)
Enfermedad cerebrovascular Ausencia de criterios de STOP	Clínica digestiva Anorexia, Sd. Catabólico con pérdida de peso (pacientes oncológicos, desnutrición, etc.)
Enfermedad Renal Diabética con contraindicación de iSGLT2 Ausencia de criterios de STOP	Intolerancia a alimentación oral o enteral
Sugerencia A valorar su inicio en cualquier paciente hospitalizado con IMC ≥ 30 kg/m² que carece de criterios de STOP	

iSGLT2

START	STOP
Indicación	No emplear en estas situaciones
Insuficiencia Cardíaca con FEr en fase de estabilidad clínica ⁵ Ausencia de criterios de STOP	Cirugía mayor en próximas 72 horas Metabolismo anaeróbico: sepsis, hipoxia, shock
Cardiopatía isquémica ⁴ en fase de estabilidad clínica ⁶ Ausencia de criterios de STOP	Anorexia, Sd. Catabólico con pérdida de peso (pacientes oncológicos, desnutrición, etc.)
Enfermedad Renal Diabética en fase de estabilidad clínica con FG > 25 ml/min/m ² SC DAPA 10 MG FG > 30 ml/min/m ² SC CANA 100 MG FG > 30 ml/min/m ² SC EMPA 10 MG Ausencia de criterios de STOP	Diarrea Insuficiencia renal aguda Insuficiencia Hepática (Child – Pugh C) Infección fúngica genital – perineal activa
Sugerencia A valorar su inicio en cualquier paciente hospitalizado que carece de criterios de STOP	Arteriopatía periférica 2B o superior Hemodiálisis

⁴ Individualizar su indicación frente a arGLP1/ iSGLT2 como alternativa, o valorar combinación.

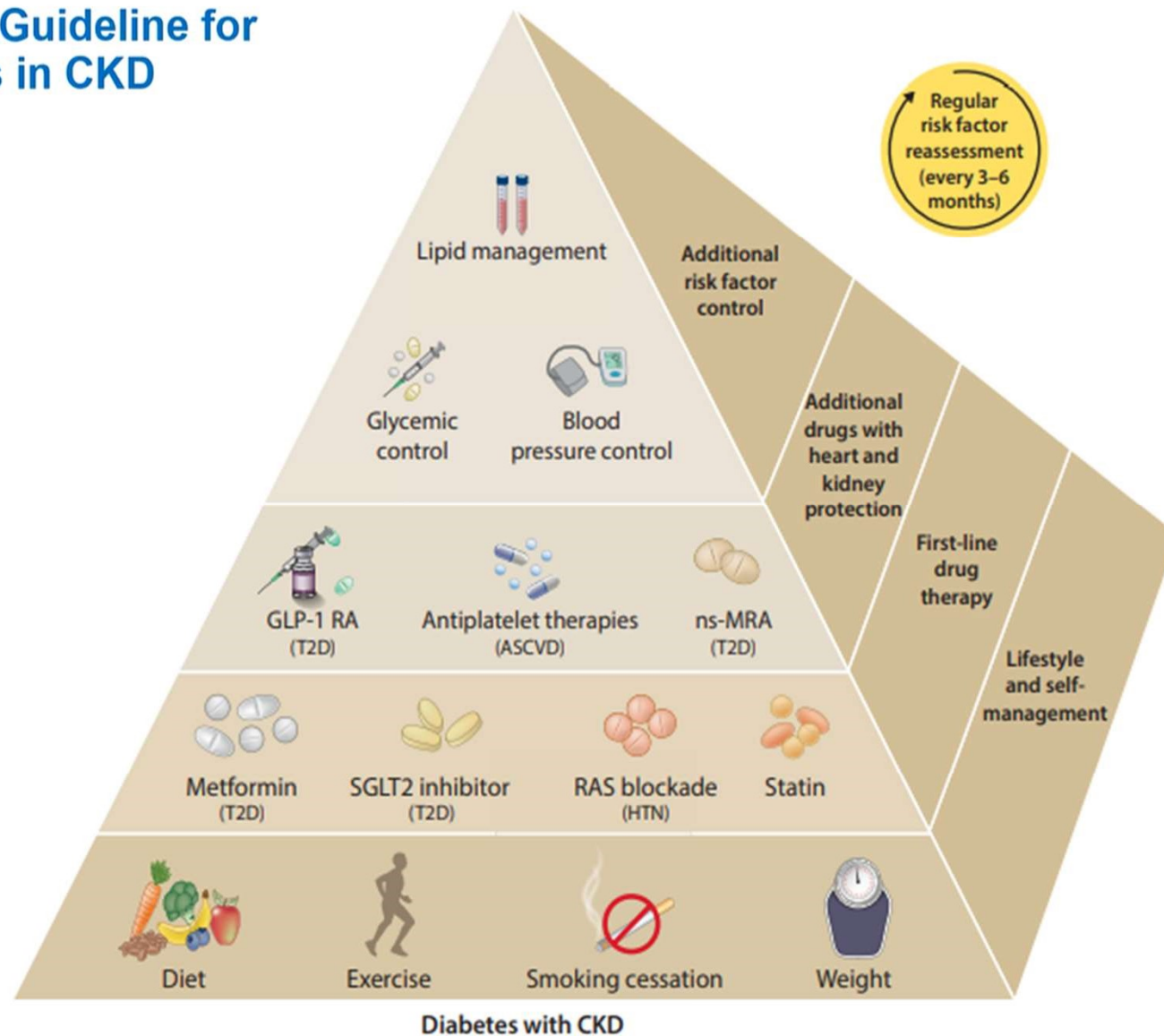
⁵ Ausencia de inestabilidad hemodinámica, EAP no controlado o shock cardiogénico.

⁶ Ausencia de signos de isquemia aguda o inestabilidad hemodinámica.

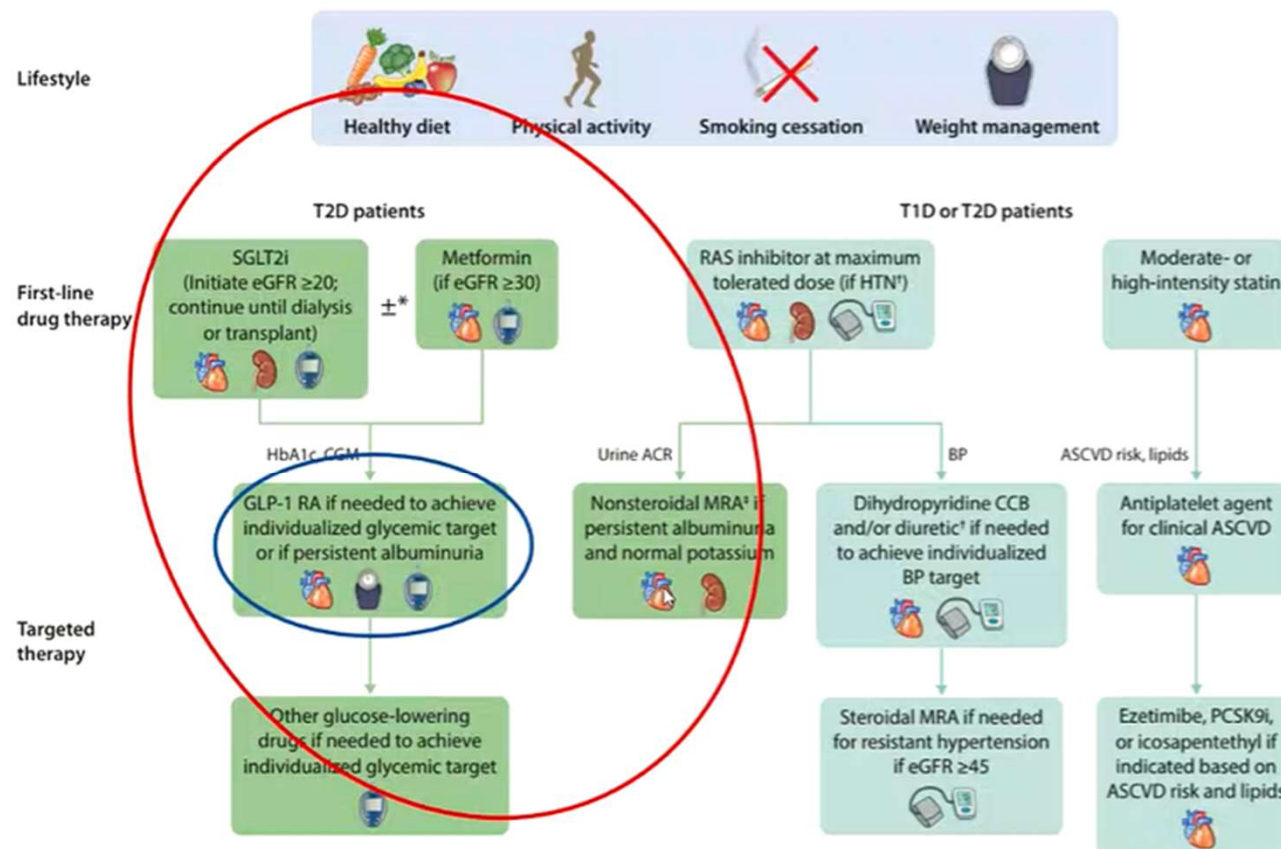
Al alta hospitalaria mantener - iniciar iSGLT2 / arGLP1 o ambos, según medicina basada en la evidencia (ver "Selección de fármacos en la DM2")

iSGLT2, inhibidores co-transportador Na/Glu tipo 2 (Empagliflozina, Dapagliflozina, Canagliflozina); arGLP1, agonistas del receptor de GLP1 (Liraglutida, Semaglutide sc / oral, Dulaglutida); iDPP4, inhibidores de la dipeptidil peptidasa-4 (Sitagliptina, Linagliptina); EAP: edema agudo de pulmón. SC: superficie corporal.

KDIGO 2022 Clinical Practice Guideline for Management of Diabetes in CKD



Holistic Approach for Improving Outcomes in Diabetes and CKD



de Boer IH et al. *Diabetes Care* 2022; In press

Agonistas receptor GLP-1 en DM tipo 2

- Reduce risk of major adverse CVD events.
 - Atherosclerotic CVD (3-point MACE: myocardial infarction, stroke, CVD death)
 - CVD death (liraglutide, semaglutide)
- Decrease macroalbuminuria and eGFR decline from early- to late-stage CKD (liraglutide, dulaglutide, semaglutide)
- CVD and CKD benefits are present in patients with CKD.

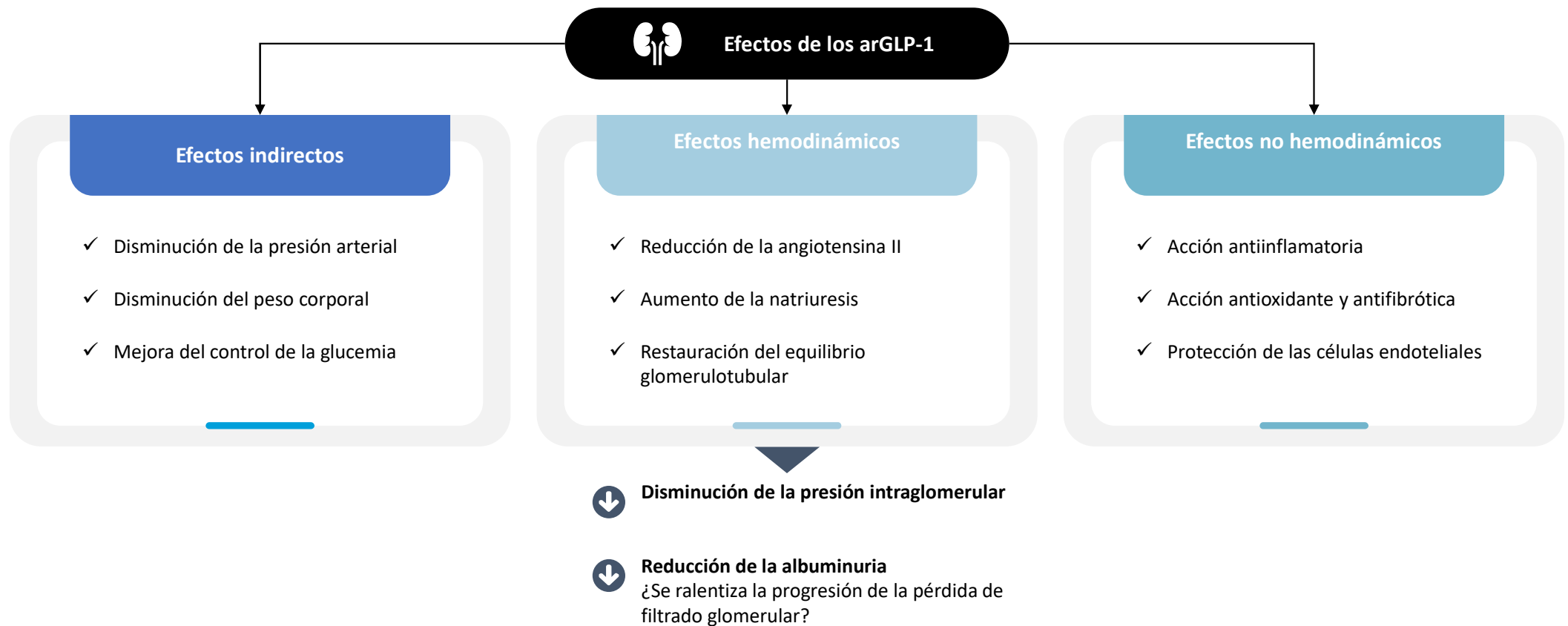
Los agonistas del receptor del GLP-1 tienen efectos multifactoriales más allá del control de la glucemia

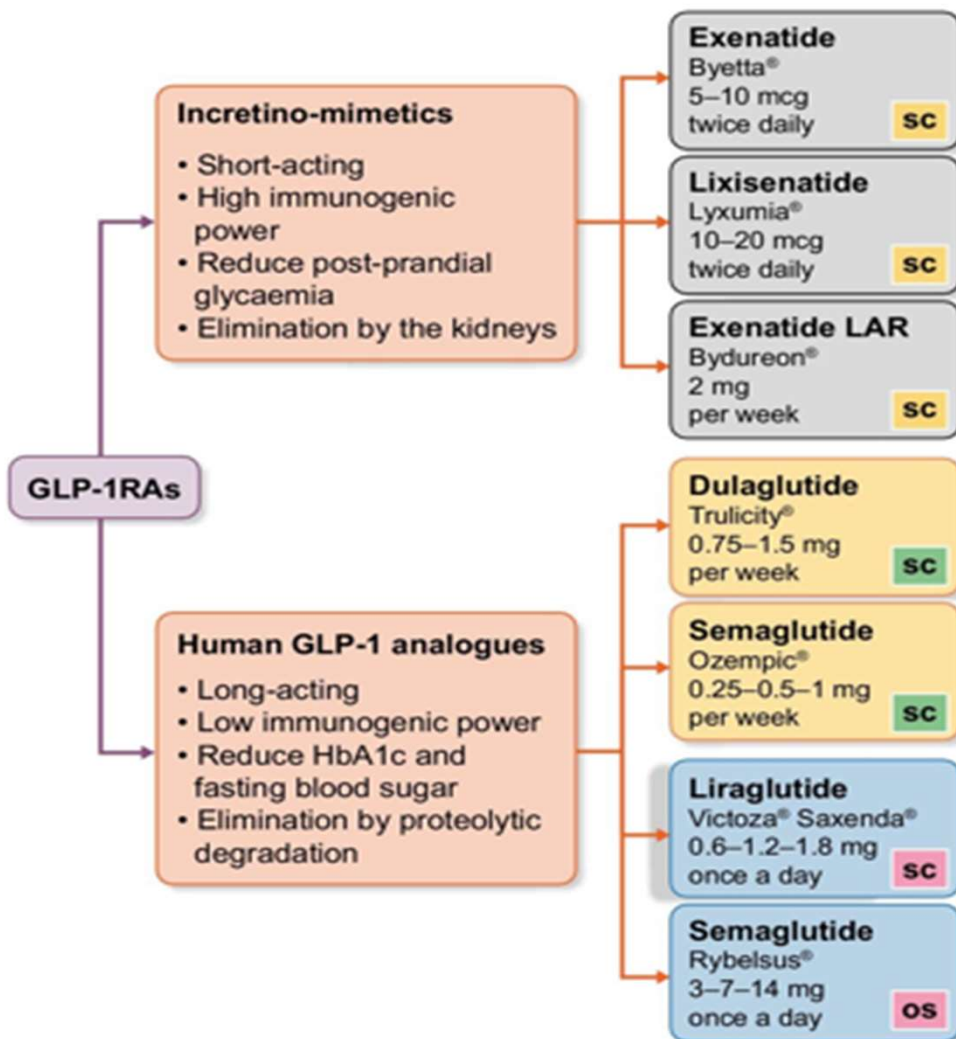


arGLP-1: agonista del receptor del péptido similar al glucagón 1; PNA, péptido natriurético auricular.

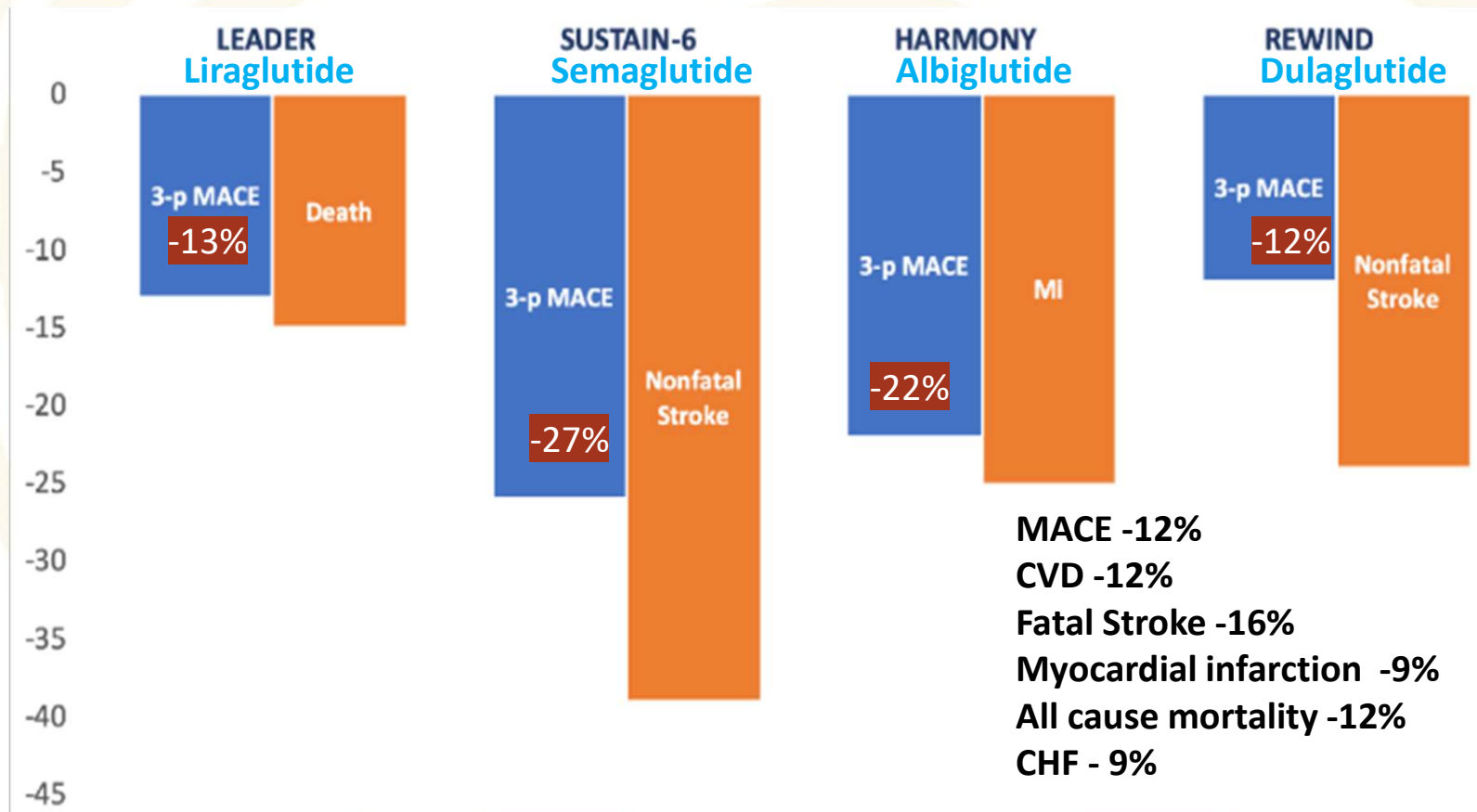
1. Müller TD, et al. *Mol Metab.* 2019;30:72-130; 2. Tsimihodimos V, et al. *Eur J Pharmacol.* 2018;818:103-109.

Los beneficios de los arGLP-1 en la enfermedad renal diabética no dependen de un control adecuado de la glucemia

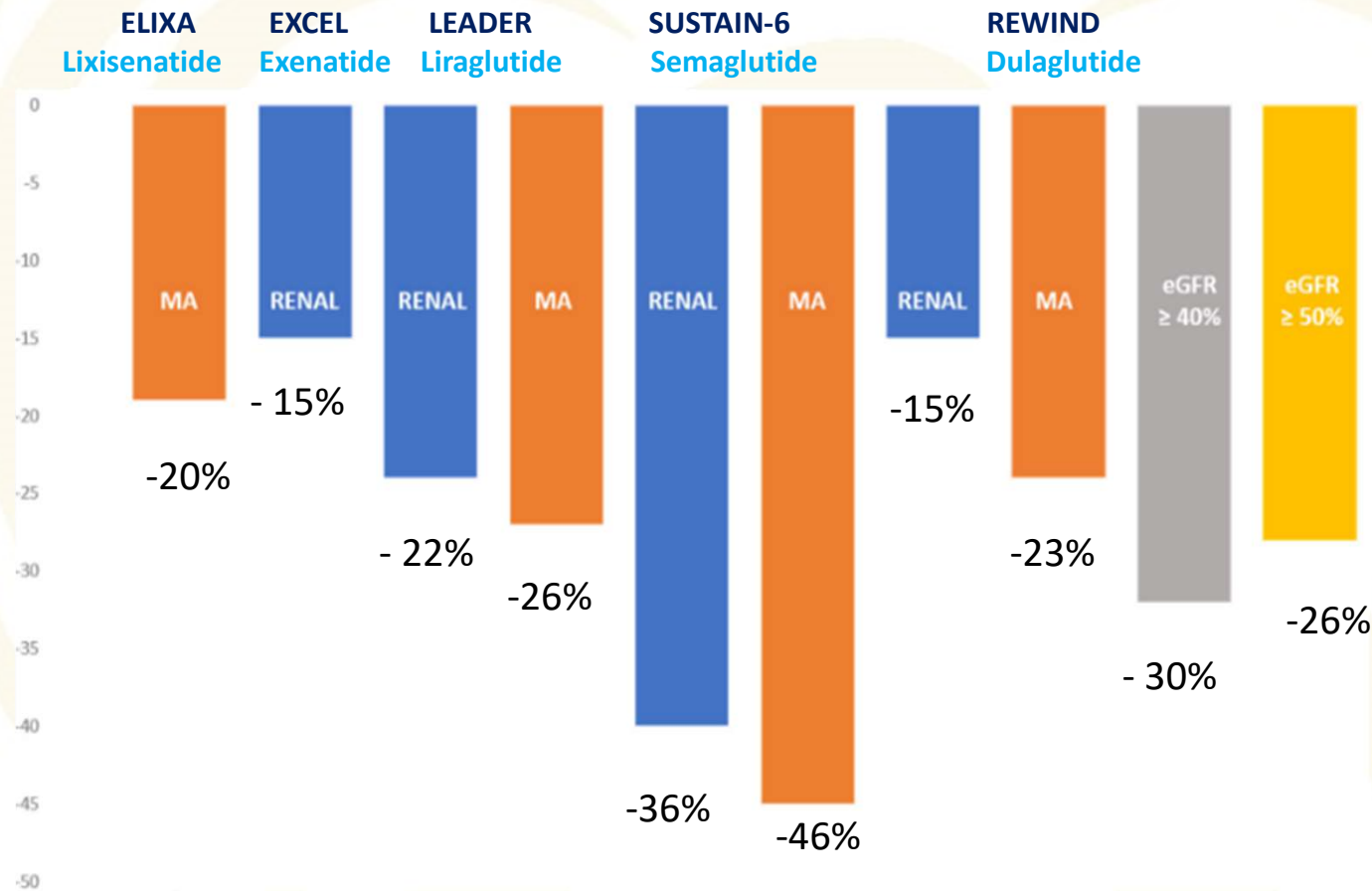




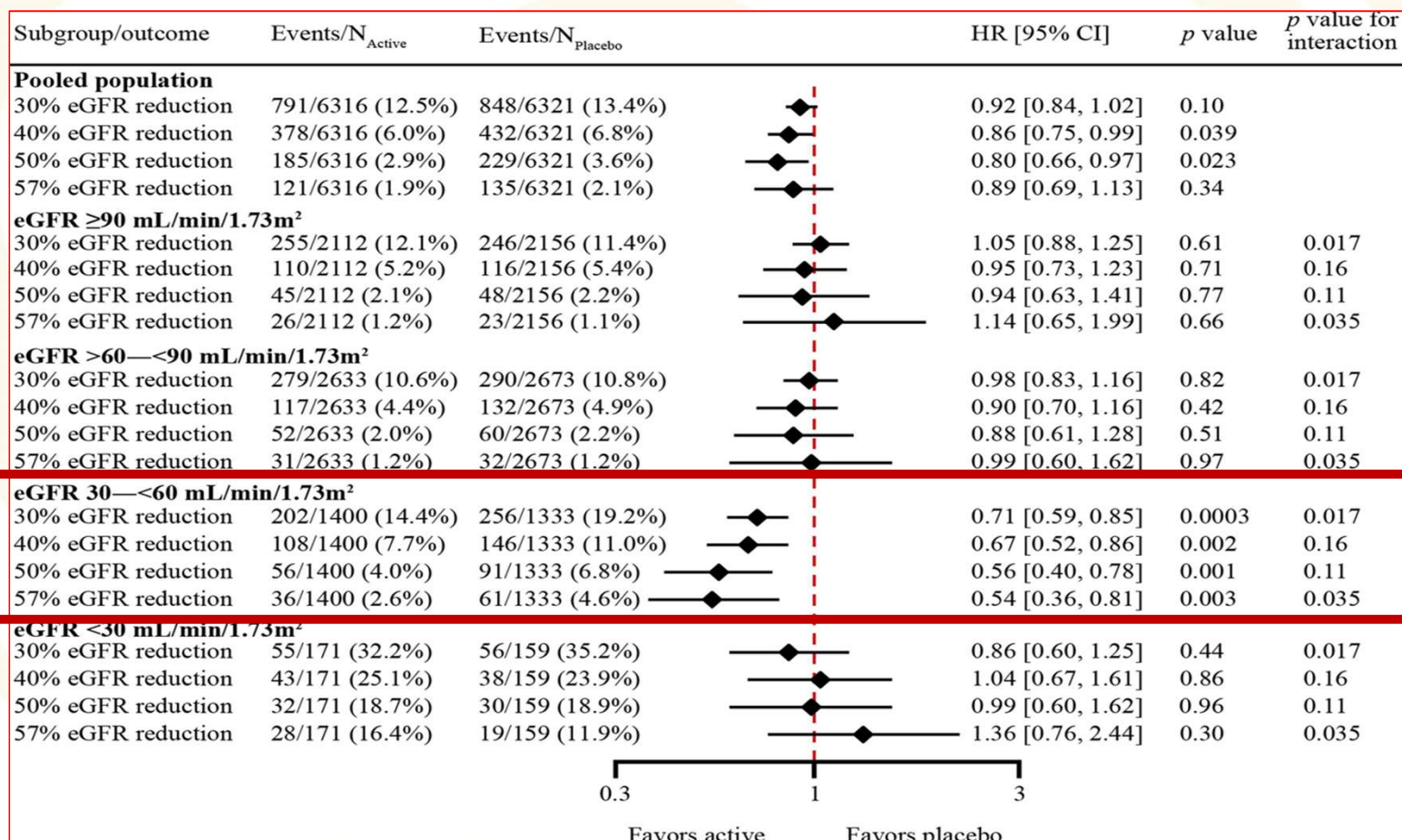
Agonistas receptor GLP-1 : cardiovascular endpoints



Agonistas receptor GLP-1 : renal endpoints

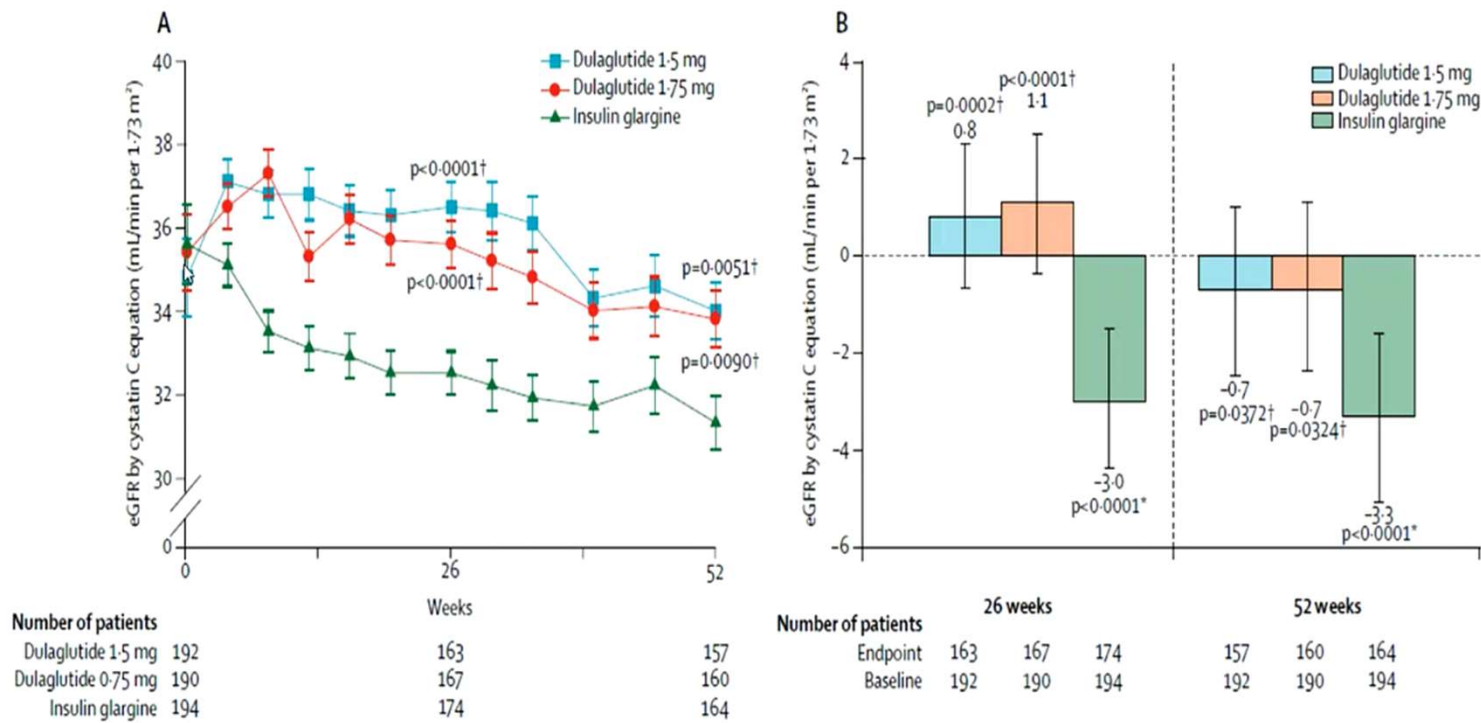


Semaglutide/ liraglutide: NEFROPROTECCION EN ERC





AWARD-7: Dulaglutide versus Insulin Glargine in Type 2 Diabetes and Moderate-to-Severe CKD

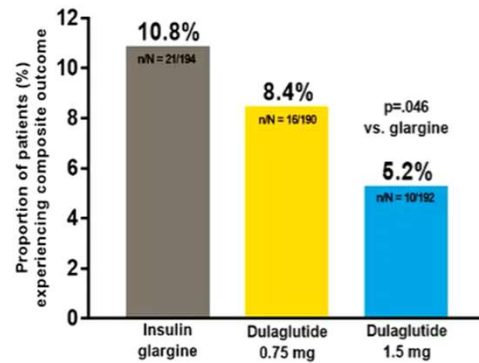


Tuttle KR et al. *Lancet Diabetes Endocrinol* 2018;6:605-617

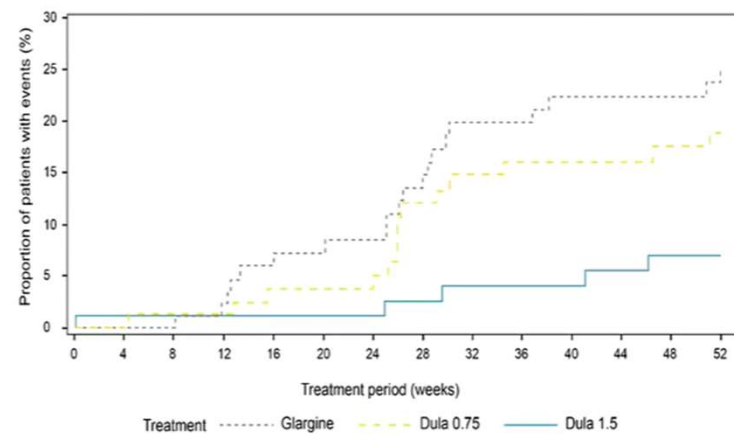


AWARD 7: $\geq 40\%$ eGFR Decline or ESKD with Dulaglutide versus Insulin Glargine

Overall



Macroalbuminuria

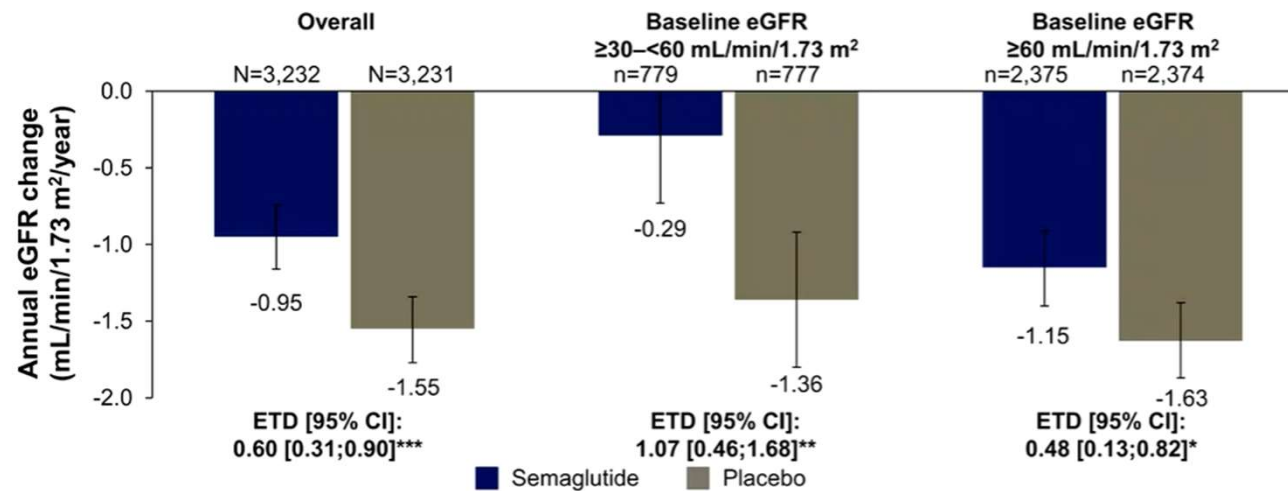


Tuttle KR et al. *Kidney* 360 2021;2:254-262

Dulaglutide 1.5 mg versus insulin glargine HR (95% CI): 0.25 (0.10-0.68); p=0.006

Dulaglutide 0.75 mg versus insulin glargine HR (95% CI): 0.72 (0.36-1.43); p=0.34

eGFR Slope with Semaglutide versus Placebo in SUSTAIN-6 and PIONEER-6



Change in KDIGO risk category with Semaglutide versus Placebo in SUSTAIN-6



Overall population

Participants receiving semaglutide vs placebo were:

- Less likely to move to a higher risk category
- More likely to move to a lower risk category

Across KDIGO risk categories**

Of participants receiving semaglutide vs placebo:

- Lower proportions moved to a higher risk category
- Greater proportions moved to a lower risk category

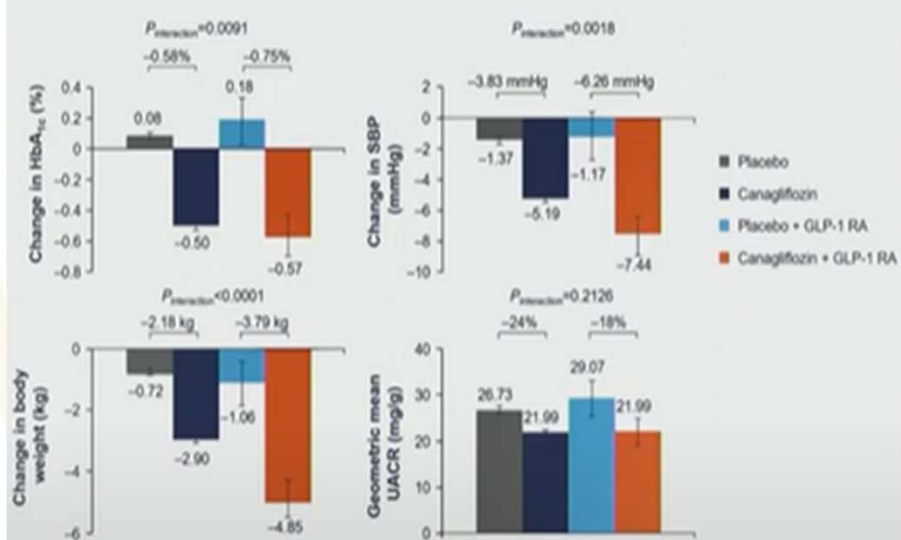
Data from 2,804 of the 3,297 subjects randomised in SUSTAIN 6 were available for this post hoc analysis. *OR is obtained for OW semaglutide versus placebo by logistic regression. **Data stratified by baseline KDIGO risk categories.

CI, confidence interval; KDIGO, Kidney Disease: Improving Global Outcomes; OR, odds ratio; OW, once weekly. Kidney Disease: Improving Global Outcomes (KDIGO) Diabetes Work Group. Kidney Int. 2020;98:51–115.

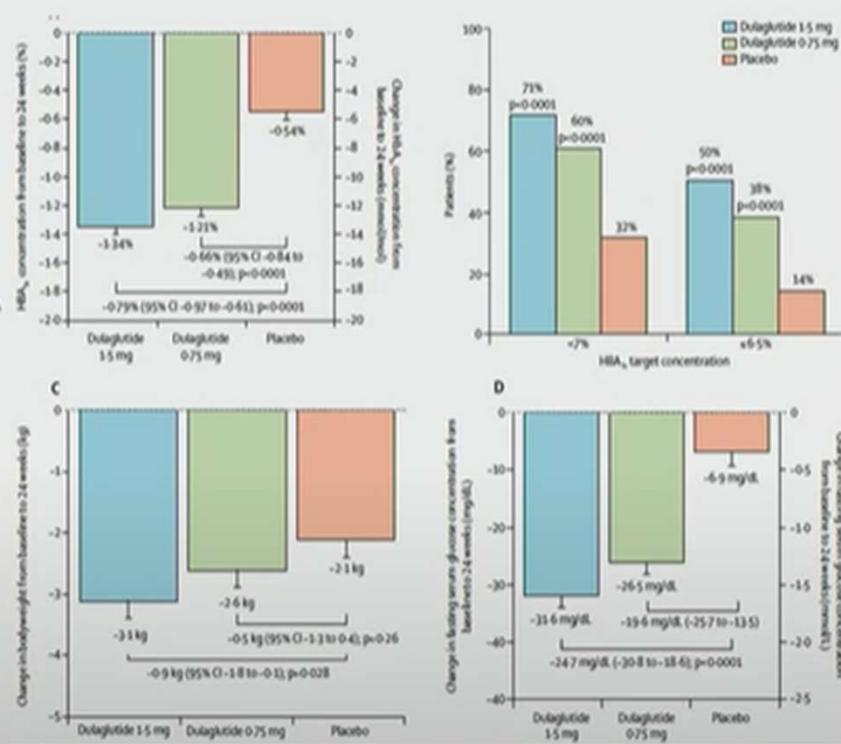
Tuttle KR et al. ERA 2022; oral presentation, May 19, 2022

GLP1ra + SGLT2i:

MEJOR JUNTOS

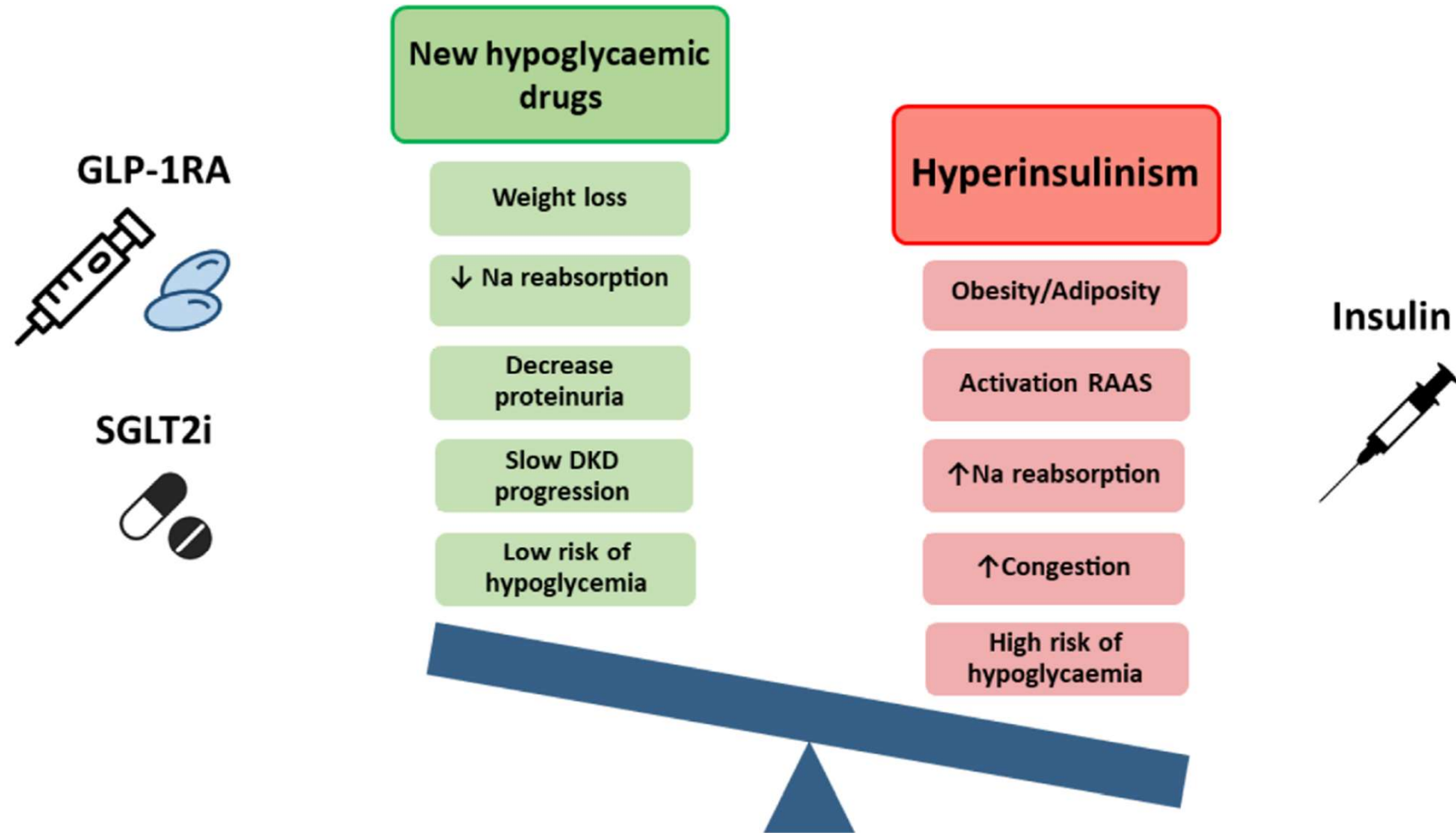


Arnolt C et al. Int J Cardiol 2020;138:126-129

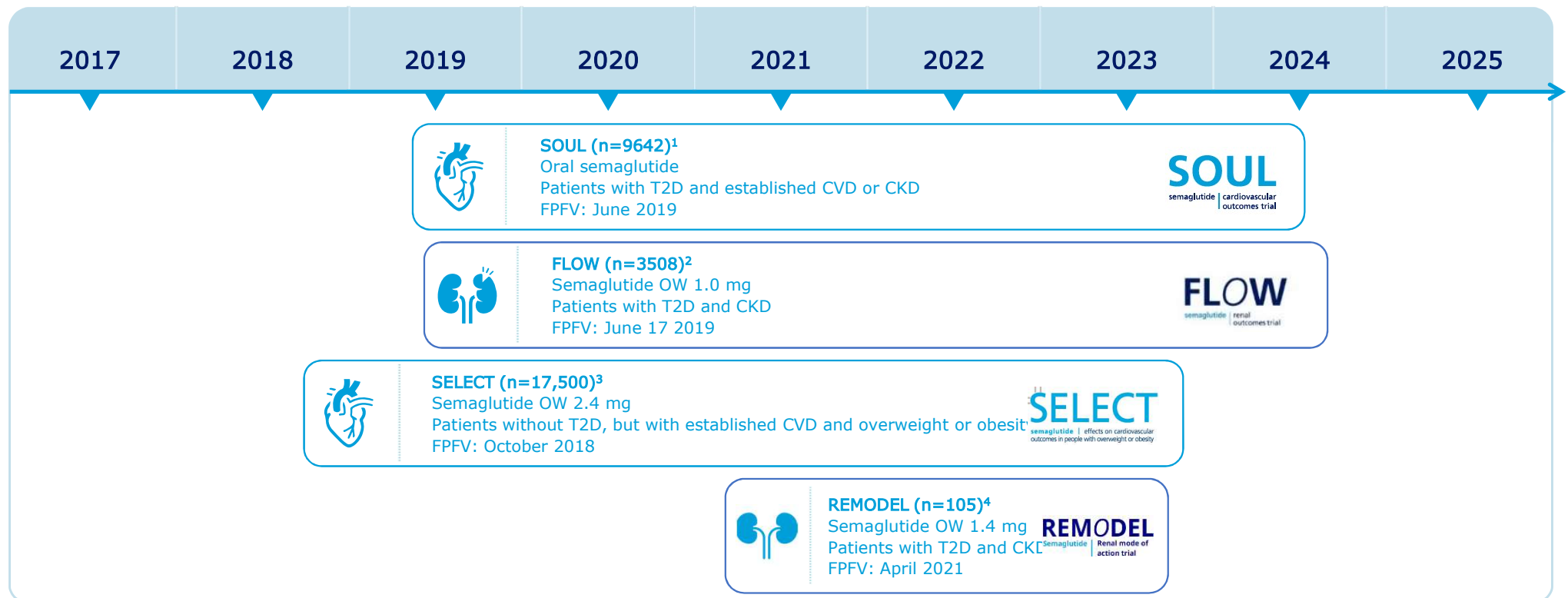


AWARD 10: Lancet Diabetes Endocrinol. 2018 May;6(5):370-381.

New hypoglycaemic agents vs Insulin in DKD patients



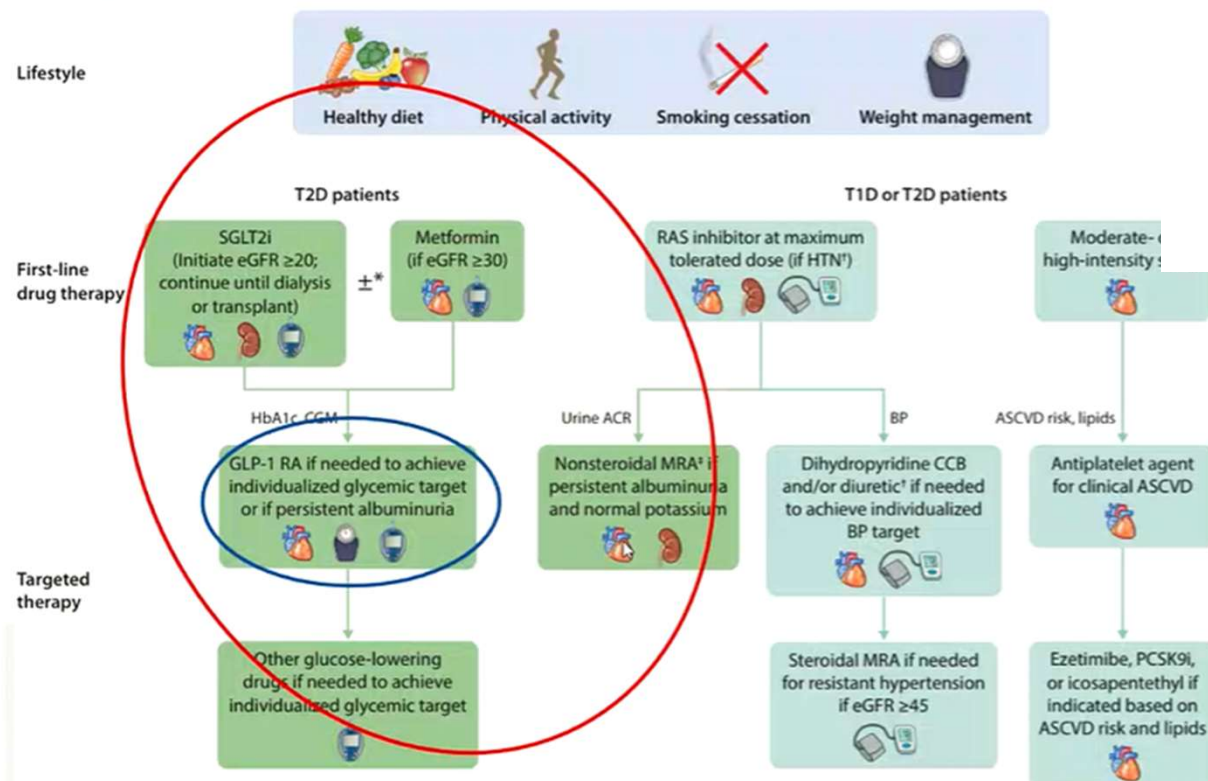
Renal outcomes will be evaluated in >30,000 patients in current semaglutide RCTs



FPFV, first patient first visit

1. ClinicalTrials.gov. NCT03914326; 2. ClinicalTrials.gov Identifier: NCT03819153. 3. ClinicalTrials.gov. NCT03574597; 4. ClinicalTrials.gov Identifier: NCT04865770

Holistic Approach for Improving Outcomes in Diabetes and CKD



de Boer IH et al. *Diabetes Care* 2022; In press