



1º JORNADA DE LA ESTRATEGIA DE ENFERMEDADES MINORITARIAS DE LES ILLES BALEARS

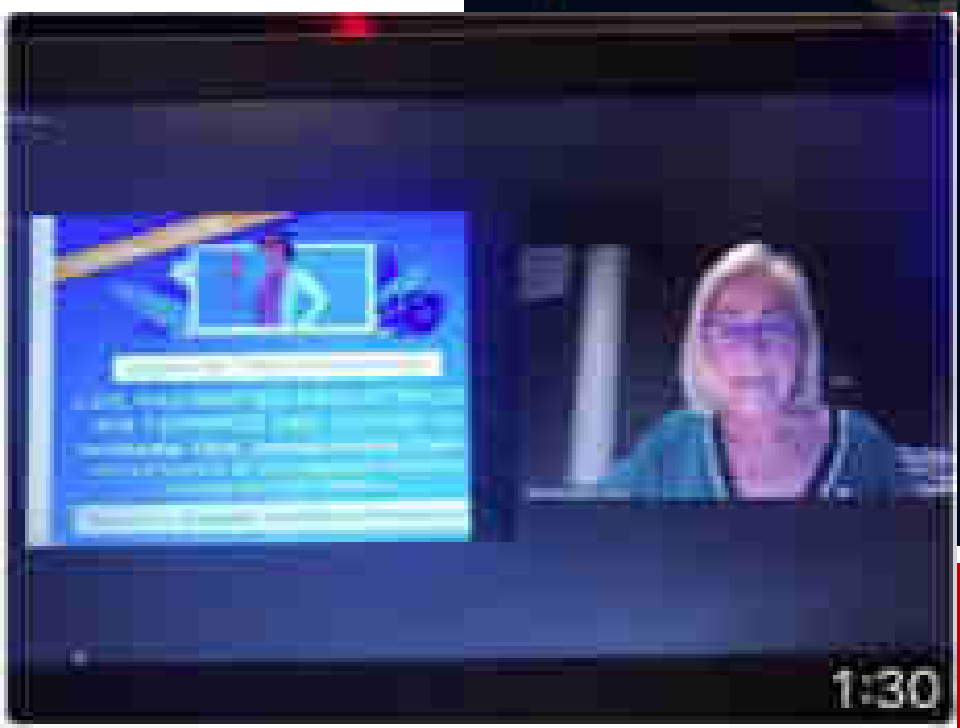


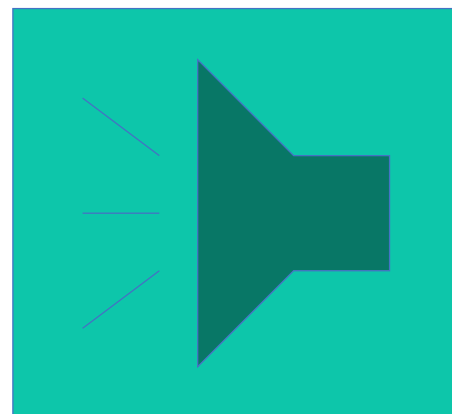
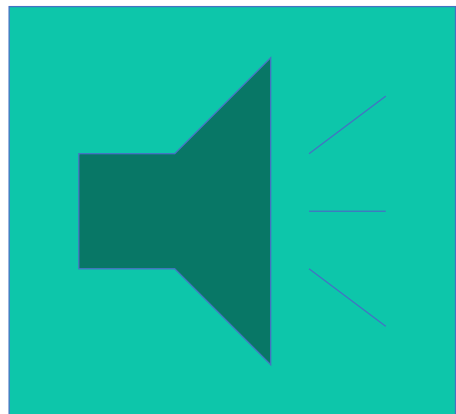
**SINDROMES
AUTOINFLAMATORIOS E INMUNODEFICIENCIAS
4-5 Noviembre 2021**



Dra. Inmaculada Caívo

Unidad de Reumatología Pediátrica,
Hospital Universitario i Politécnico La Fe,
Valencia

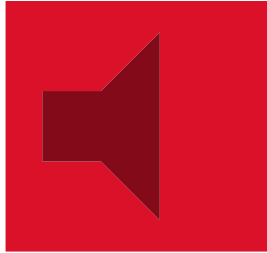






Inmaculada Calvo

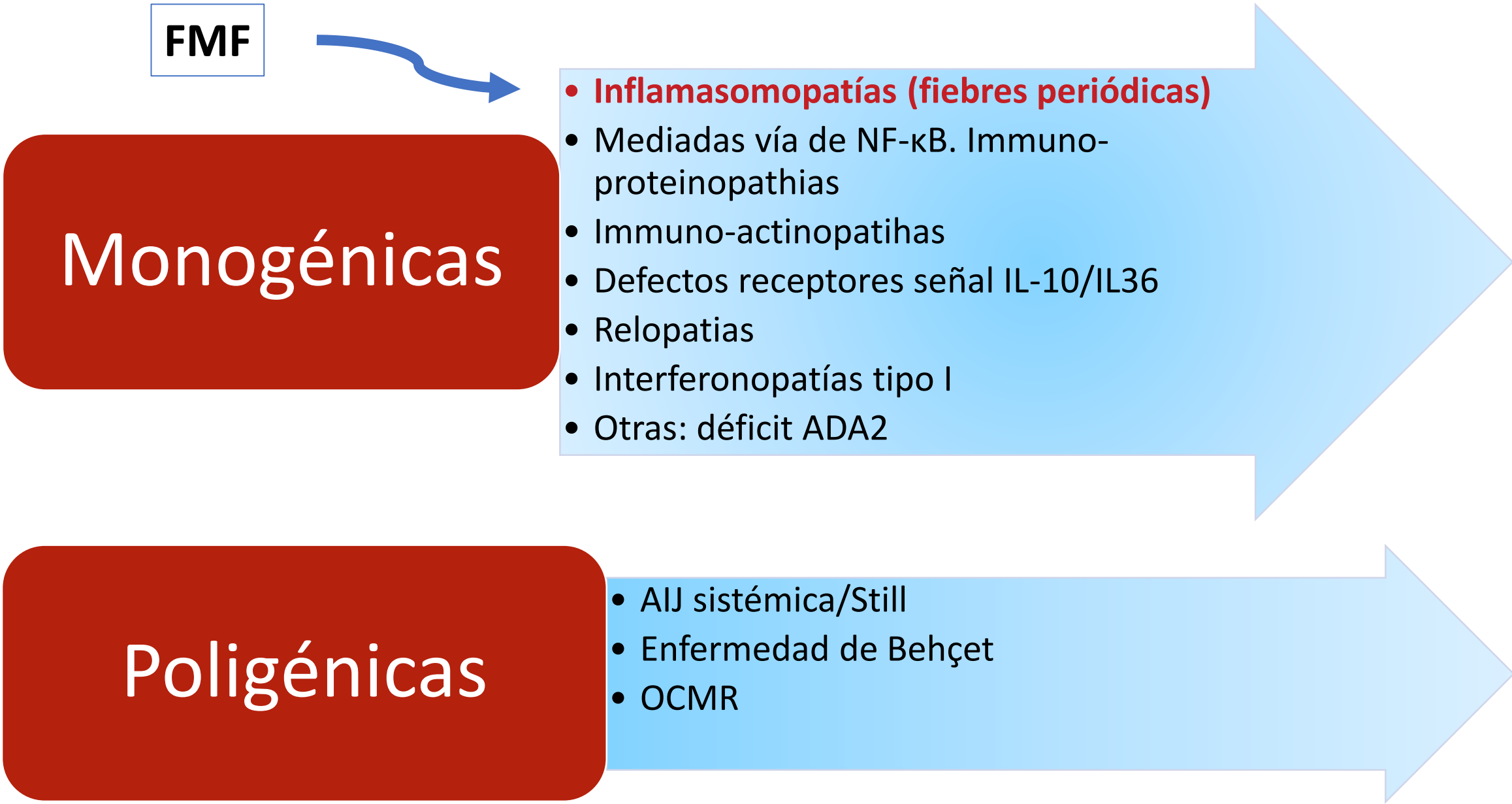
**Unidad de Reumatología Pediátrica
Valencia**



Fiebre Mediterránea Familiar

nuevas perspectivas

FMF

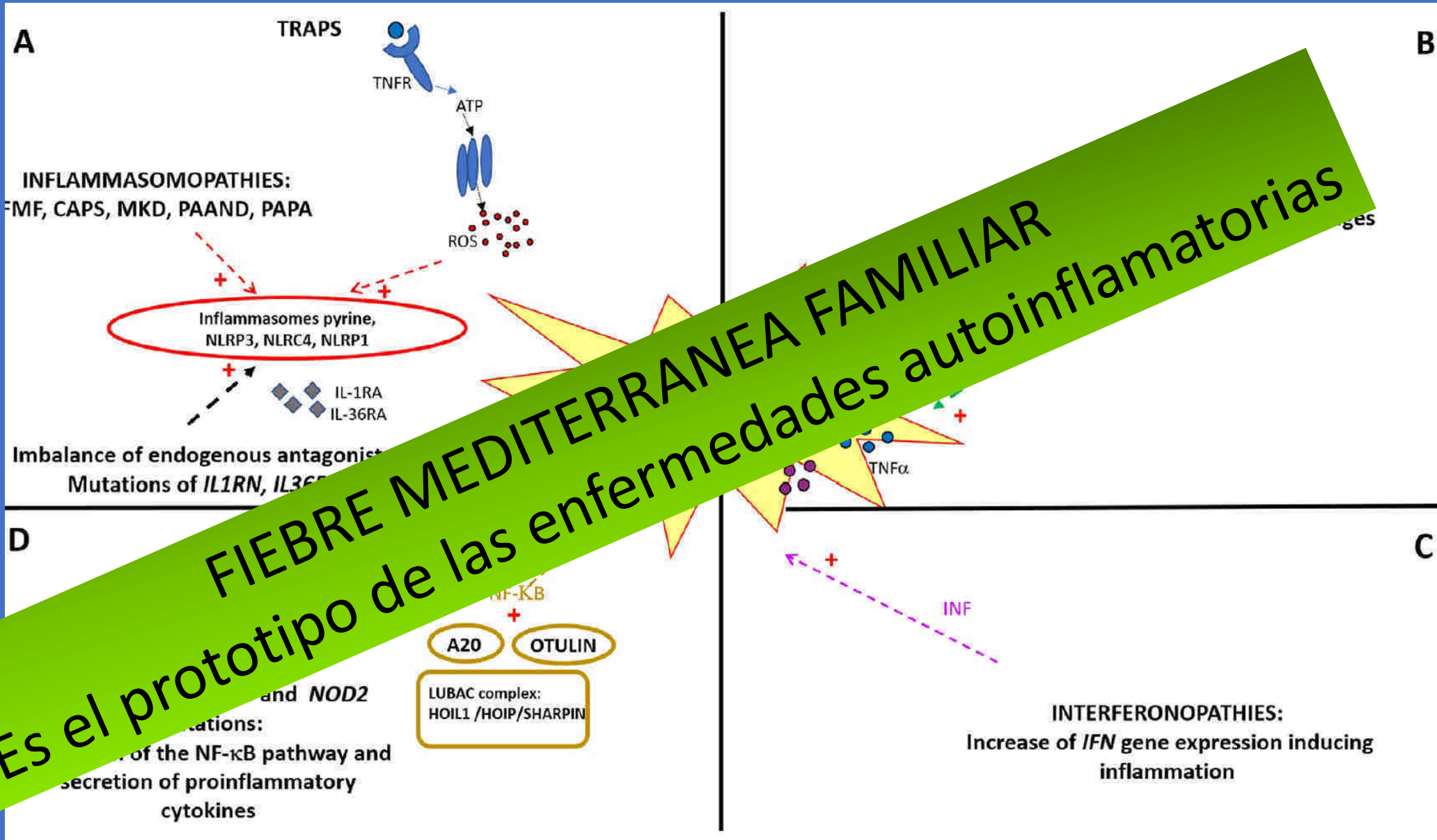


Monogénicas

- **Inflamasomopatías (fiebres periódicas)**
- Mediadas vía de NF- κ B. Immunoproteinopatías
- Immunopactinopatías
- Defectos receptores señal IL-10/IL36
- Relopatías
- Interferonopatías tipo I
- Otras: déficit ADA2

Poligénicas

- AIJ sistémica/Still
- Enfermedad de Behçet
- OCMR



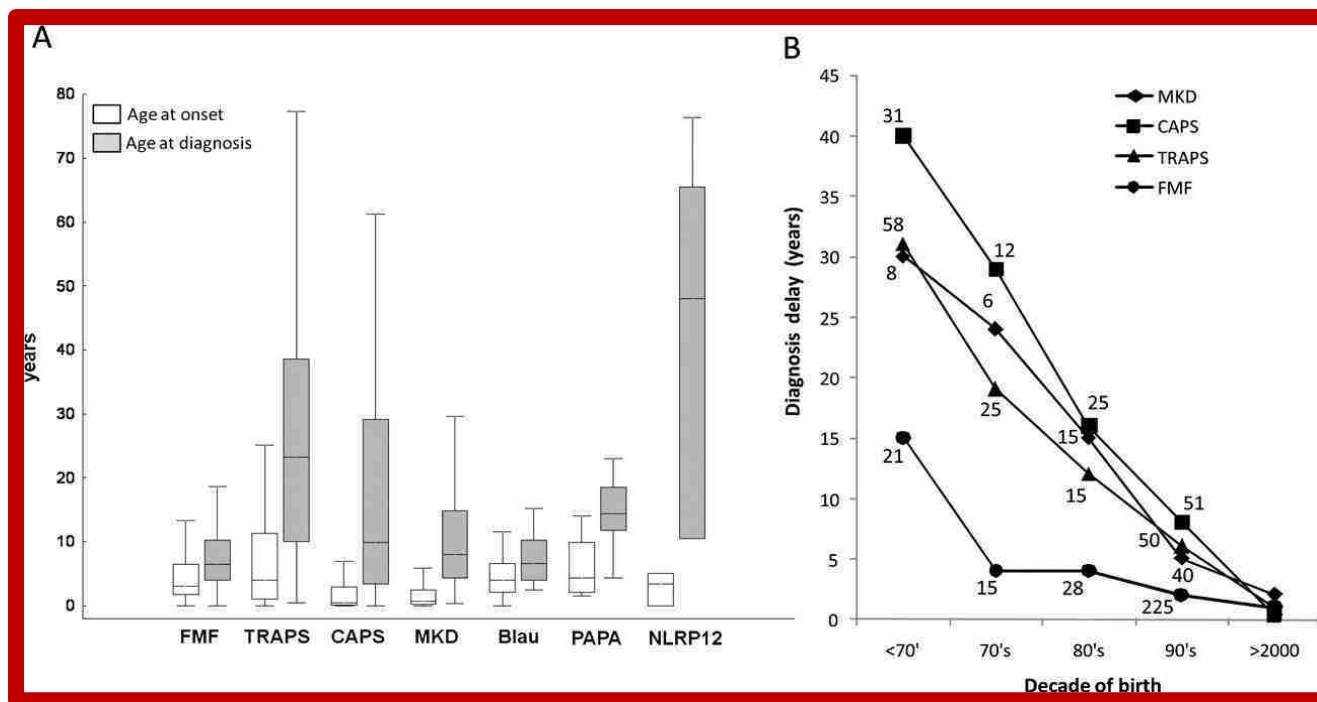
Enfermedades autoinflamatorias (EAI) raras

Las EAI raras afectan tanto a pacientes muy jóvenes como a adultos¹

Hasta 8.500 pacientes reciben un tratamiento inadecuado en Europa

En un **30%** de los pacientes no se ha identificado la enfermedad o no han recibido un diagnóstico adecuado²

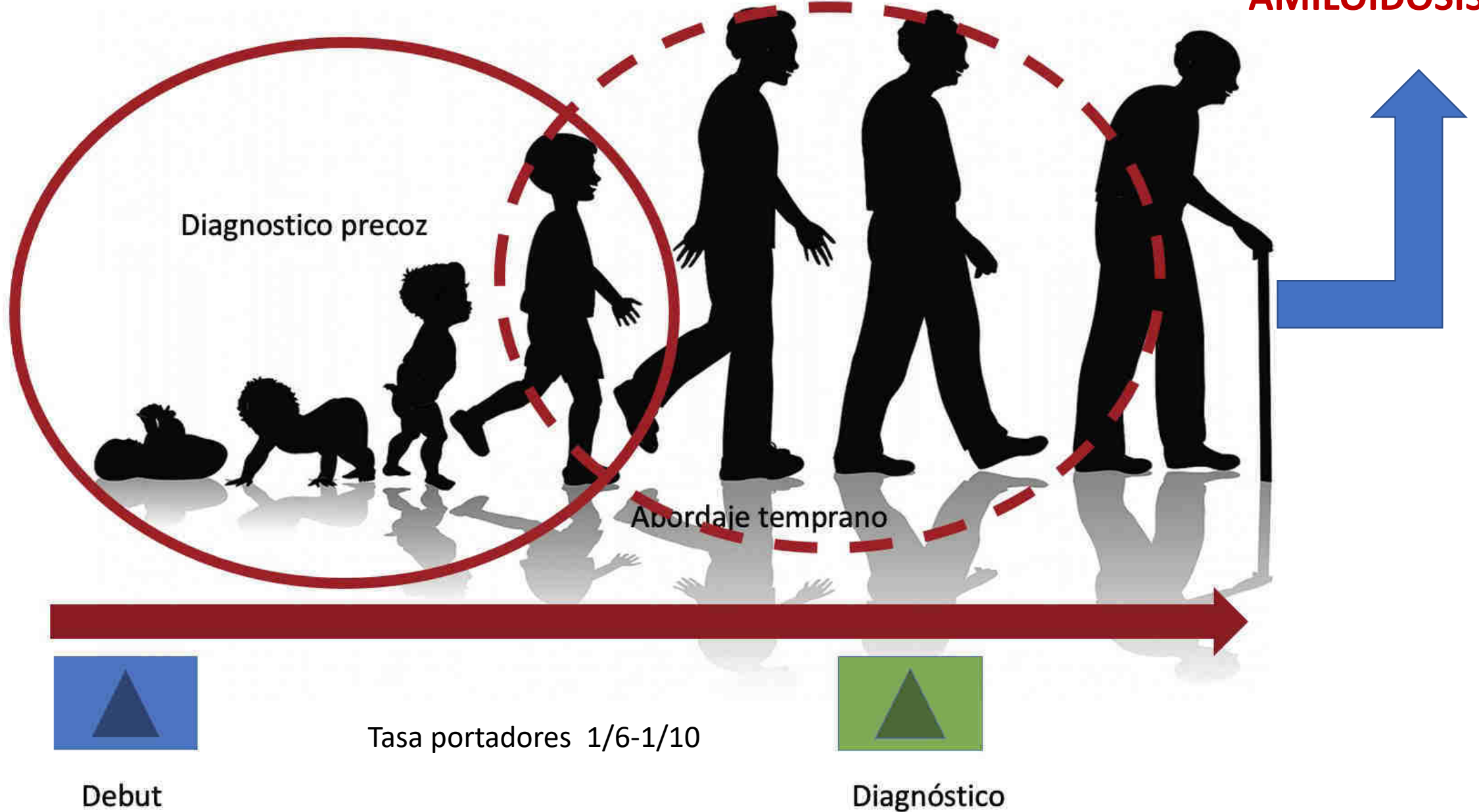
5-10 años: tiempo de diagnóstico²



DEL NIÑO

AL ADULTO

AMILOIDOSIS



2020-2021



CONCEPTOS CLAVES

DIAGNOSTICAR A LOS PACIENTES CON FMF



REVIEW



Update in familial Mediterranean fever

Seza Ozen

Septiembre 2021

The NEW ENGLAND JOURNAL of MEDICINE

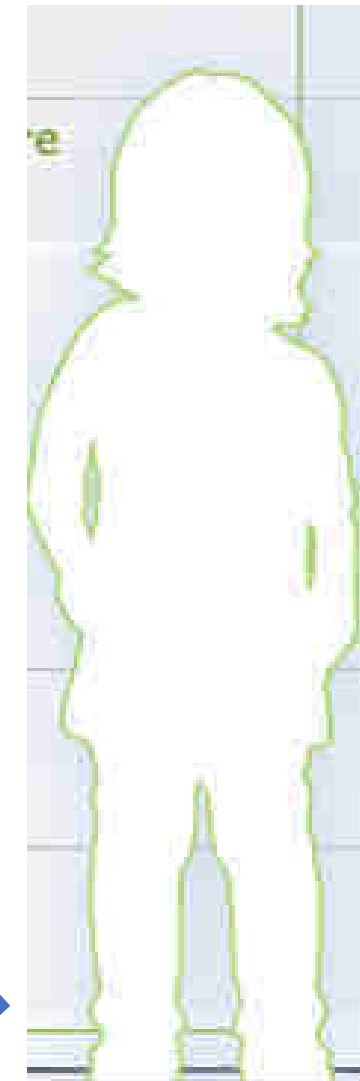
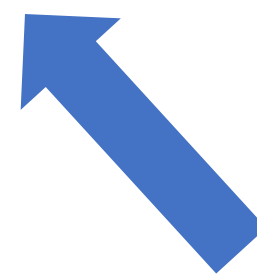
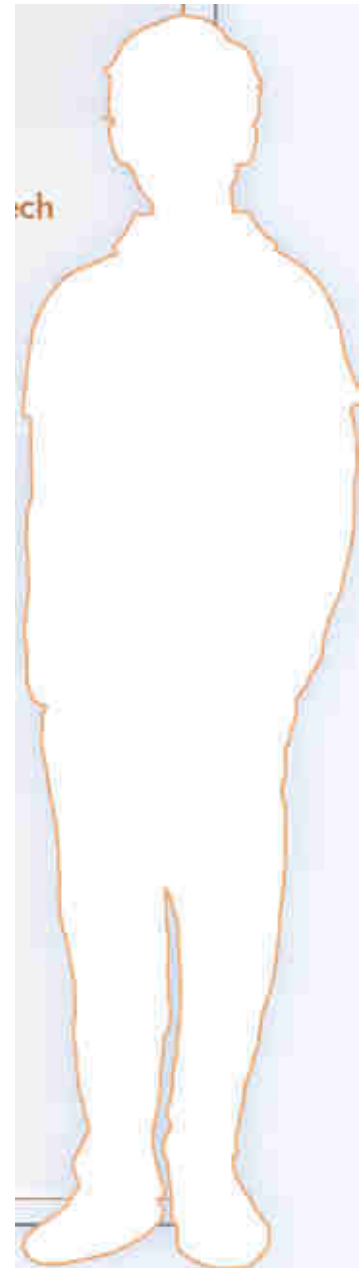
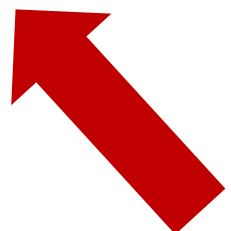
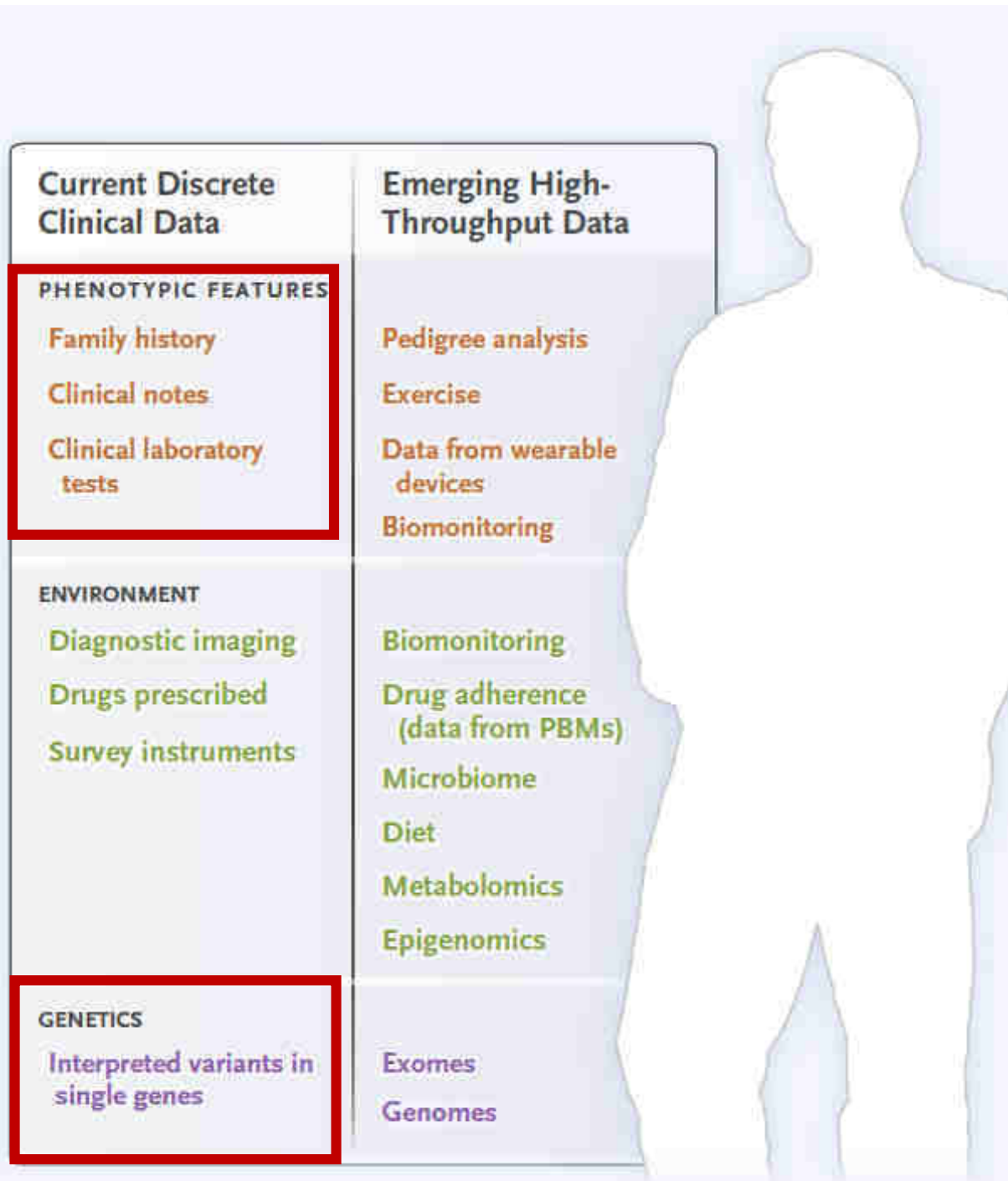
REVIEW ARTICLE

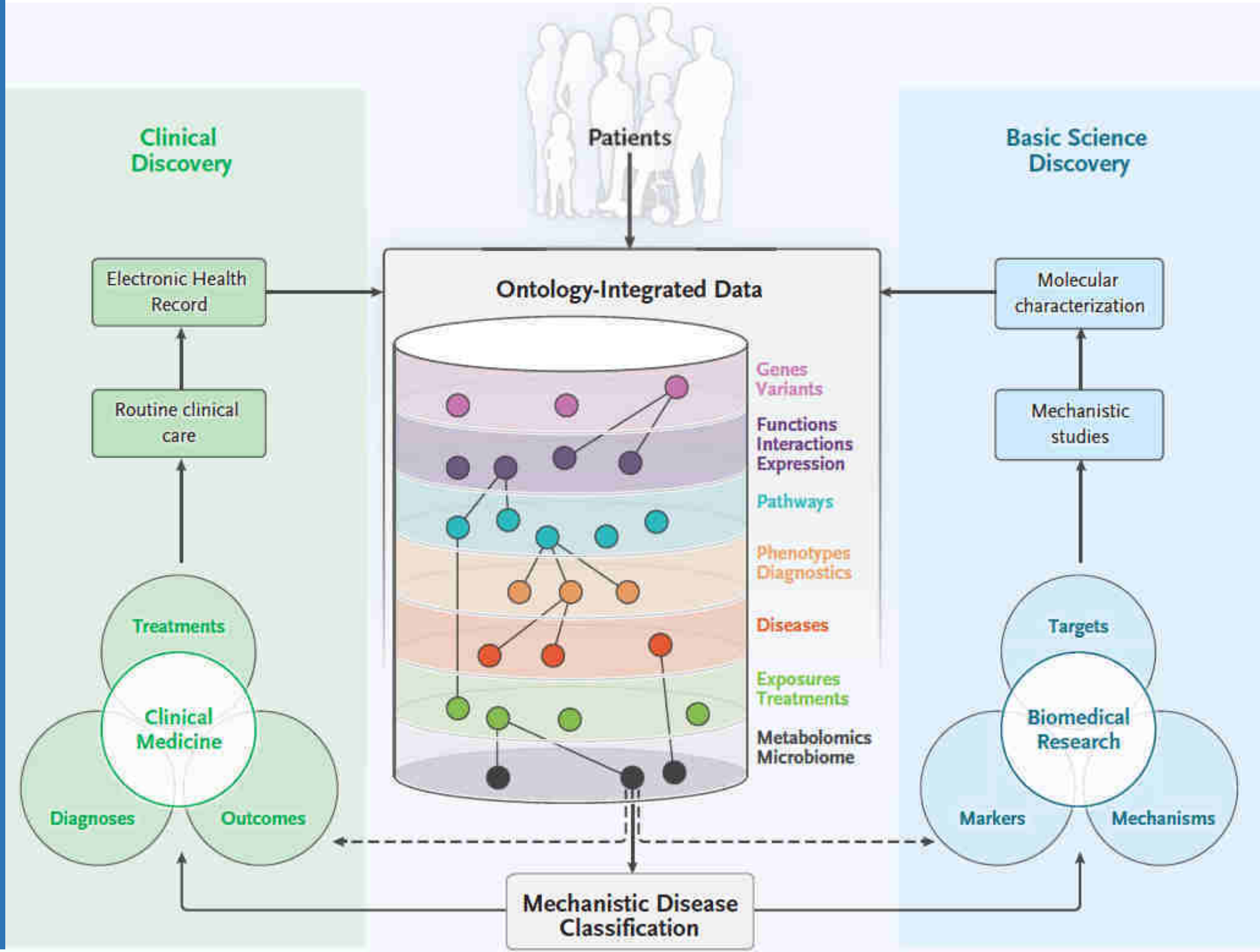
Elizabeth G. Phimister, Ph.D., *Editor*

Classification, Ontology, and Precision Medicine

Melissa A. Haendel, Ph.D., Christopher G. Chute, M.D., Dr.P.H.,
and Peter N. Robinson, M.D.

N ENGL J MED 379:15 NEJM.ORG OCTOBER 11, 2018





DIAGNOSTICAR A LOS PACIENTES CON FMF

LEUKEMIA & LYMPHOMA
2019, VOL. 60, NO. 8, 2091–2093
<https://doi.org/10.1080/10428194.2019.1571204>



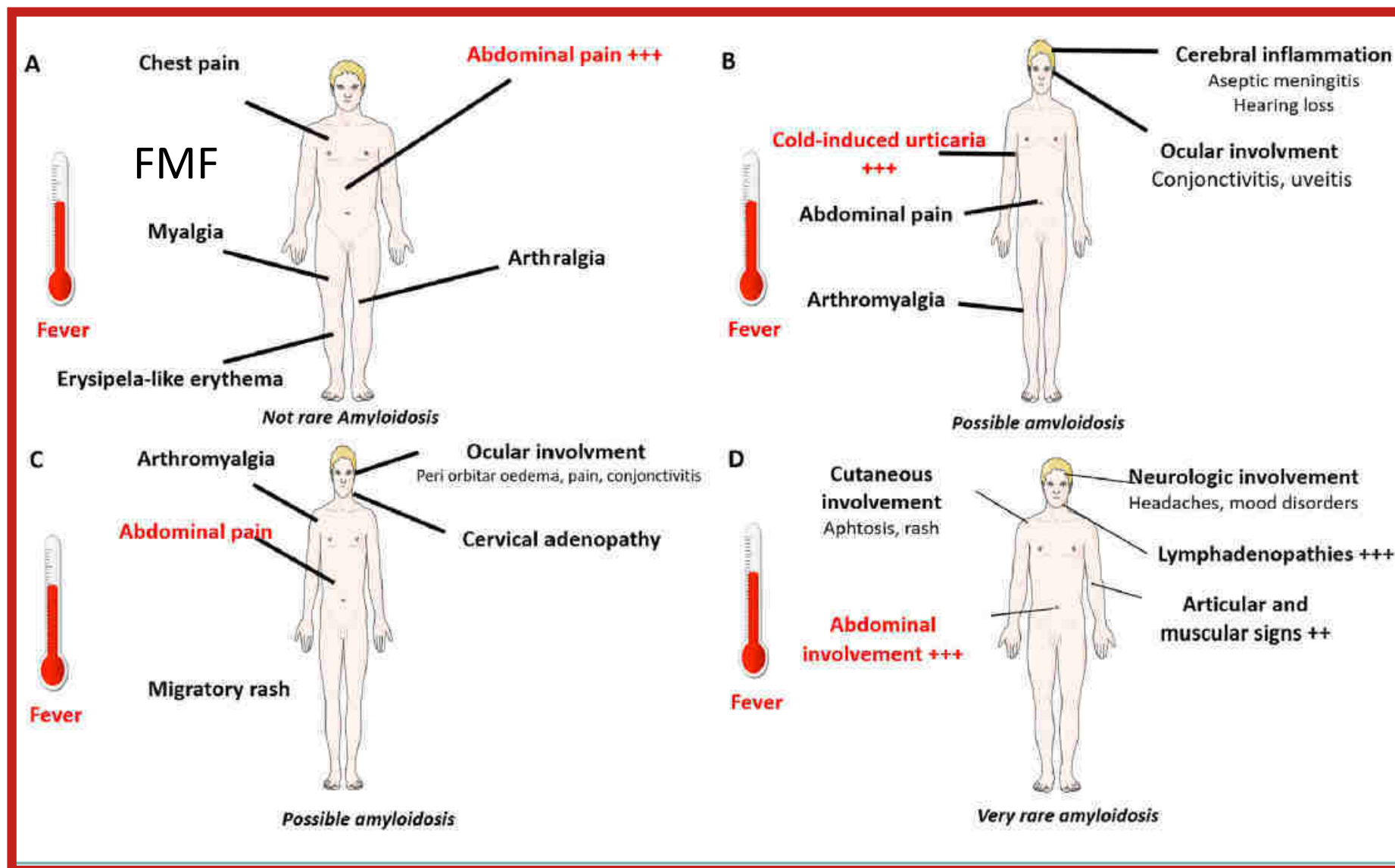
LETTER TO THE EDITOR

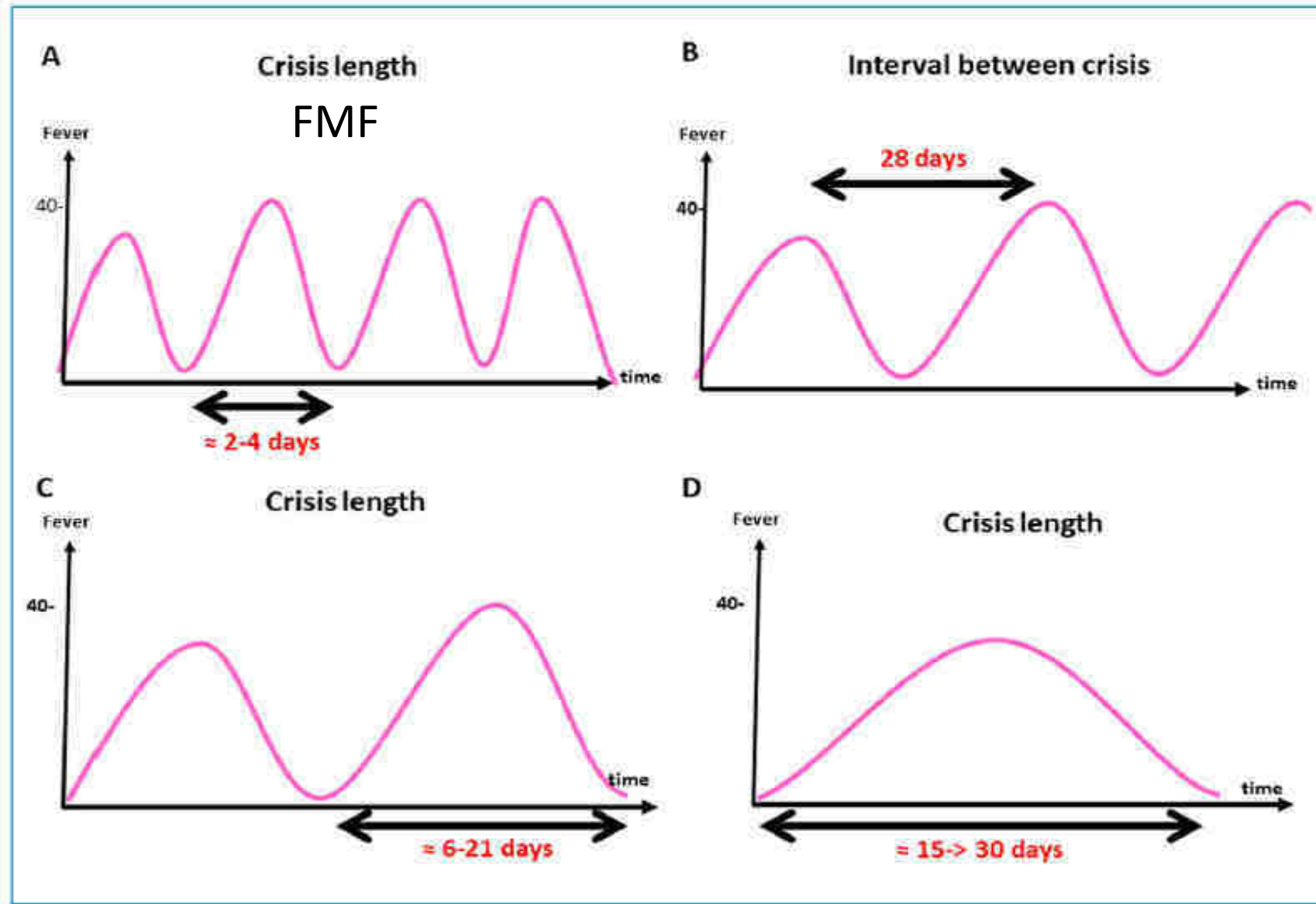


The application of precision medicine in diagnosing familial Mediterranean fever

Shannon Glynn^a, Steven Lipkin^a, Tuo Zhang^{b,c}, Andrea Sboner^{b,d,e}, Olivier Elemento^b, Koen Van Besien^{a,*} and Himisha Beltran^{a,b,f,g}

^aDepartment of Medicine, Weill Cornell Medicine, New York, NY, USA; ^bCaryl and Israel Englander Institute for Precision Medicine, New York, NY, USA; ^cDepartment of Microbiology and Immunology, New York, NY, USA; ^dDepartment of Pathology and Laboratory Medicine, Weill Cornell Medicine, New York, NY, USA; ^eInstitute for Computational Biomedicine, Weill Cornell Medicine, New York, NY, USA; ^fDepartment of Medical Oncology, Dana Farber Cancer Institute, Boston, MA, USA





Review Article

The classification, genetic diagnosis and modelling of monogenic autoinflammatory disorders

Fiona Moghaddas^{1,2} and Seth L. Masters^{1,2}

¹Inflammation Division, The Walter and Eliza Hall Institute of Medical Research, Parkville, Australia; ²Department of Medical Biology, The University of Melbourne, Parkville, Australia

Correspondence: Fiona Moghaddas (moghaddas.f@wehi.edu.au)

Tel-Hashomer criteria

Major criteria

- 1- Recurrent febrile episodes with serositis (peritonitis, synovitis or pleuritis)
- 2- Amyloidosis of AA type without a predisposing disease
- 3- Favorable response to regular colchicine treatment

Minor criteria

- 1- Recurrent febrile episodes
- 2- FMF in a first-degree relative
- 3- Erysipelas-like erythema

≥2 major or 1 major+2 minor criteria

Yalcinkaya-Ozen criteria

- 1- Fever (Axillary temperature of $>38^{\circ}\text{C}$, 6–72 h of duration, ≥ 3 attacks)
- 2- Abdominal pain (6–72 h of duration, ≥ 3 attacks)
- 3- Chest pain (6–72 h of duration, ≥ 3 attacks)
- 4- Arthritis (6–72 h of duration, ≥ 3 attacks, oligoarthritis)
- 5- Family history of FMF

≥2 criteria

CRITERIOS DE CLASIFICACION EN LA FMF

Performance of the new 'Eurofever/PRINTO classification criteria' in FMF patients

Erdal Sag^{a,1}, Dilara Demirel^{b,1}, Selcan Demir^a, Erdal Atalay^a, Ummusen Akca^a, Yelda Bilginer^a, Seza Ozen^{a,*}

^a Division of Pediatric Rheumatology, Department of Pediatrics, Hacettepe University, Ankara, Turkey

^b Department of Pediatrics, Hacettepe University Faculty of Medicine, Ankara, Turkey

Eurofever/PRINTO clinical + genetic criteria

- 1 **Confirmación** de presencia de **genotipo MEFV** y **al menos 1** de los siguientes síntomas:

o bien

- 2 **NO confirmación** de presencia de **genotipo MEFV** y **al menos 2** de los siguientes síntomas:



- Episodios de 1-3 días
- Artritis
- Dolor toracico
- Dolor abdominal



Eurofever/PRINTO clinical only criteria

- 3 Que se cumplan los siguientes criterios, **al menos 6 de 9**:



Presencia:

- Etnia mediterránea oriental
- Episodios de 1-3 días
- Artritis
- Dolor en el pecho
- Dolor abdominal



Ausencia:

- Estomatitis aftosa
- Erupción tipo urticaria
- Erupción maculopapular
- Ganglios linfáticos dolorosos

Sensibilidad y especificidad en los diferentes criterios de clasificación

	Sensitivity	Spesificity	Misclassified cases (number)
Eurofever/PRINTO criteria	145/151 (96%)	59/82 (73.1%)	29
Tel Hashomer criteria	134/151 (88.7%)	76/82 (92.6%)	23
Yalcinkaya–Ozen criteria	141/151 (93.4%)	69/82 (84.1%)	23

Sensibilidad y especificidad en los diferentes criterios basado en los diferentes genotipos

	Eurofever/PRINTO criteria	Tel Hashomer criteria	Yalcinkaya–Ozen criteria
Biallelic exon 10 mutations ($n = 87$)	87/87 (100%)	76/87 (87.4%)	82 (94.2%)
Heterozygote exon 10 mutations ($n = 34$)	30/34 (88.2%)	32/34 (94.1%)	32/34 (94.1%)

Datos clínicos a tener en cuenta para el diagnostico FMF

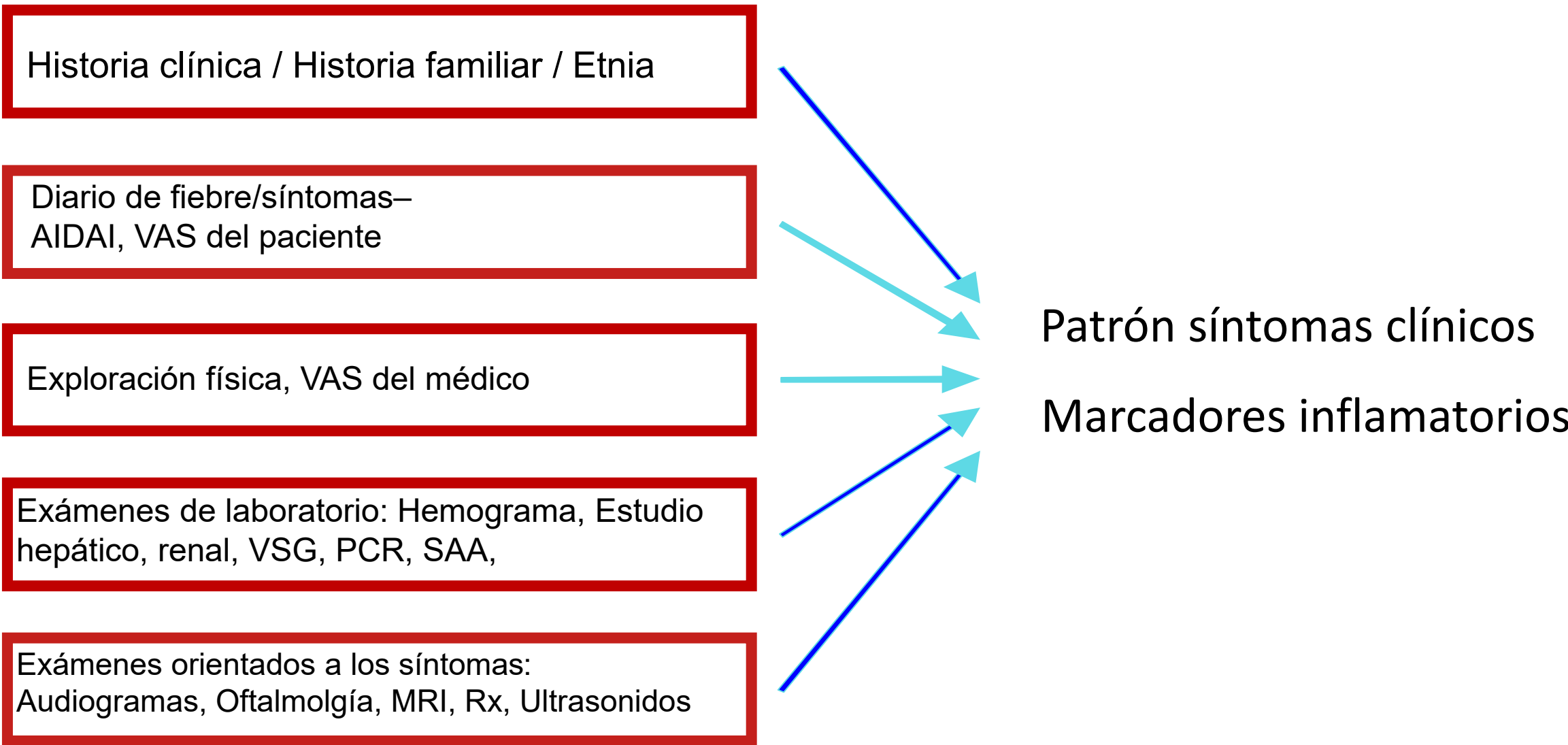
Historia clínica / Historia familiar / Etnia

Diario de fiebre/síntomas–
AIDAI, VAS del paciente

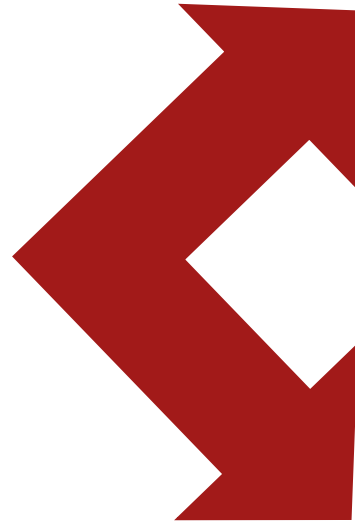
Exploración física, VAS del médico

Exámenes de laboratorio: Hemograma, Estudio
hepático, renal, VSG, PCR, SAA,

Exámenes orientados a los síntomas:
Audiogramas, Oftalmolgía, MRI, Rx, Ultrasonidos



Patrón síntomas clínicos
Marcadores inflamatorios



**¿COMO DE DICISIVO ES EL ESTUDIO
GENETICO EN LA FMF?**

**¿Y LA EXPRESION DEL
FENOTIPO ?**

The NEW ENGLAND JOURNAL of MEDICINE

REVIEW ARTICLE

FRONTIERS IN MEDICINE

Next-Generation Sequencing to Diagnose Suspected Genetic Disorders

David R. Adams, M.D., Ph.D., and Christine M. Eng, M.D.

N ENGL J MED 379;14 NEJM.ORG OCTOBER 4, 2018

Comparison Chart of Systemic Autoinflammatory Diseases (SAID)

[illegible]

Abstract: Some Current TN, CDS, President of the WOMEN Alliance, & Dr. Jose Ignacio Rodriguez MD - Neurologist of the CITE Hospital Clinic in Barcelona, Spain & Director of La Unidad de Informacion, Neurociencias y Neurologia.

[illegible]

https://www.nomidalliance.org/downloads/comparative_chart_front.pdf. Último acceso: 06/05/21.

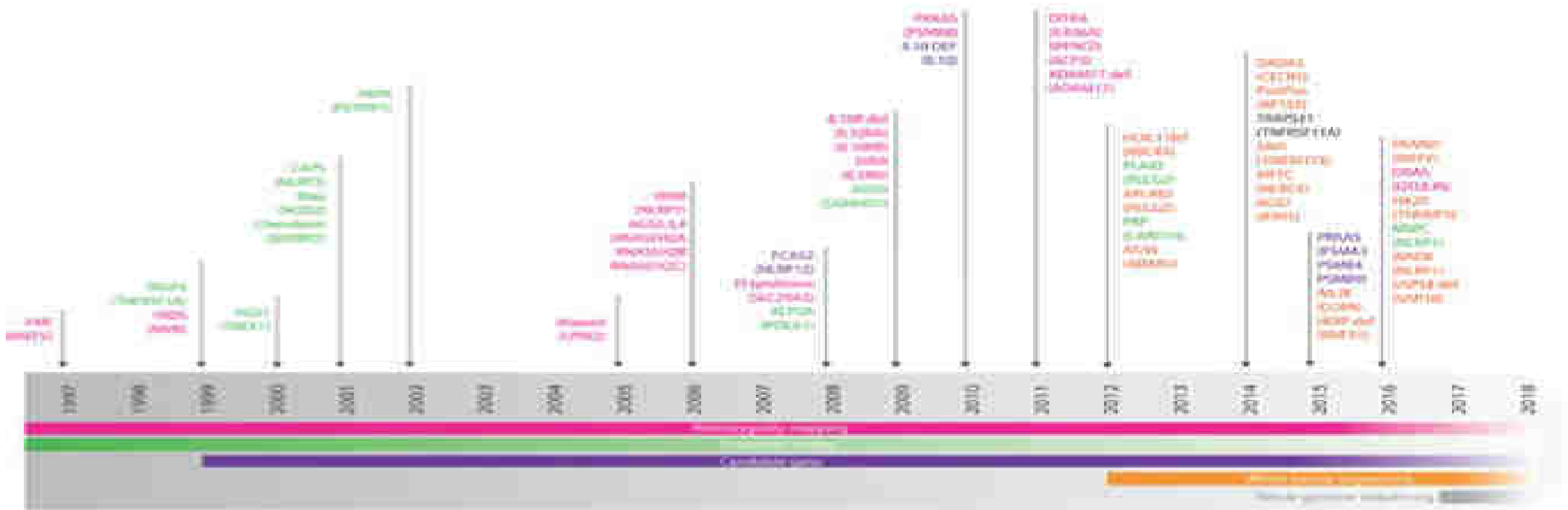
Live
Innovation Forum in Rheumatology
Towards improvement of patient's lives

The expanding pathways of autoinflammation: a lesson from the first 100 genes related to autoinflammatory manifestations

Riccardo Papa^{a,*}, Paolo Picco^a and Marco Gattorno^a

^aAutoinflammatory Diseases and Immunodeficiencies Centre, IRCCS Istituto Giannina Gaslini, Genova, GE, Italy

Advances in Protein Chemistry and Structural Biology 2020



Timeline of monogenic autoinflammatory disorder discovery and genetic sequencing technique used

Reference DNA ...ACTCCTG**A**GGAGAAG...

Aligned reads

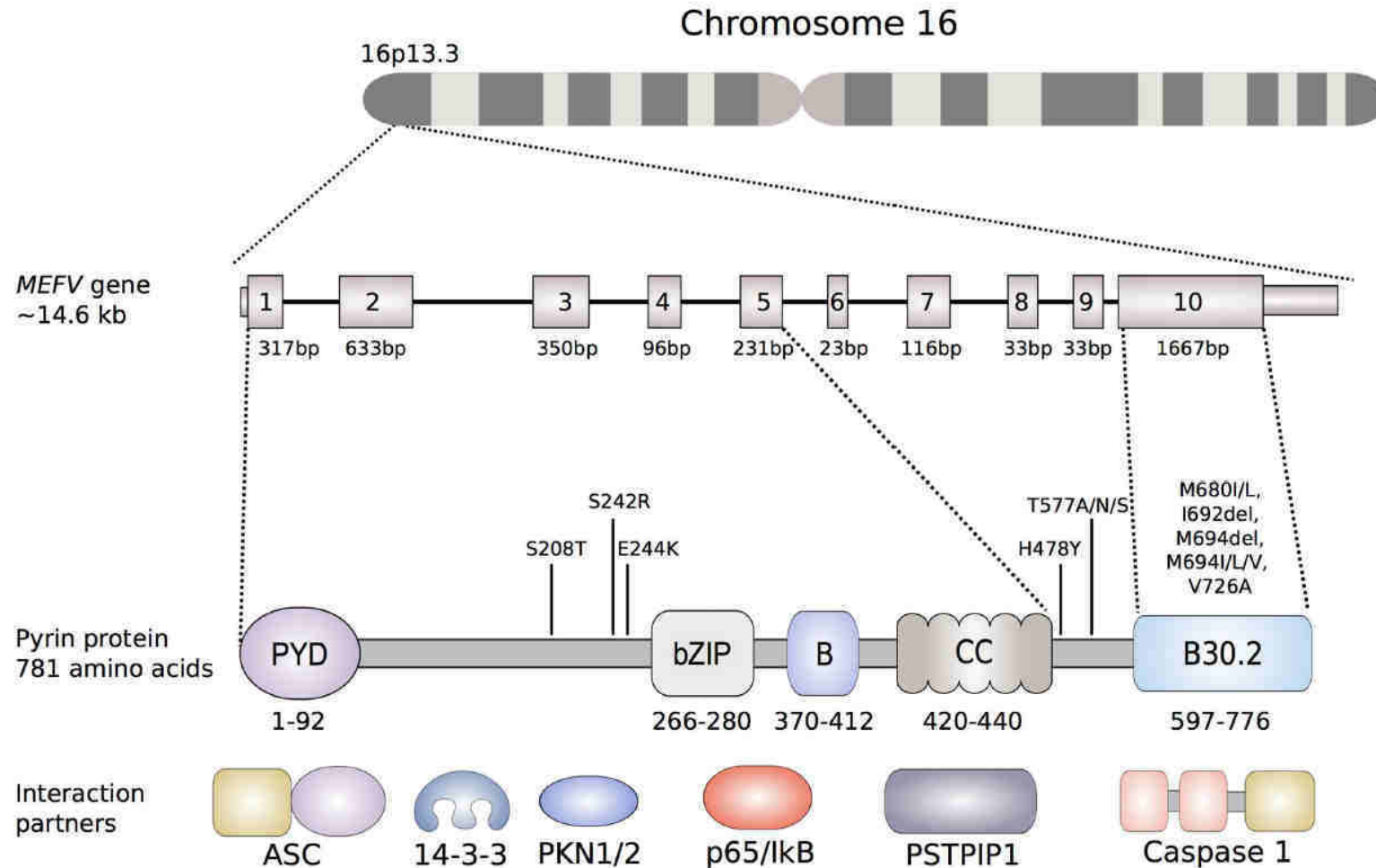
CCTG**T**GGAGAAG
CTCCTG**T**GGAGA
CTG**T**GGAGAAG
CCTG**T**GGA

?

Assessment Categories Used by the American College of Medical Genetics and Genomics:

1. Pathogenic
2. Likely pathogenic
3. Variant of unknown significance
4. Likely benign
5. Benign

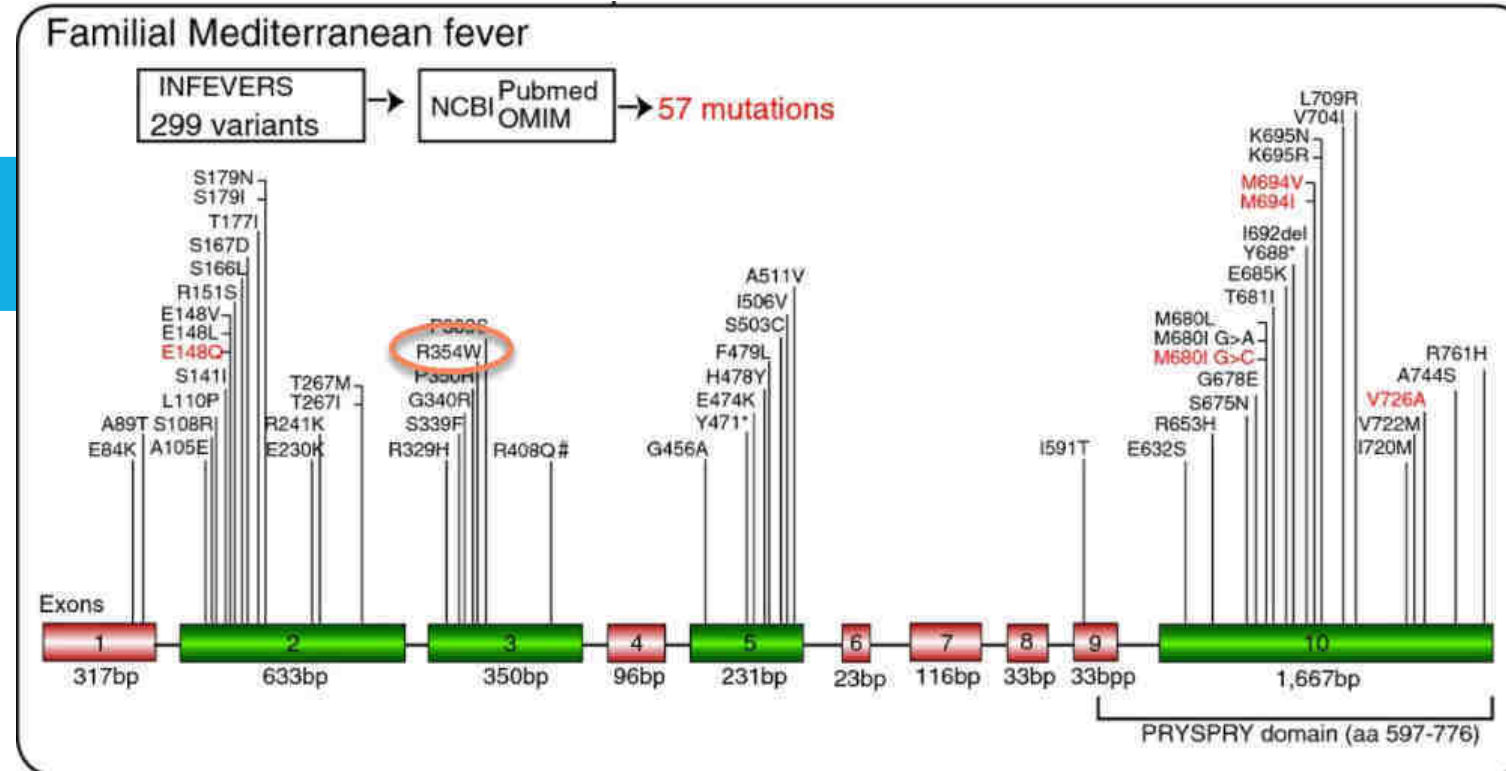
GEN MEFV



El gen MEFV tiene 10 exones y hay más de 370 variantes identificadas hasta la fecha

1997

2021



Patogénesis de la inflamación

Cambios en la compresión genética y ambiental

Variación del fenotipo

Cambios en los criterios de clasificación

RECOMENDACIONES PARA EL DIAGNOSTICO GENETICO PARA LA FMF

1. FMF is a clinical diagnosis, which can be supported but not excluded by genetic testing
2. Consider patients homozygous for M694V at risk of developing, with very high probability, a severe phenotype
3. FMF patients carrying two of the common mutated alleles (homozygotes or compound heterozygotes), especially for M694V mutation or mutations at position 680 to 694 on exon 10, must be considered at risk of having a more severe disease
4. The E148Q variant is common, of unknown pathogenic significance and, as the only MEFV variant, does not support the diagnosis of FMF
5. Patients homozygous for M694V mutation are at risk of early onset disease
6. Individuals homozygous for M694V who are not reporting symptoms should be evaluated and followed closely in order to consider therapy
7. For individuals with two pathogenic mutations for FMF who do not report symptoms, if there are risk factors for AA amyloidosis (such as the country, family history and persistently elevated inflammatory markers, particularly serum amyloid A protein), close follow-up should be started and treatment considered
8. Consultation with an autoinflammatory disease specialist may be helpful in order to aid in the indication and interpretation of the genetic testing and diagnosis

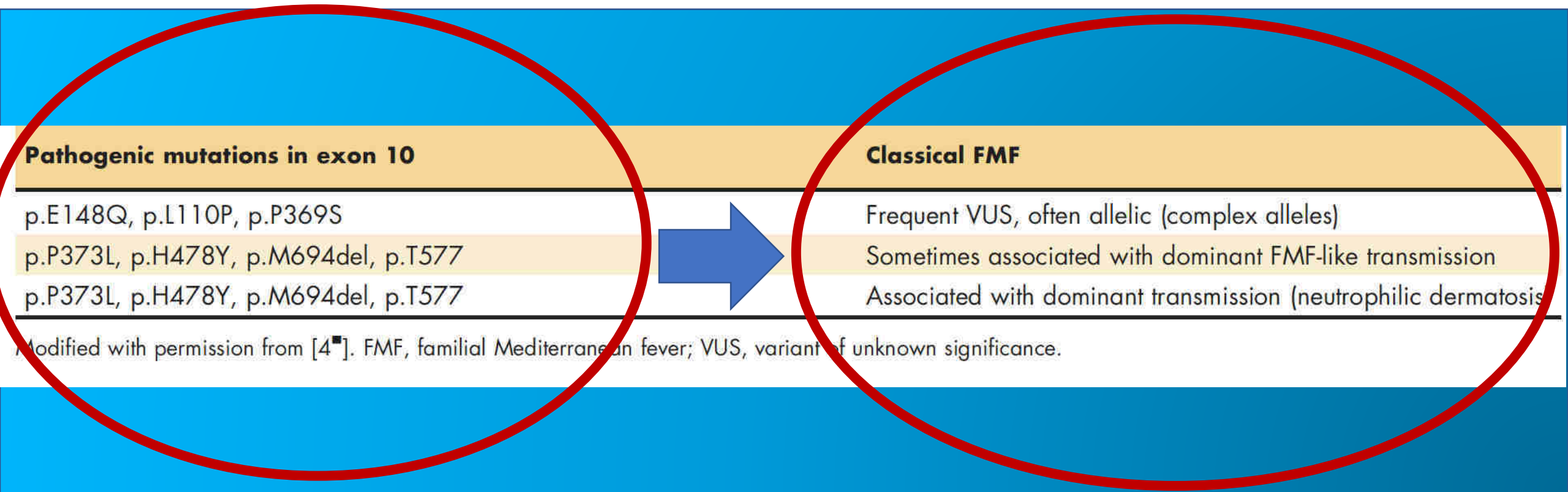
VARIANTES DEL GEN MEFV

Benign	Likely benign	VUS	Likely pathogenic	Pathogenic
D102D	R75Q	E148Q	S208T	M680IG>C
G138G	P115T	P369S	F479L	M680I G>A
R202Q	G304R	H478Y	M680L	M694V
R314R	A317T	G678E	I692DEL	M694I
E474E	A457V	T681I	M694L	V726A
D510D	I591M	I720M	K695R	R761H
P588P	V690L	V722M	K695N	F497L
S675N	I772V	A744S	R761H	K695R

¹ Infevers (2020). MEFV sequence variants [online]. Website <https://infevers.umai-montpellier.fr/web/search.php?n=1> [accessed 30 May 2020].

Sólo el 60% de los pacientes tienen 2 mutaciones (30% tienen 1 y 10% tienen 0)

Recomendaciones para el screening e interpretación de las variantes del gen MEFV





journ

enē



Research paper

Genotype-phenotype correlation in FMF patients: A “non classic” recessive autosomal or “atypical” dominant autosomal inheritance?



V. Procopio^{a,1}, S. Manti^{a,*,1}, G. Bianco^a, G. Conti^b, A. Romeo^a, F. Maimone^a, T. Arrigo^a,
M.C. Cutrupi^a, C. Salpietro^a, C. Cuppari^a

^a Department of Pediatrics, Unit of Pediatric Genetics and Immunology, University of Messina, Messina, Italy

^b Department of Pediatric Sciences, Unit of Pediatric Nephrology and Rheumatology, University of Messina, Messina, Italy

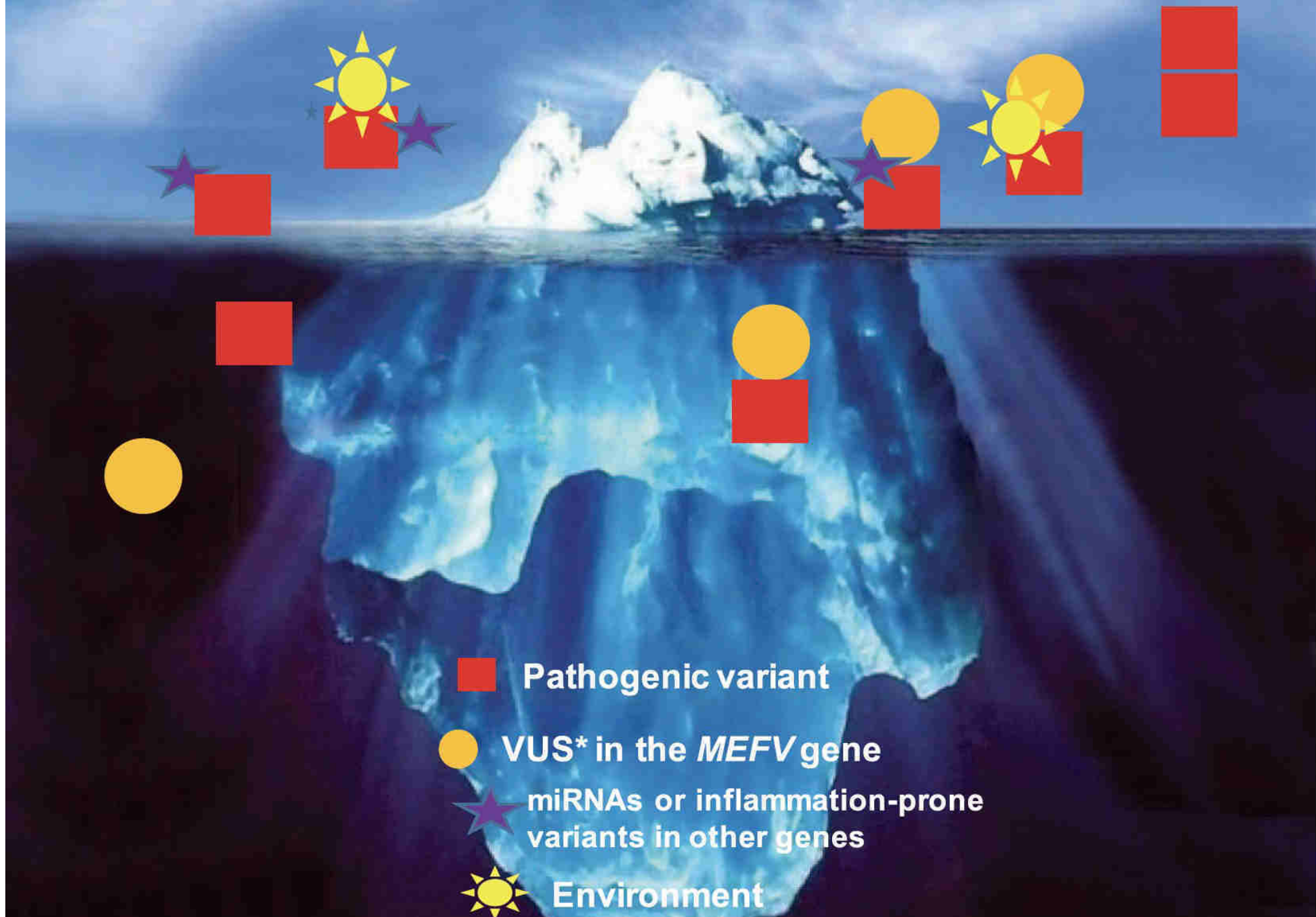
Lack of clear and univocal genotype-phenotype correlation in Familial Mediterranean Fever

La FMF UNA ENFERMEDAD MONOGENICA CON DISTINTAS EXPRESIONES



- Heterogeneidad de la enfermedad
- Pacientes con el mismo genotipo pero con expresiones clínicas diferentes sin penetrancia completa
- Variabilidad en la edad de inicio
- Entorno familiar





FACTORES DE RIESGO inflamatorios o específicos de la enfermedad

LA EPIGENETICA EN LA FMF

- Los ARNmi

- ¿Podemos identificar sus dianas genéticas?
- ¿Pueden ser terapéuticas?
- ¿Pueden ser biomarcadores de la enfermedad?
- ¿Pueden ser predictores de un cuadro moderado?



identificar sus dianas

terapéuticas?

biomarcadores de la

enfermedad moderada?

LA EPIGENETICA EN LA FMF

Rheumatology International
<https://doi.org/10.1007/s00296-020-04541-4>

Rheumatology
INTERNATIONAL

OBSERVATIONAL RESEARCH



Altered expression of apoptosis-related, circulating cell-free miRNAs in children with familial Mediterranean fever: a cross-sectional study

Emin Murat Karpuzoglu¹ · Rabia Miray Kislal Ekinci² · Sibel Balci² · Atil Bisgin³ · Mustafa Yilmaz²

Received: 24 December 2019 / Accepted: 23 February 2020
© Springer-Verlag GmbH Germany, part of Springer Nature 2020

Received: 20 March 2020 | Revised: 9 July 2020 | Accepted: 14 July 2020

DOI: 10.1111/jcmm.15701

ORIGINAL ARTICLE

WILEY

Genome sequencing unveils mutational landscape of the familial Mediterranean fever: Potential implications of IL33/ST2 signalling

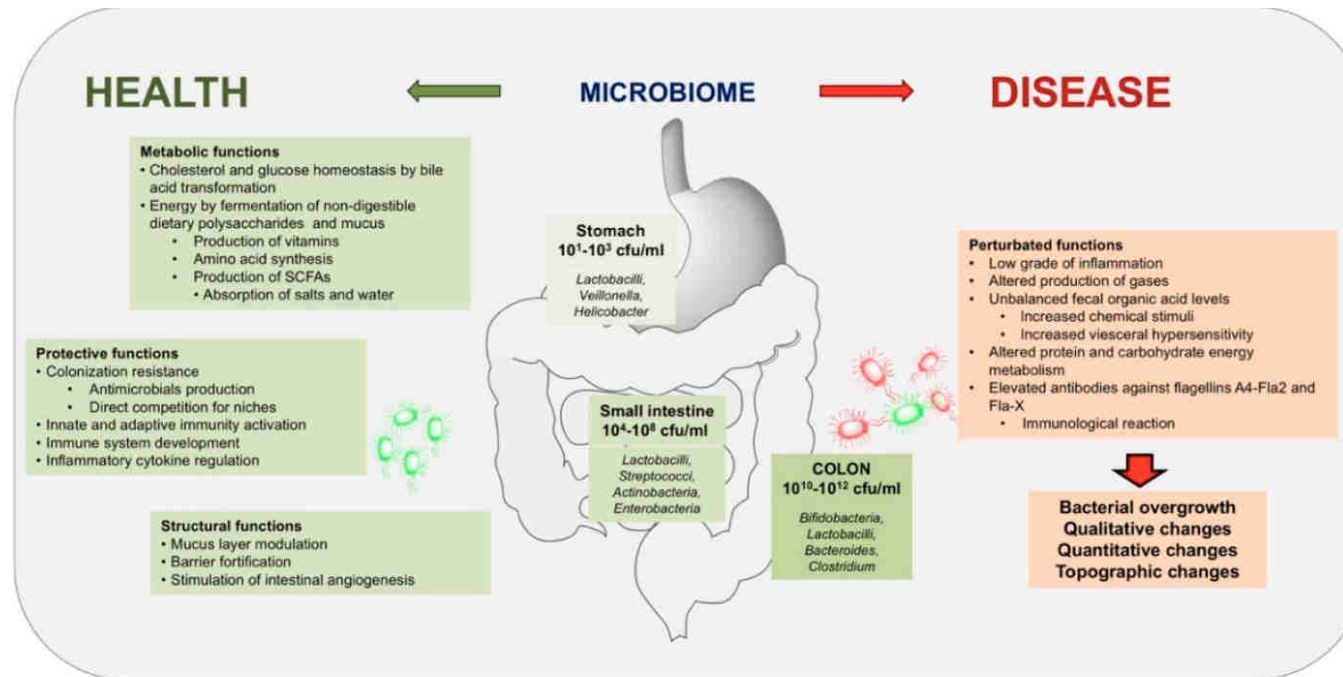
Meenakshi Umar¹ | Andre Megarbane^{2,3} | Jingxuan Shan^{4,5} | Najeeb Syed⁶ | Eliane Chouery⁷ | Elbay Aliyev⁸ | Puthen Jithesh⁶ | Ramzi Temanni⁶ | Issam Mansour⁹ | Lotfi Chouchane^{4,5,10} | Aouatef Ismail Chouchane¹



OPEN Familial Mediterranean fever-related miR-197-3p targets *IL1R1* gene and modulates inflammation in monocytes and synovial fibroblasts

Yeliz Z. Akkaya-Ulum^{1,2}, Tayfun Hilmi Akbaba¹, Zeynep Tavukcuoglu¹, Jae Jin Chae², Engin Yilmaz¹, Seza Ozen³ & Banu Balci-Peynircioglu¹

MICROBIOTA Y ACTIVIDAD CLINICA DE LA FMF



Review

Gut Microbiota between Environment and Genetic Background in Familial Mediterranean Fever (FMF)

Agostino Di Ciaula ^{1,†}, Alessandro Stella ^{2,†}, Leonilde Bonfrate ¹, David Q. H. Wang ³ and Piero Portincasa ^{1,*}

Genes 2020, 11, 1041; doi:10.3390/genes11091041

> Clin Exp Rheumatol. 2021 Jul 5. Online ahead of print.

Microbiome is not linked to clinical disease severity of familial Mediterranean fever in an international cohort of children

Seza Ozen ¹, Holly L Lutz ², Vanessa M Rivera ³, Andreas Reiff ³, Ezgi Deniz Batu ⁴, Edwin Anderson ⁵, Mariana Salas Garcia ⁶, Grace Aldrovandi ³, Tayfun Hilmi Akbaba ⁷, İlker Pazarbasi ⁸, Yelda Bilginer ⁴, Ayse Balat ⁹, Banu Balci-Peynircioglu ⁷, Jack A Gilbert ⁶, Fatma Dedeoglu ⁵, Jonathan S Hausmann ¹⁰

Maggio and Corsello *Italian Journal of Pediatrics*
<https://doi.org/10.1186/s13052-019-0766-z>

(2020) 46:7

Italian Journal of Pediatrics

REVIEW

Open Access

FMF is not always “fever”: from clinical presentation to “treat to target”



Maria Cristina Maggio*  and Giovanni Corsello

DIAGRAMA DE FLUJO DE LOS PASOS EN EL DIAGNOSTICO FMF

1

Recurrent fever episodes and characteristic inflammatory findings (inflammation of joints, eyes, skin or/and serous membranes, headaches, musculoskeletal complaints, abdominal pain, fatigue, lymphadenopathy, irritability)			
History and physical exam Patients/family history, ethnicity, clinical findings	Laboratory markers WBC, CRP, ESR, SAA, Liver/kidney function, urine	Additional testing Eye exam, HF-PTA, x-rays, MRI, CSF, ultrasound, echo	Differential diagnoses Infections, neoplasms, PID, metabolic/autoimmune diseases



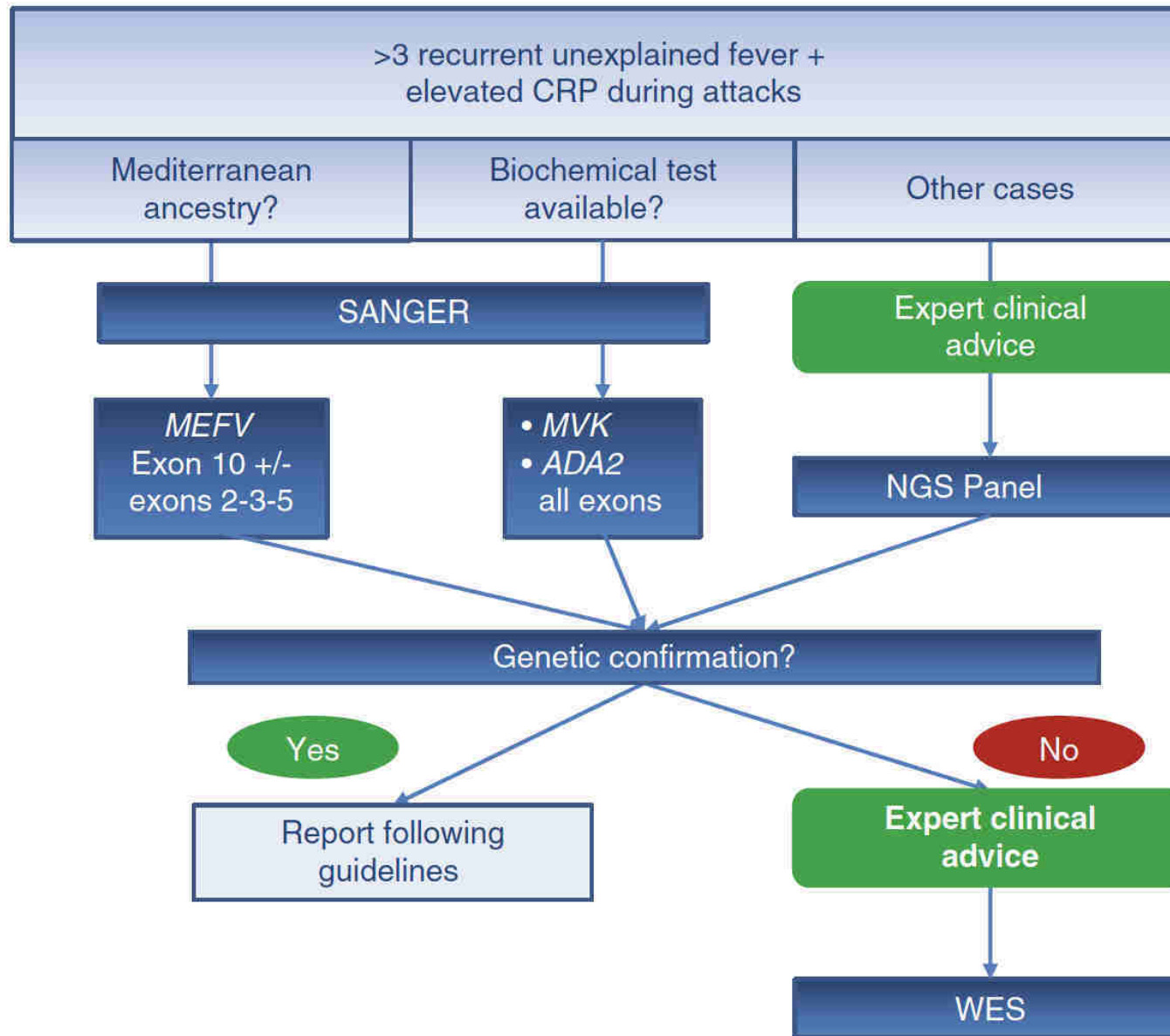
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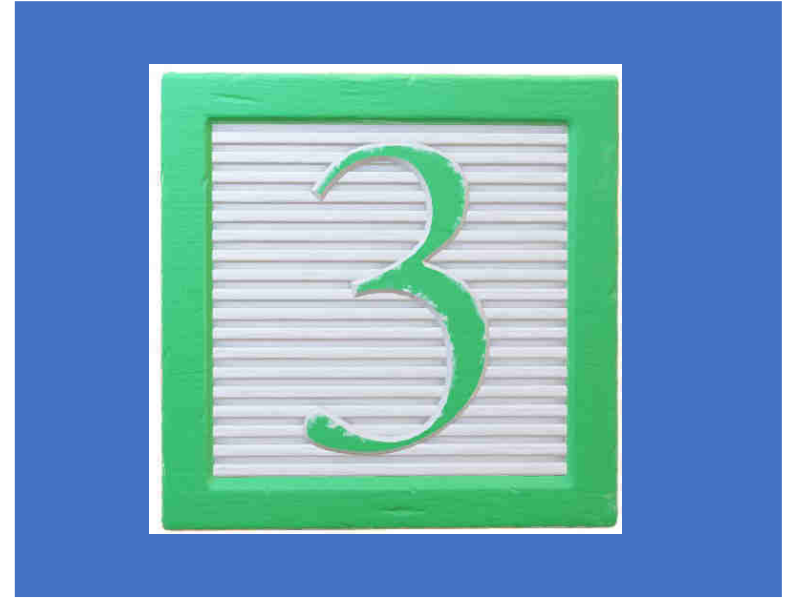
Suspicion of IL-1 mediated AID			
Pattern of clinical symptoms AIDAI, symptom diary	Pattern of inflammatory markers SAA, CRP, ESR, WBC (100) during flares and in between	Genetic testing AID gene panel	



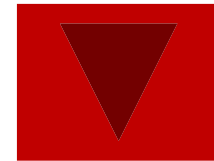
Diagnosis of IL-1 mediated AID			
Classic AID phenotype + Inflammatory makers + Pathogenic mutation	Classic AID phenotype + Inflammatory makers + No pathogenic mutation Consider WES/WGS, SM	Atypical AID phenotype + Inflammatory makers + Pathogenic mutation	Atypical AID phenotype + Inflammatory makers + No pathogenic mutation Consider WES/WGS, SM
Confirmation of classic IL-1 mediated AID		Unclassified AID	

ESTRATEGIA OPTIMA PARA EL DIAGNOSTICO GENETICO





SEGUIMIENTO



Monitorización de la
actividad y daño de
órganos FMF

Monitorización de la actividad y daño de órganos FMF

Examen Físico
Marcadores inflamatorios: PCR y Amiloide

Diario de fiebre/síntomas:
AIDAI, VAS del paciente

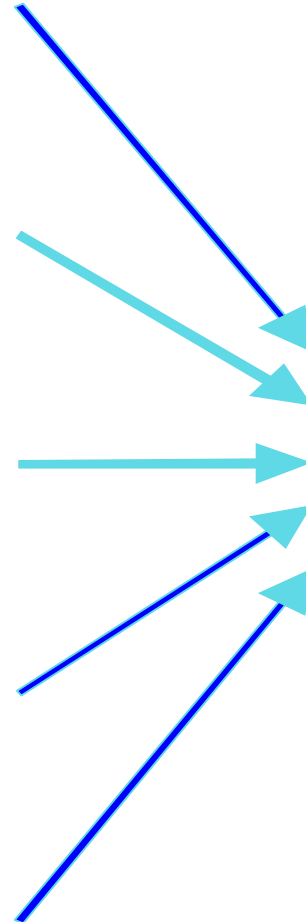
Instrumentos específicos:
FMF-50, VAS médico

Monitorización función órgano: Hepático, renal,
proteinuria, Oftalm, RM, ecografia, Test cognitivo

Instrumento específico: ADDI

Actividad de la
enfermedad

Daño de órganos



Serum amyloid A as a biomarker in differentiating attacks of familial Mediterranean fever from acute febrile infections

Mustafa Çakan¹ • Nuray Aktay Ayaz¹ • Gonca Keskindemirci² • Şerife Gül Karadağ¹ • Ayşe Tanatar¹ • Hafize Emine Sönmez¹

Received: 10 April 2019 / Revised: 22 August 2019 / Accepted: 26 August 2019
© International League of Associations for Rheumatology (ILAR) 2019

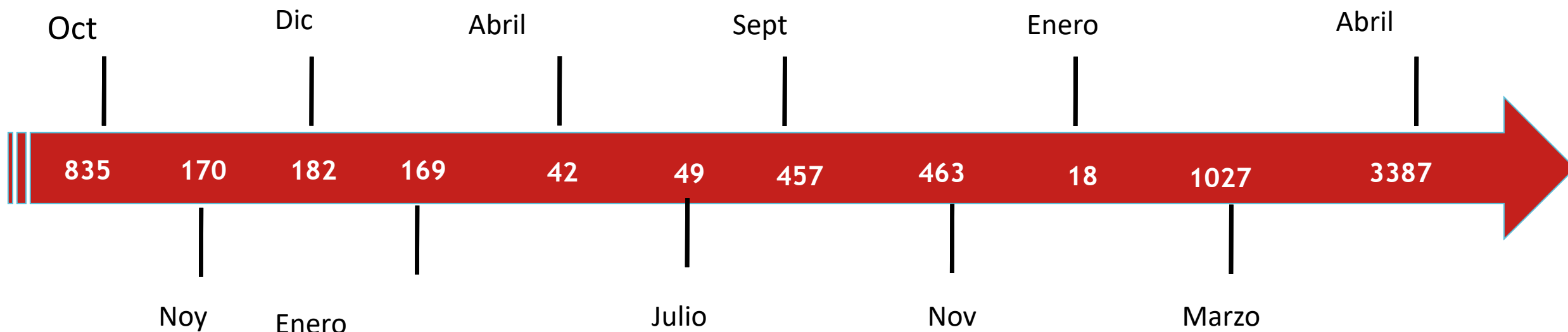


The Value of Serum Amyloid A Levels in Familial Mediterranean Fever to Identify Occult Inflammation During Asymptomatic Periods

Mustafa Çakan, MD, Şerife Gül Karadağ, MD, Ayşe Tanatar, MD, Hafize Emine Sönmez, MD, and Nuray Aktay Ayaz, MD

Journal of Clinical Rheumatology 2019

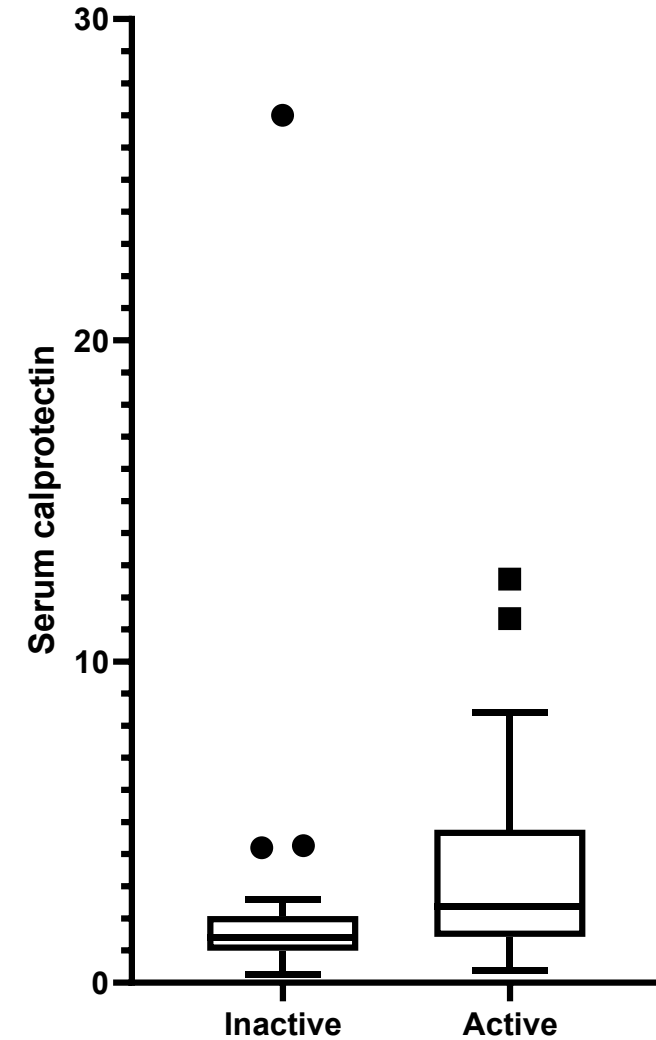
EVOLUCION AMILOIDE



SERUM CALPROTECTIN (MRP8/14) AS A MARKER OF DISEASE ACTIVITY IN THE ASSESSMENT OF THE PAEDIATRIC PATIENT WITH AUTOINFLAMMATORY DISEASE: A CROSS-SECTIONAL STUDY

Miguel Martí Masanet, María Isabel González Fernández, Amparo Alba Redondo, Berta López Montesinos, Lucía Lacruz Pérez, Inmaculada Calvo Penadés.

Paediatric Rheumatology Unit, Hospital Universitari i Politècnic La Fe, Valencia (Spain)



94 patients AD



TÜBİTAK

Turkish Journal of Medical Sciences

<http://journals.tubitak.gov.tr/medical/>

Research Article

Turk J Med Sci

(2021) 51: 1396-1405

© TÜBİTAK

doi:10.3906/sag-2009-187

Evaluation of S100A12 protein levels in children with familial Mediterranean fever

Yelda TÜRKMEÑOĞLU^{1*}, Elif GÜNEY¹, DİGDEM BEZEN², AHMET İRDEM³, BIRAY ERTÜRK⁴, HASAN DURSUN⁵

¹Department of Pediatrics, Okmeydanı Training and Medical Research Hospital, University of Health Science, Istanbul, Turkey

²Department of Pediatric Endocrinology, Okmeydanı Training and Medical Research Hospital, University of Health Science, Istanbul, Turkey

³Department of Pediatric Cardiology, Okmeydanı Training and Medical Research Hospital, University of Health Science, Istanbul, Turkey

⁴Department of Medical Genetic, Okmeydanı Training and Medical Research Hospital, University of Health Science, Istanbul, Turkey

⁵Department of Pediatric Nephrology, Okmeydanı Training and Medical Research Hospital, University of Health Science, Istanbul, Turkey

Validation of the Auto-Inflammatory Diseases Activity Index (AIDAI) for hereditary recurrent fever syndromes

Maryam Piram,¹ Isabelle Koné-Paut,¹ Helen J Lachmann,² Joost Frenkel,³ Seza Ozen,⁴ Jasmin Kuemmerle-Deschner,⁵ Silvia Stojanov,⁶ Anna Simon,⁷ Martina Finetti,⁸ Maria Pia Sormani,⁹ Alberto Martini,^{8,10} Marco Gattorno,⁸ Nicolino Ruperto,⁸ on the behalf of EUROFEVER, EUROTRAPS and the Paediatric Rheumatology International Trials Organisation (PRINTO) networks

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doi: 10.1136/annrheumdis-2013-203666

Control de la actividad de la enfermedad: valoraciones de pacientes

Name:			Age:			Month:			Year:				
Auto-inflammatory diseases related symptoms today													
Days	Fever $\geq 38^{\circ}\text{C}$ (100.4°F) (a)	Overall symptoms (b)	Abdominal pain (c)	Nausea /vomiting (d)	Diarrhoea (e)	Headaches (f)	Chest pain (g)	Painful glands/ lymph nodes (h)	Aching in limbs or joints (i)	Swollen or red joints (j)	Eyes manifestations (k)	Skin rash (l)	Pain relief taken
Scored as:	0 or 1	0 to 3	0 to 3	0 to 3	0 to 3	0 to 3	0 to 3	0 to 3	0 to 3	0 to 3	0 to 3	0 to 3	0 or 1
1													
2													
3													
4													
5													
6													
7													
8													
9													
10													
11													
12													
13													
14													
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21													
22													
23													
24													
25													
26													
27													
28													
29													
30													
31													

Please complete the diary **during the time of the attacks** and score symptoms according to their severity.

Scoring system:

- Fever $\geq 38^{\circ}\text{C}$ (100.4°F) and Pain relief taken: 0=no 1=yes
- Others variables: 0=none 1: minor 2: mild 3: severe

Use a different diary for each month. If you have no flair, bring back the diary empty.

Only record symptoms due to your fever syndrome.

EXTENDED REPORT

Development of the autoinflammatory disease damage index (ADDI)

Nienke M ter Haar,^{1,2} Kim V Annink,³ Sulaiman M Al-Mayouf,⁴ Gayane Amaryan,⁵ Jordi Anton,⁶ Karyl S Barron,⁷ Susanne M Benseler,⁸ Paul A Brogan,⁹ Luca Cantarini,¹⁰ Marco Cattalini,¹¹ Alexis-Virgil Cochino,¹² Fabrizio De Benedetti,¹³ Fatma Dedeoglu,¹⁴ Adriana A De Jesus,¹⁵ Ornella Della Casa Alberighi,¹⁶ Erkan Demirkaya,¹⁷ Pavla Dolezalova,¹⁸ Karen L Durrant,¹⁹ Giovanna Fabio,²⁰ Romina Gallizzi,²¹ Raphaela Goldbach-Mansky,¹⁵ Eric Hachulla,²² Veronique Hentgen,²³ Troels Herlin,²⁴ Michaël Hofer,^{25,26} Hal M Hoffman,²⁷ Antonella Insalaco,²⁸ Annette F Jansson,²⁹ Tilmann Kallinich,³⁰ Isabelle Koné-Paut,³¹ Anna Kozlova,³² Jasmin B Kuemmerle-Deschner,³³ Helen J Lachmann,³⁴ Ronald M Laxer,³⁵ Alberto Martini,³⁶ Susan Nielsen,³⁷ Irina Nikishina,³⁸ Amanda K Ombrello,³⁹ Seza Ozen,⁴⁰ Efimia Papadopoulou-Alataki,⁴¹ Pierre Quartier,⁴² Donato Rigante,⁴³ Ricardo Russo,⁴⁴ Anna Simon,⁴⁵ Maria Trachana,⁴⁶ Yosef Uziel,⁴⁷ Angelo Ravelli,⁴⁸ Marco Gattorno,⁴⁹ Joost Frenkel³

Neurologic:

- Epilepsy
- Demyelination
- Paraesthesia
- Ataxia
- Stroke
- Hearing loss

Gastro-intestinal:

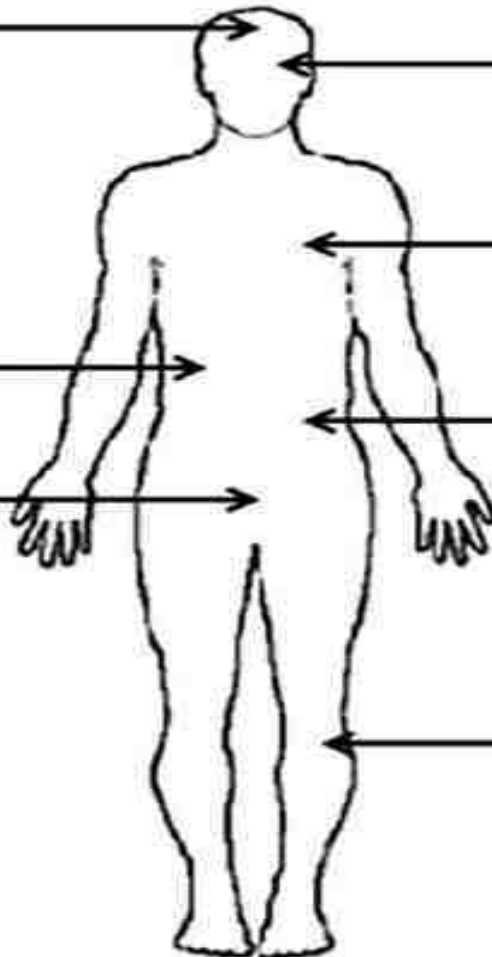
- Liver cirrhosis
- Digestive obstructive
- Budd-Chiari syndrome

Gynaecological

- Infertility
- Miscarriage
- Preterm delivery
- IUGR/low birth weight

General:

- AA amyloidosis
- Depression
- Failure to thrive
- Cancer



Ophthalmologic:

- Visual loss

Cardial/pulmonary:

- Myocardial ischemia
- Hypertension
- Restrictive lung disease
- Cardiomyopathy

Renal:

- Proteinuria
- Renal failure
- Nephrotic syndrome
- Renal vein thrombosis
- Focal segmental glomerulosclerosis

Musculoskeletal:

- Osteoporosis
- Destructive arthritis
- Bone alteration

Familial Mediterranean Fever

Examen físico general

VAS Médico

LABORATORIO

3 meses

PCR

AMILOIDE

Examen ocular

Proteinuria

Score de daño ADDI

6 meses



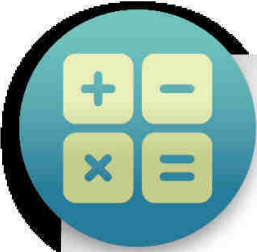
ACTIVIDAD DE LA
ENFERMEDAD



EVALUACIÓN DEL GRADO DE SEVERIDAD DE LA FMF

Development and initial validation of international severity scoring system for familial Mediterranean fever (ISSF)

Criterios de gravedad de la enfermedad	Puntos
Secuelas crónicas (incluidas amiloidosis, retraso del crecimiento, anemia, esplenomegalia)	1
Disfunción orgánica (proteinuria en intervalo nefrótico, relacionado con la FMF)	1
Fallo orgánico (corazón, riñón, etc., relacionado con la FMF)	1
Frecuencia de las crisis (promedio de crisis entre 1 y 2 al mes)	1
Frecuencia de las crisis (promedio de crisis >2 al mes)	2
Aumento de reactantes de fase aguda (cualquiera entre PCR, AAS, ESR, fibrinógeno) durante el periodo sin crisis, ≥ 2 semanas tras la última crisis (al menos dos veces con una diferencia de 1 mes)	1
Más de dos sitios involucrados durante una crisis aguda individual (pericarditis, pleuritis, peritonitis, sinovitis, ELE, afectación testicular, mialgia, etc.)	1
Más de dos tipos de crisis durante el curso de la enfermedad (fiebre aislada, pericarditis, pleuritis, peritonitis, sinovitis, ELE, afectación testicular, mialgia, etc.)	1
Duración de las crisis (más de 72 h en tres crisis al año como mínimo)	1
Dolor de piernas durante el ejercicio (dolor tras estar de pie durante un periodo prolongado o hacer ejercicio, después de excluir otras causas)	1
Puntuación total	10



Grado de intensidad:

≥ 6	INTENSO
3-5	MODERADO
≤ 2	LEVE

MODERN RHEUMATOLOGY
<https://doi.org/10.1080/14397595.2020.1719594>

ORIGINAL ARTICLE

Age of onset as an influencing factor for disease severity in children with familial Mediterranean fever

Ayşe Tanatar, Şerife Gül Karadağ, Mustafa Çakan, Hafize Emine Sönmez and Nuray Aktay Ayaz

Department of Pediatric Rheumatology, Kanuni Sultan Süleyman Research and Training Hospital, University of Health Sciences, Istanbul, Turkey

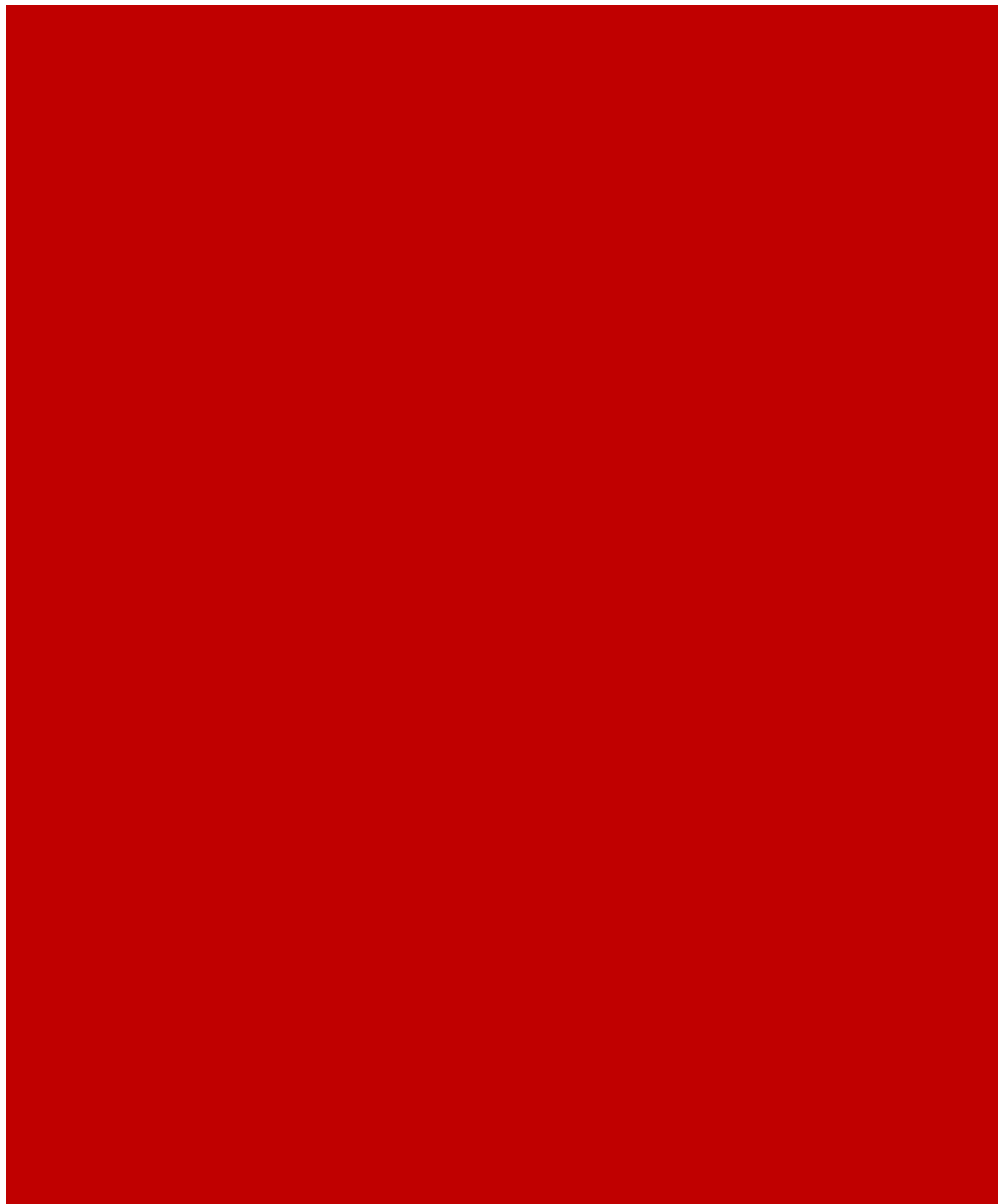
Check for updates



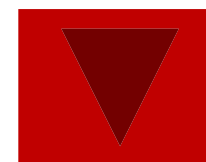
FMF50: a score for assessing outcome in Familial Mediterranean Fever

Responders to treatment are defined as those with at least 50% improvement in five of six criteria, without worsening in any

1. Percentage change in the frequency of attacks with treatment
2. Percentage change in the duration of attacks with treatment
3. Percentage change in the patients/parents global assessment of disease severity with treatment (10 cm visual analog scale)
4. Percentage change in the physicians' global assessment of disease severity with treatment (10 cm visual analog scale)
5. Percentage change in the frequency of arthritis attacks with treatment
6. Percentage change in levels of acute-phase reactants with treatment (the best of C-reactive protein, erythrocyte sedimentation rate, or serum amyloid A obtained at least 2 weeks after the last attack).



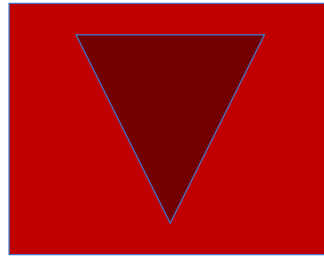
TREAT TO TARGET



A LARGO PLAZO

TREAT - TO - TARGET

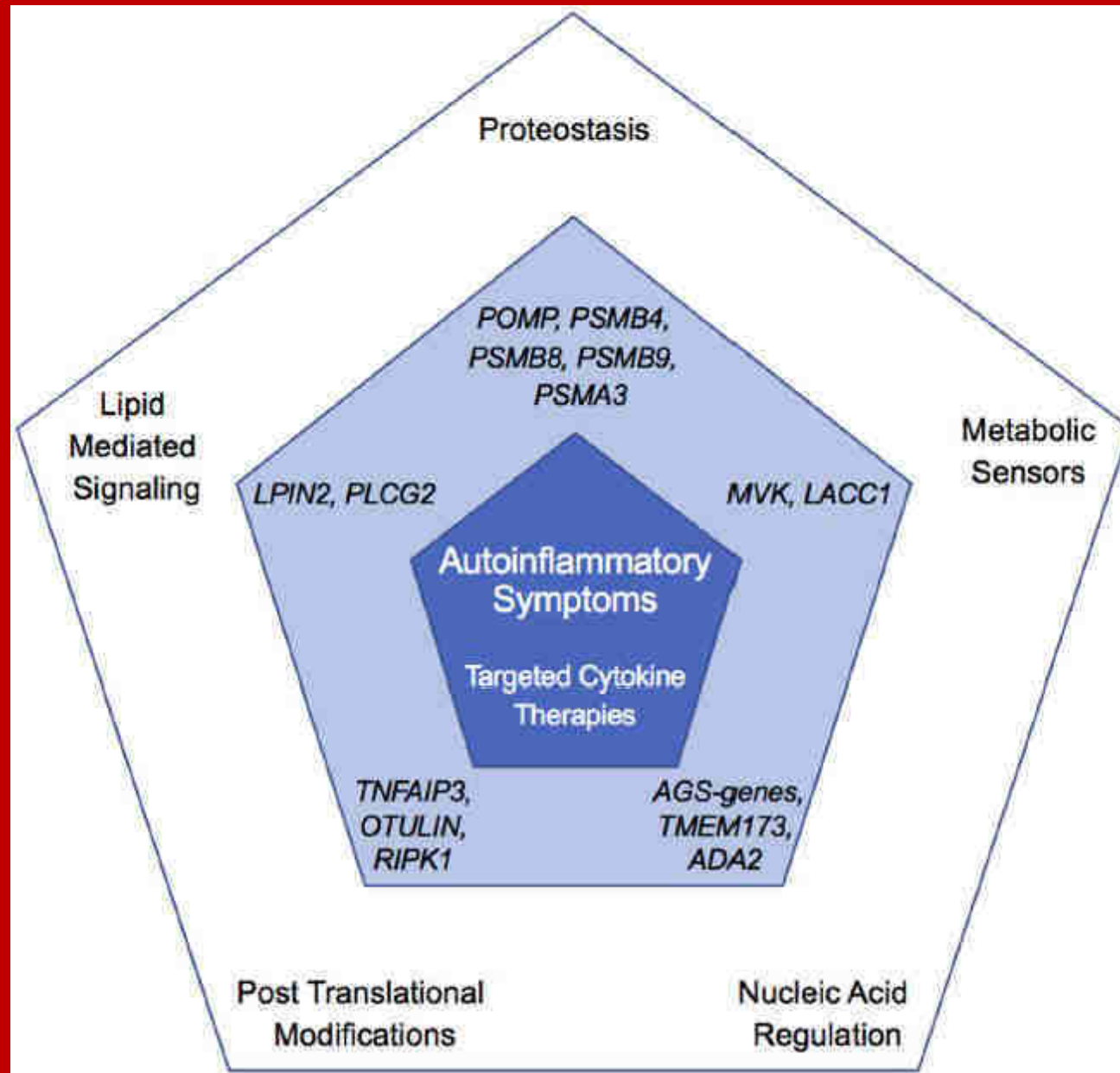
Remisión completa o enfermedad activa mínima



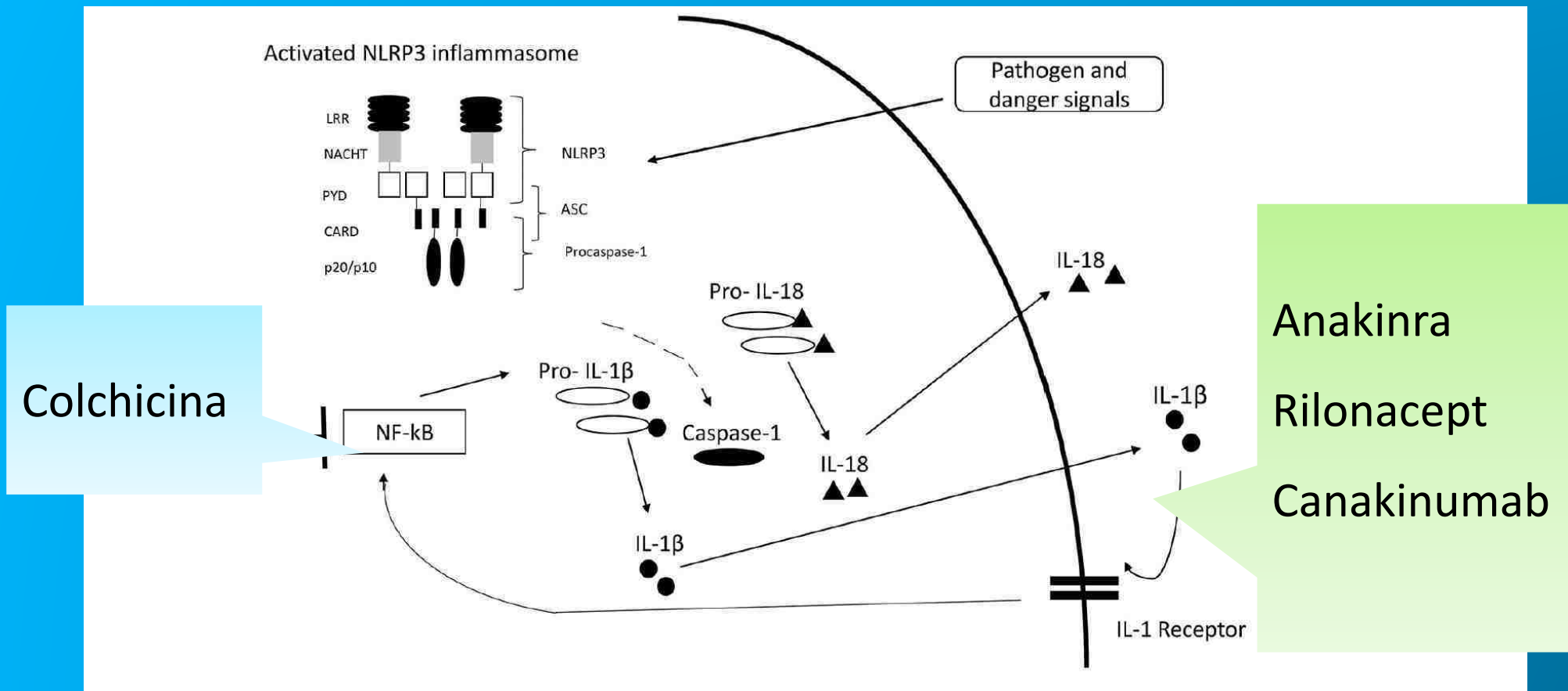
No actividad clínica
No síntomas

Normalización Marcadores
inflamatorios PCR y Amiloide

Prevenir las complicaciones
a medio y largo plazo



IL-1 inflammasome structure, cytokine release, and treatment target



1º línea

1º línea

Colchicina

- <5 años de edad, 0.5-1.0 mg / día
- Niños de 5-10 años de edad, 1.0-1.5 mg / día
- Niños > 10 años de edad y en adultos de 2 hasta 3 mg.



Adecuado control
FMF

Insuficiente control

Intolerante

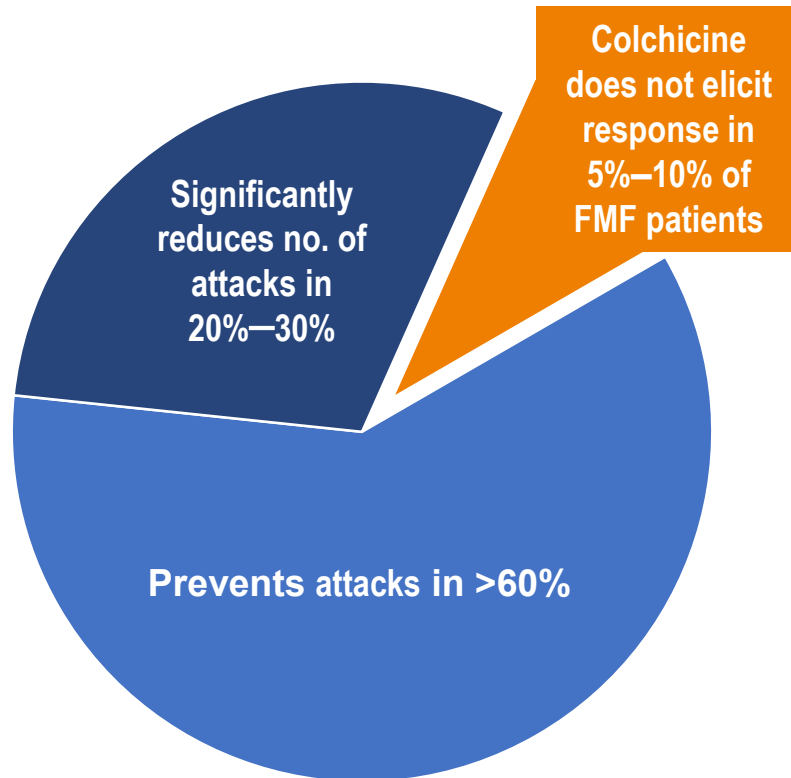
ALGORITMO TERAPEUTICO

Recomendaciones de la EULAR para el tratamiento de la FMF

Recommendation	A	LoE	GR
01. Ideally, FMF should be diagnosed and initially treated by a physician with experience in FMF	7.6	5	D
02. The ultimate goal of treatment in FMF is to reach complete control of unprovoked attacks and minimising subclinical inflammation in between attacks	9.3	4	C
03. Treatment with colchicine should start as soon as a clinical diagnosis is made	8.9	1b	A
04. Dosing can be in single or divided doses, depending on tolerance and compliance	9.4	5	D
05. The persistence of attacks or of subclinical inflammation represents an indication to increase the colchicine dose	9.7	3	C
06. Compliant patients not responding to the maximum tolerated dose of colchicine can be considered non-respondent or resistant; alternative biological treatments are indicated in these patients	9.8	2b	B
07. FMF treatment needs to be intensified in AA amyloidosis using the maximal tolerated dose of colchicine and supplemented with biologics as required	9.5	2b	C
08. Periods of physical or emotional stress can trigger FMF attacks, and it may be appropriate to increase the dose of colchicine temporarily	7.6	5	D
09. Response, toxicity and compliance should be monitored every 6 months	8.6	5	D
10. Liver enzymes should be monitored regularly in patients with FMF treated with colchicine; if liver enzymes are elevated greater than twofold the upper limit of normal, colchicine should be reduced and the cause further investigated	8.4	5	D
11. In patients with decreased renal function, the risk of toxicity is very high, and therefore signs of colchicine toxicity, as well as CPK, should be carefully monitored and colchicine dose reduced accordingly	9.3	4	C
12. Colchicine toxicity is a serious complication and should be adequately suspected and prevented	9.4	4	C
13. When suspecting an attack, always consider other possible causes. During the attacks, continue the usual dose of colchicine and use NSAID	9.5	2b	C
14. Colchicine should not be discontinued during conception, pregnancy or lactation; current evidence does not justify amniocentesis	9.3	3	C
15. In general, men do not need to stop colchicine prior to conception; in the rare case of azoospermia or oligospermia proven to be related to colchicine, temporary dose reduction or discontinuation may be needed	8.2	3	C
16. Chronic arthritis in a patient with FMF might need additional medications, such as DMARDs, intra-articular steroid injections or biologics	9.5	2b	C
17. In protracted febrile myalgia, glucocorticoids lead to the resolution of symptoms; NSAID and IL-1-blockade might also be a treatment option; NSAIDs are suggested for the treatment of exertional leg pain	9.3	2b	C
18. If a patient is stable with no attacks for more than 5 years and no elevated APR, dose reduction could be considered after expert consultation and with continued monitoring	8.0	5	D
A, agreement (/10); APR, acute phase reactants; CPK, creatinine phosphokinase; DMARDs, disease modifying antirheumatic drugs; EULAR, European League Against Rheumatism; FMF, familial Mediterranean fever; IL-1, interleukin 1; LoE, level of evidence; NSAID, non steroidal anti inflammatory drugs.			

Colchicina es el principal tratamiento para evitar ataques repentinos en la FMF

Colchicine Response in FMF Patients¹⁻³

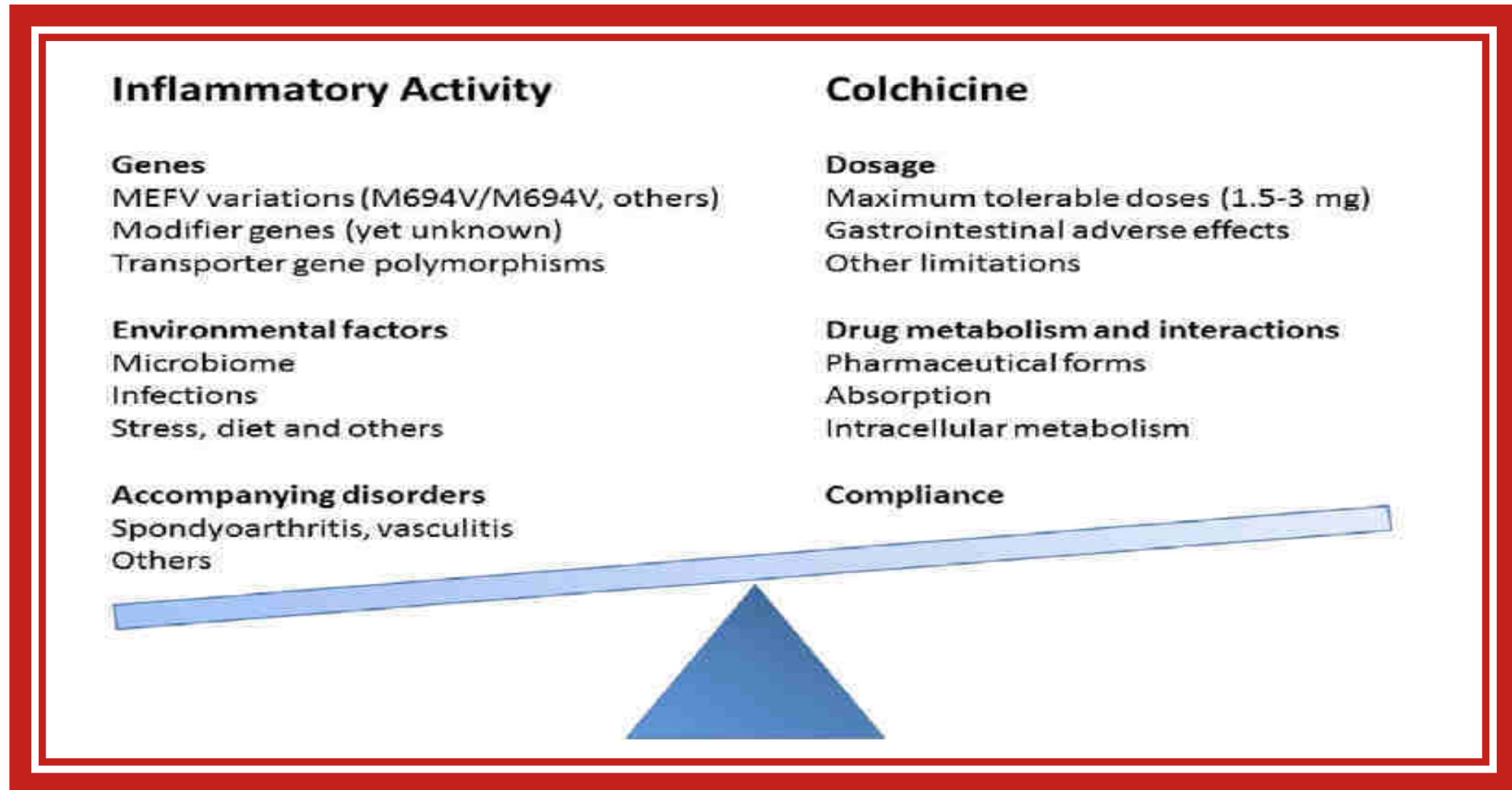


- Colchicina es el principal tratamiento para evitar ataques agudos en la mayoría de los pacientes con FMF¹
- Reduce la frecuencia de los ataques, disminuye la gravedad y acorta la duración de los ataques
- Previene, detiene o incluso revierte la amiloidosis renal
- La mayoría de los pacientes que no tienen respuesta a colchicina es a causa de incumplimientos¹⁻³

Includes those patients who can not tolerate colchicine, those who can tolerate it but whose attacks don't stop or don't reduce sufficiently, and those who are contraindicated to taking colchicine. Colchicine resistant is not well understood by HCPs and not well accepted in the literature, which is why we are moving away for using the term.

1. Ozturk MA, et al. Clin Exp Rheumatol. 2011; 29(Suppl. 67): S77-86; 2. Ben-Chetrit E, et al. Clin Exp Rheumatol. 2009; 27(Suppl. 53): S1-3;
3. Ben-Chetrit E, et al. Lancet. 1998; 351: 659-664.

FACTORES QUE CONTRIBUYEN A LA RESPUESTA INADECUADA DE COLCHICINA



COLCHICINA....
"VALOR REAL
2021"

OPTIMIZACIÓN DE DOSIS.

MONITORIZACIÓN. HÍGADO.RIÑÓN

CONCEPTOS:

- TOLERANCIA
- INTERACCIONES....ADULTOS CON MULTIFARMACIA
- RESPUESTA OBJETIVA
- RESISTENCIA

Consenso de un grupo de expertos sobre la resistencia a colchicina, la intolerancia y el cumplimiento en pacientes con FMF

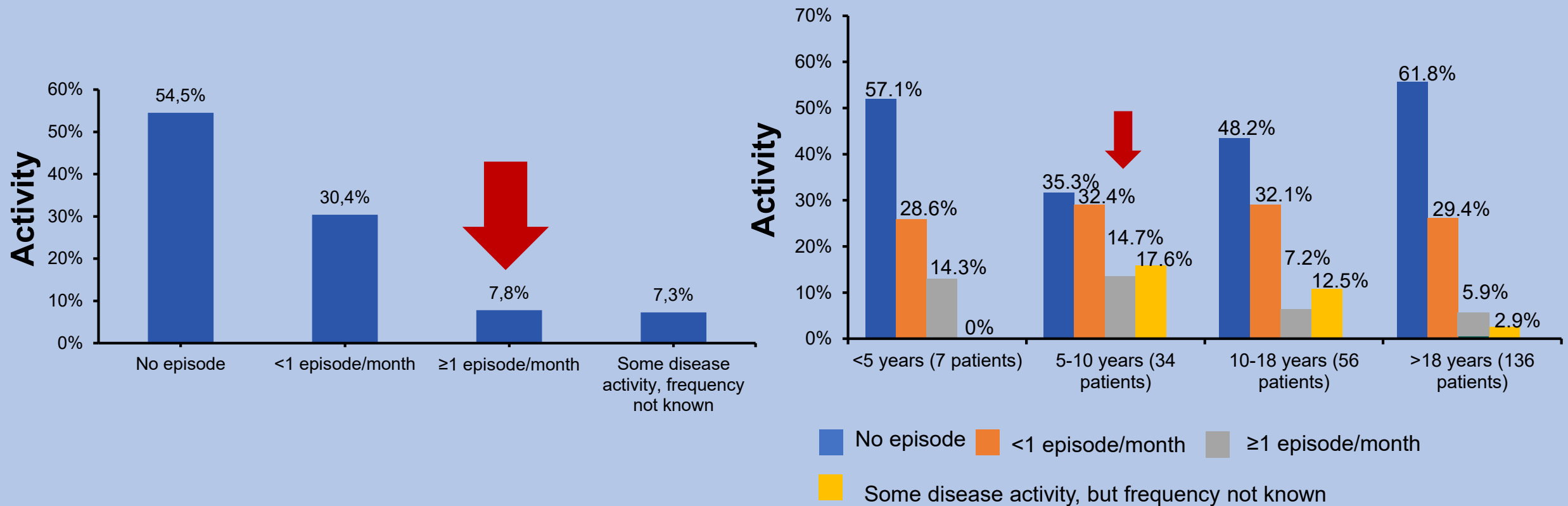
- Se organizó una **reunión de consenso** con 12 expertos (reumatólogos pediátricos y de adultos) en la que se trabajó en la revisión de publicaciones sistemáticas (264 artículos seleccionados). Se alcanzó un consenso y se definieron unas recomendaciones siguiendo el método Delphi. Se aceptaron las recomendaciones con un acuerdo superior al 80%
- Objetivos del grupo de expertos:** elaborar recomendaciones a partir de las evidencias en la administración de colchicina y en la definición de resistencia a colchicina, la intolerancia o el cumplimiento



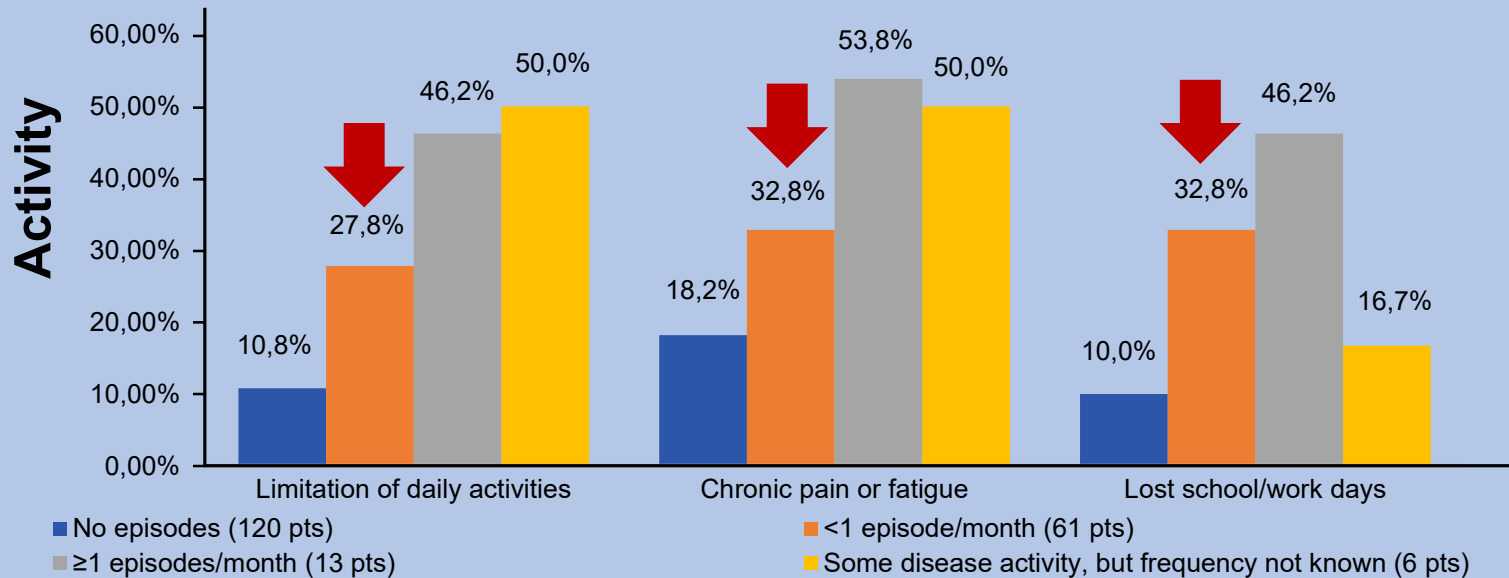
Recomendaciones

- 1 Colchicina es el fármaco de referencia
- 2 Se debe ajustar la dosis en función de la actividad de la enfermedad
- 3 La dosis máxima recomendada de colchicina es 1-3 mg/día
- 4 Se define la resistencia a colchicina como la actividad persistente de la enfermedad (media de 1 o más episodios al mes durante un periodo no inferior a 3 meses) o la presencia continua de valores de PCR o SAA elevados entre crisis
- 5 La amiloidosis AA se desarrolla como consecuencia de la inflamación persistente
- 6 La intolerancia a colchicina puede limitar la capacidad para conseguir o mantener la dosis efectiva
- 7 La enfermedad activa y la intolerancia a colchicina afectan la calidad de vida
- 8 Se deben usar los resultados notificados por el paciente para orientar el tratamiento de la FMF

Actividad de la enfermedad durante el tratamiento con colchicina según la edad



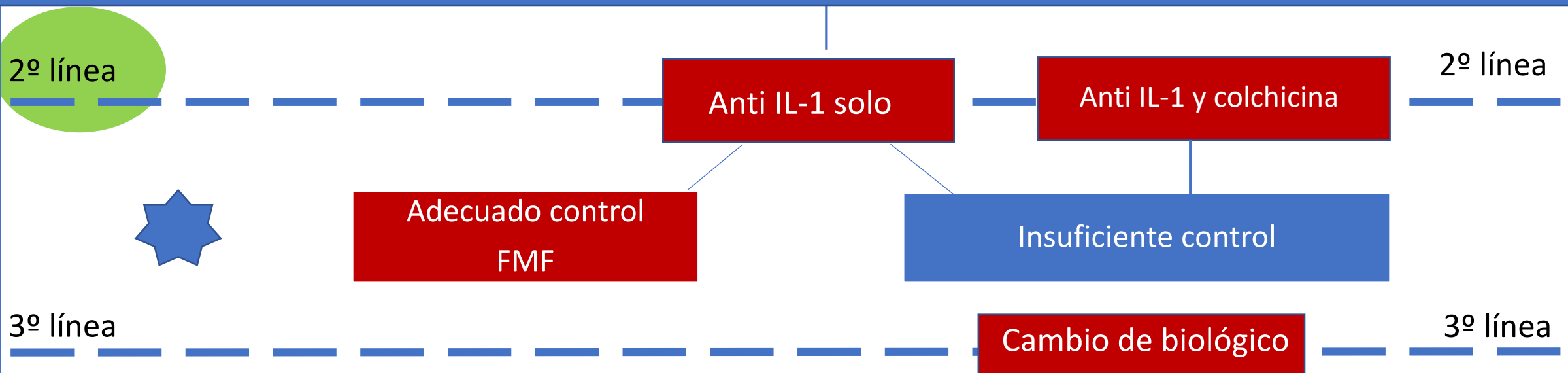
Calidad de vida y respuesta al tratamiento



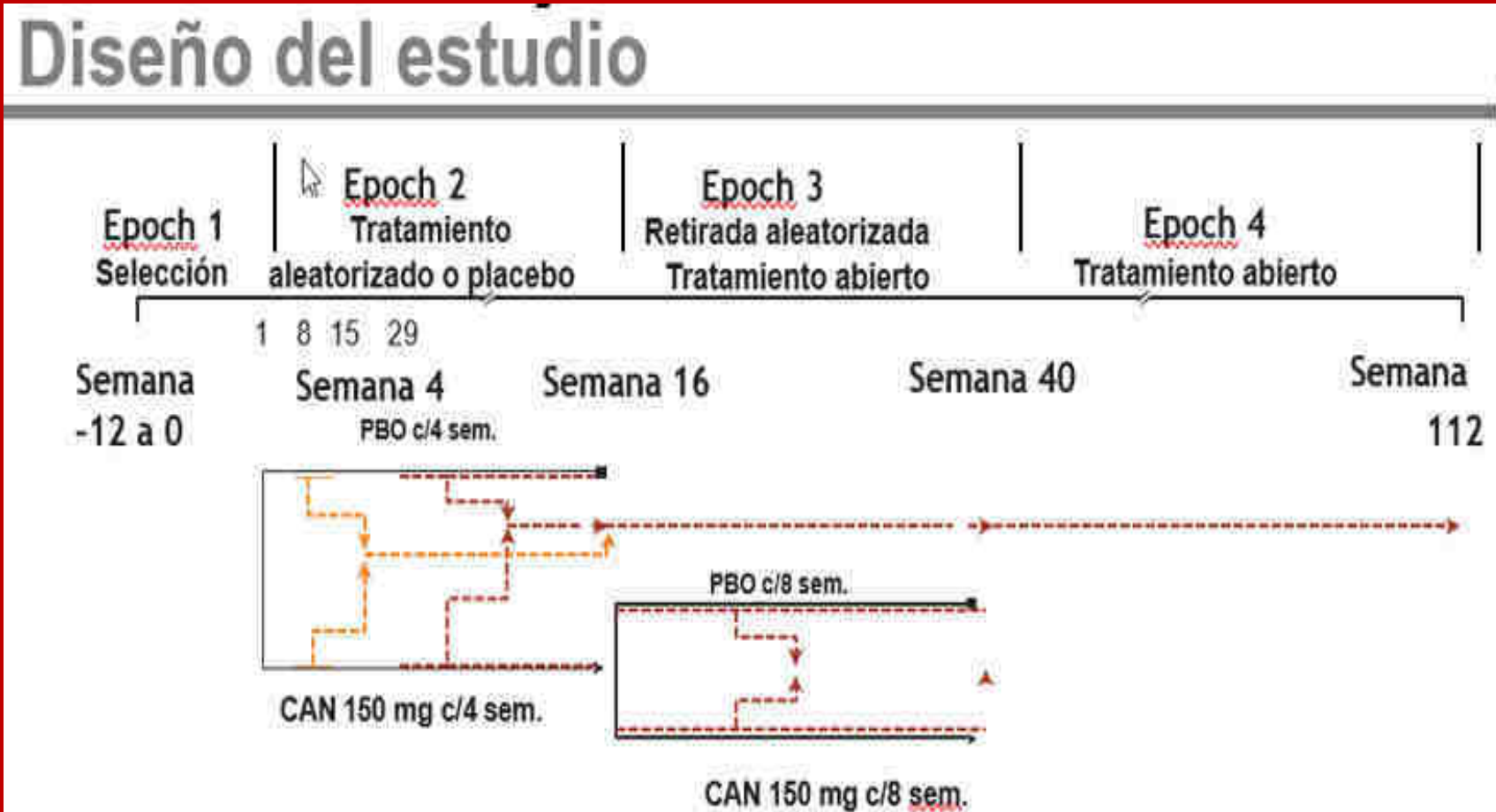
Conclusiones:

- Casi el 46% de los pacientes con FMF mostraron algún tipo de actividad de la enfermedad a pesar del tratamiento con colchicina
- En el 20% de los pacientes con actividad leve de la enfermedad, colchicina se administró de forma insuficiente
- La actividad de la enfermedad tiene una repercusión significativa en la calidad de vida, incluso en pacientes con una actividad de la enfermedad baja (<1 episodio/mes)

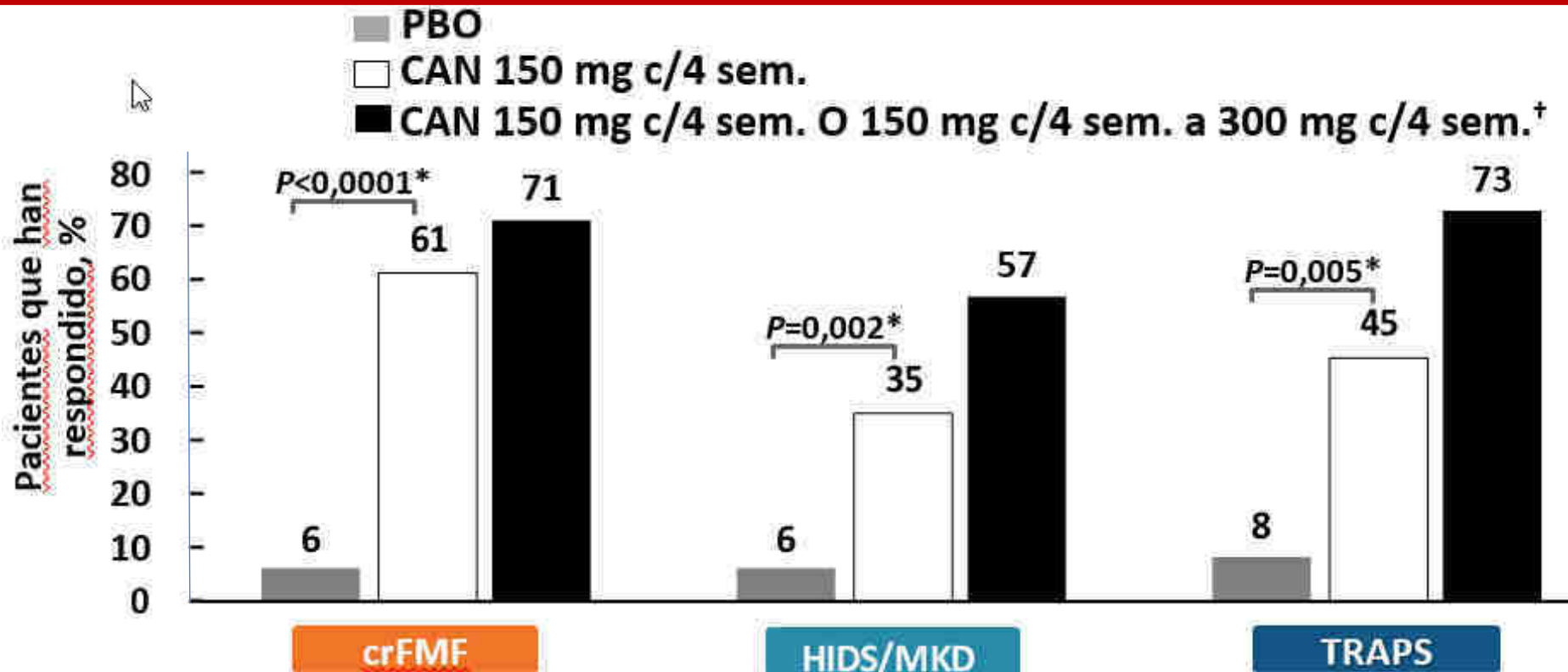
CANAKINUMAB



CLUSTER: canakinumab in recurrent fever syndromes: FMF, HIDS/MKD and TRAPS



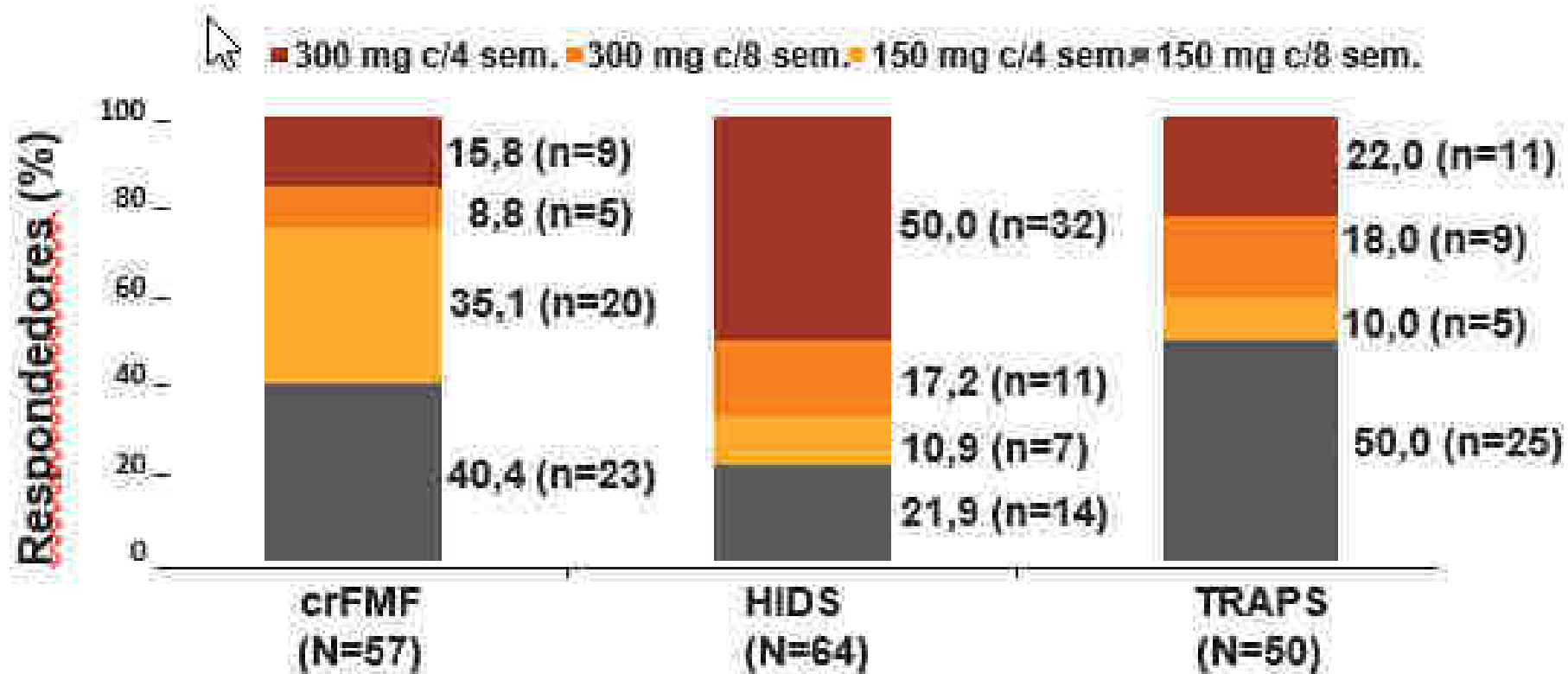
Resultado principal: Análisis post-hoc con inclusión de pacientes que aumentaron la dosis hasta 300 mg c/4 sem. antes del día 29



*Indica significación estadística (unilateral) al nivel de 0,025 según la prueba exacta de Fisher.

†Incluye a pacientes con un aumento de dosificación con ocultación de 150 mg a 300 mg c/4 sem. antes del día 29.
CAN, canakinumab; PBO, placebo; PGA, Evaluación global del médico; c/4 sem., cada 4 semanas

Proporción de pacientes que respondieron por dosis y mantuvieron el control óptimo de actividad de la enfermedad al final de Epoch 4



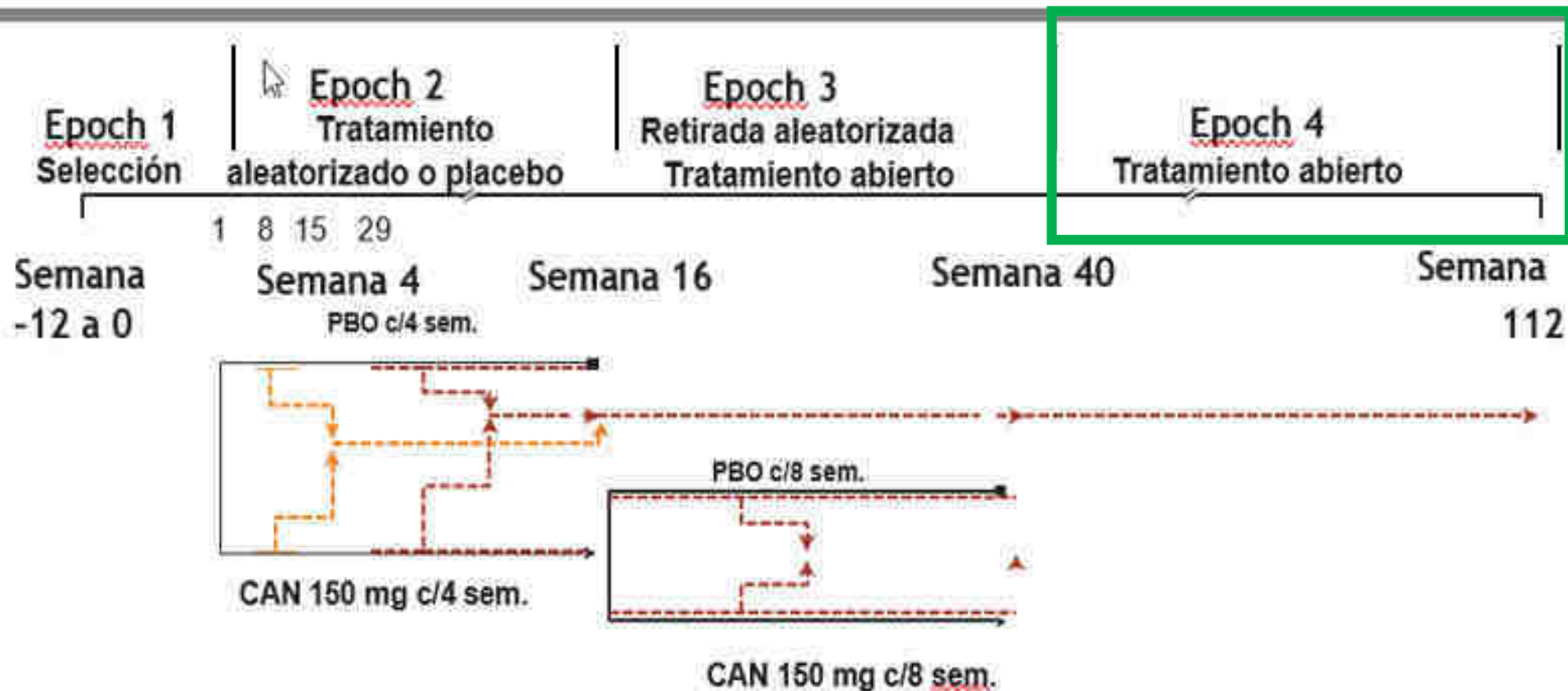
De Benedetti F et al. *N Engl J Med.* 2018;378:1908-1919

*Resolución del brote del índice el día 15, sin nuevos brotes de enfermedad durante 16 semanas de tratamiento.

N= número total de pacientes en la cohorte; n = número de pacientes que mantuvieron el control óptimo de la actividad de la enfermedad. c/4 sem., cada 4 semanas; c/8 sem., cada 8 semanas; TRAPS, síndrome periódico asociado al receptor del factor de necrosis tumoral

CLUSTER: canakinumab in recurrent fever syndromes: FMF, HIDS/MKD and TRAPS

Diseño del estudio



Características basales

Characteristics	Patients (N=60)
Median age, years (Q1, Q3)	18.0 (14.0, 29.5)
Female, n (%)	28 (46.7)
Median duration of disease, years (Q1, Q3)	13.8 (9.3, 24.2)
Median number of flares per year (Q1, Q3)	17.5 (12.0, 27.5)
Active disease at maximum colchicine dose, n (%)	59 (98.3)
CRP (mg/L), median (Q1, Q3)	102 (56.7, 202.6)
SAA (mg/L), median (Q1, Q3)	618 (265.5, 1266.0)
PGA score (disease activity), n (%)	None: 0; minimal: 0; mild: 9 (15.0); moderate: 34 (56.7); severe 17 (28.3)

Long-term efficacy and safety of canakinumab in patients with colchicine-resistant familial Mediterranean fever: results from the randomised phase III CLUSTER trial

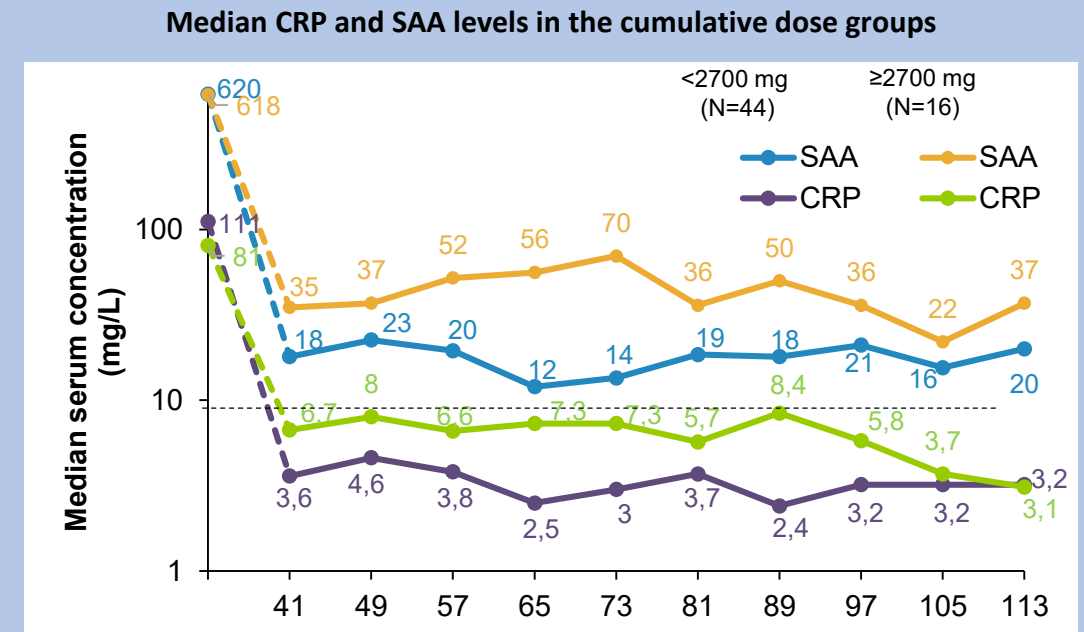
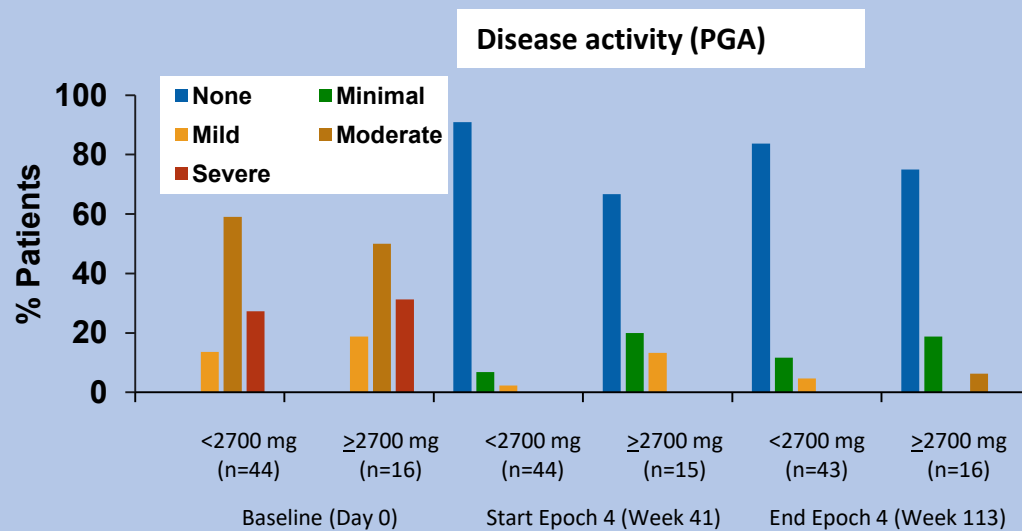
Seza Ozen ¹, Eldad Ben-Cherit,² Ivan Foeldvari,³ Gil Amarilyo ^{4,5}, Huri Ozdogan,¹ Steven Vanderschueren,⁷ Katherine Marzan,⁸ J Michelle Kahlenberg ⁹, Elise Dekker,¹⁰ Fabrizio De Benedetti,¹¹ Isabelle Koné-Paut ^{12,13}

Characteristics	Patients (N=60)
<i>MEFV</i> genotype, n (%)	
<i>M694V/M694V</i>	42 (70.0)
<i>M694V/M694I</i>	3 (5.0)
Other genotypes with mutations in exon 10	13 (21.7)
No mutations in exon 10	2 (3.3)
Prior use of biologics, n (%)	16 (26.7)
Anakinra	15 (25.0)

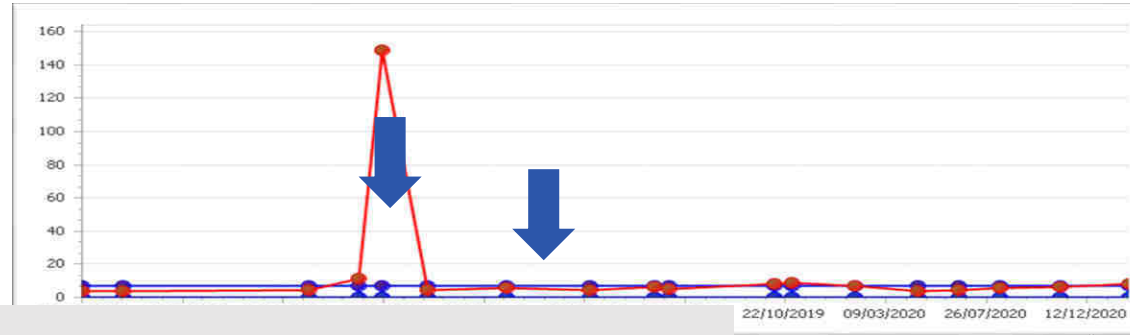
Actividad de la enfermedad a lo largo del tiempo

Durante el periodo de 72 semanas:

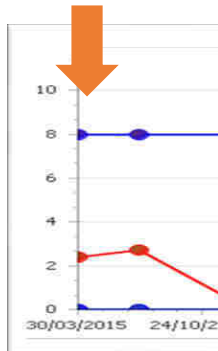
- La mayoría de los pacientes no tuvieron brotes (58%).
- Una minoría tuvieron entre 1 y 3 brotes (38% un brote, y dos pacientes comunicaron 2 y 3 brotes, respectivamente).
- La incidencia de brotes fue similar en ambos grupos de dosis acumuladas.
- Se normalizaron los parámetros clínicos de manera sostenida.
- Aparentemente, no existe ninguna asociación entre las infecciones graves, u otros AAG, y el aumento de las dosis acumuladas de canakinumab.



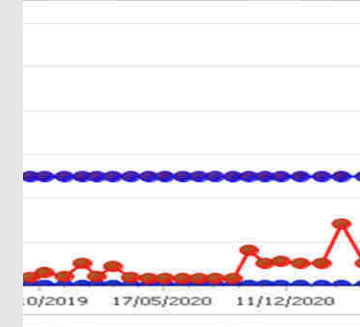
**Amiloide
sérico A**



PCR



**Mejoría de los
niveles séricos
después del
tratamiento con
canakinumab**

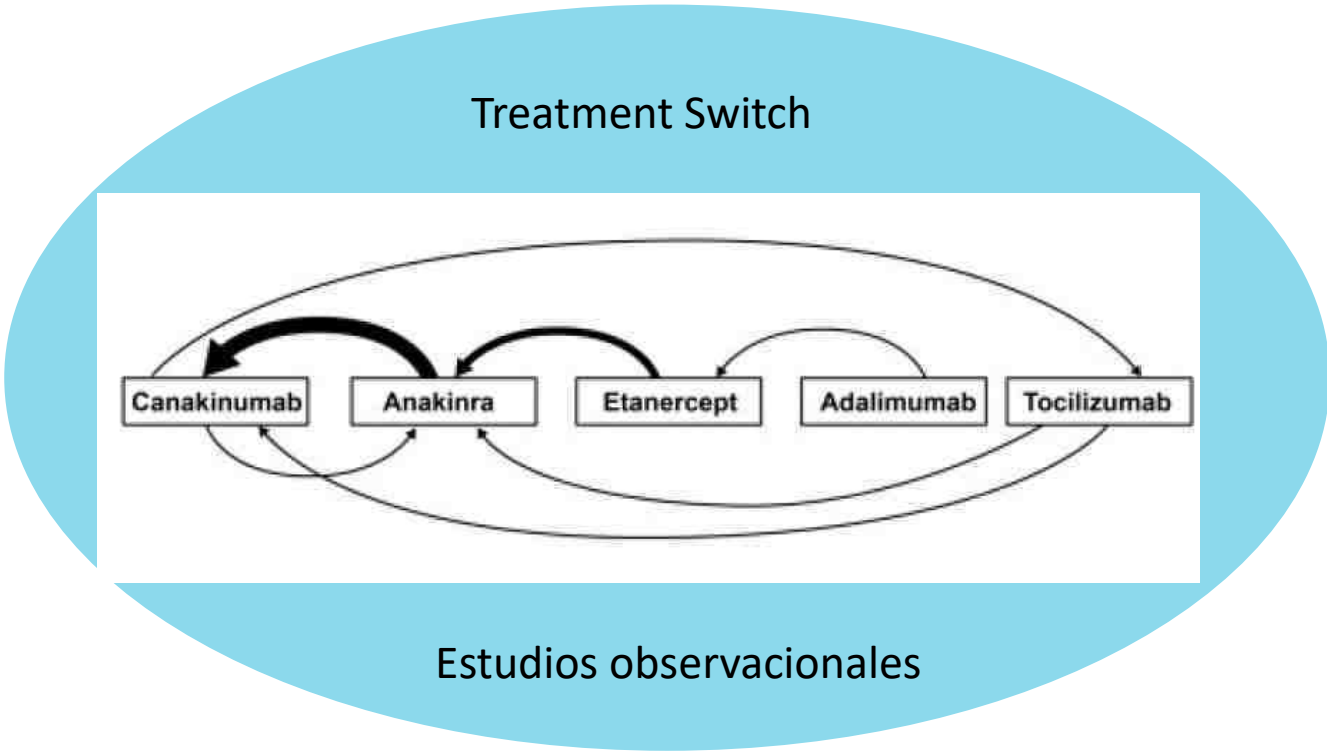
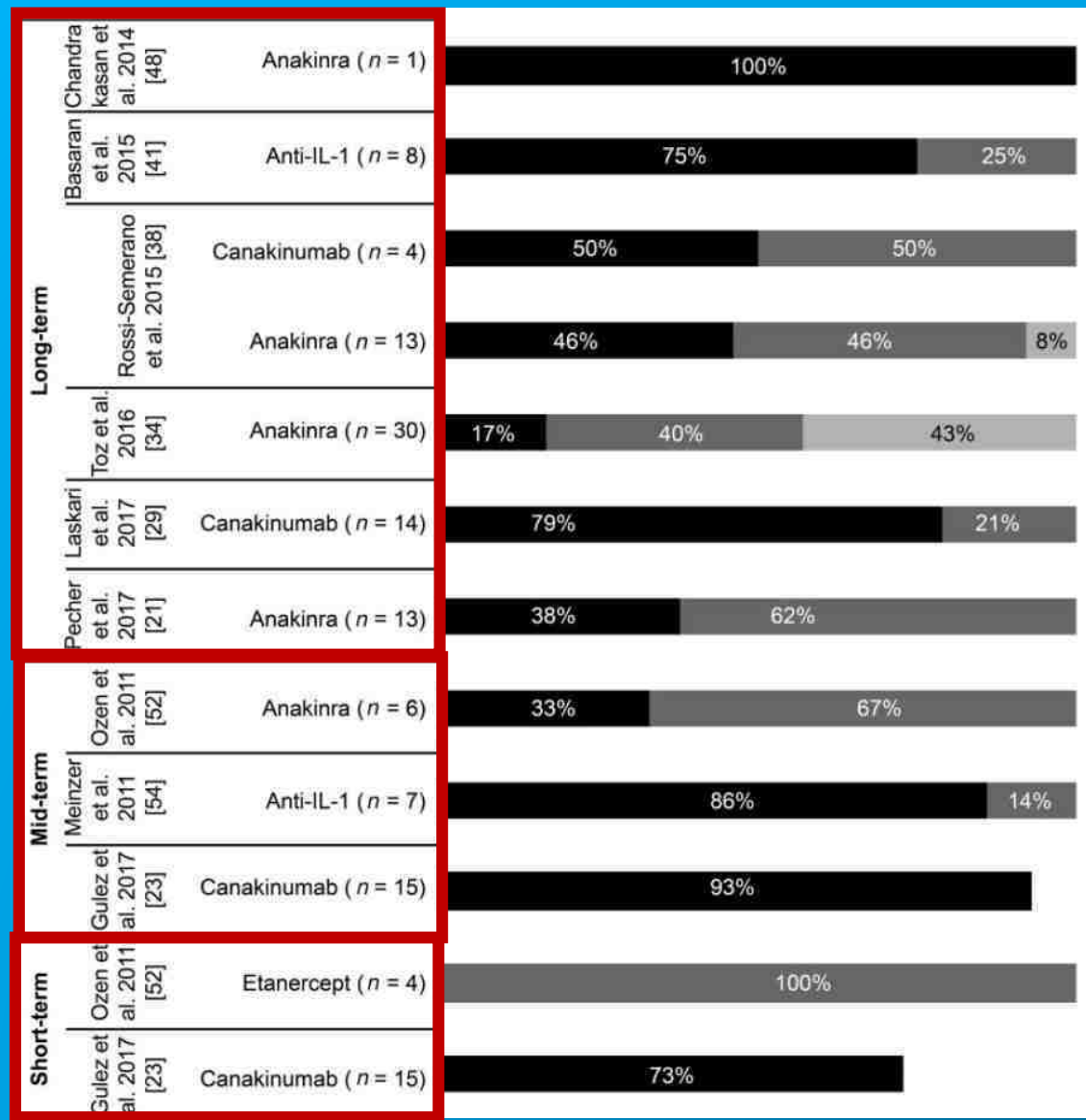


**Calprotectina
fecal**



 Inicio o aumento de colchicina
 Inicio o aumento de canakinumab

Estudios observacionales de fiebre mediterránea familiar a corto, medio y largo plazo



RHEUMATOLOGY
Rheumatology 2020;0:1–14
doi:10.1093/rheumatology/keaa205

Systematic Review and Meta Analysis

A systematic literature review of efficacy, effectiveness and safety of biologic therapies for treatment of familial Mediterranean fever

Jasmin B. Kuemmerle-Deschner¹, Raju Gautam², Aneesh T. George², Syed Raza², Kathleen G. Lomax³ and Peter Hur⁴



Terapia a demanda



Leve actividad enfermedad

Terapia continua →



Moderada actividad enfermedad

Considerar ajustes de dosis



Severa actividad enfermedad



frontiers
in Immunology

MINI REVIEW
published: 18 March 2021
doi: 10.3389/fimmu.2021.516427



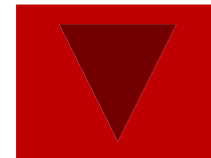
Management of Monogenic IL-1 Mediated Autoinflammatory Diseases in Childhood

Tatjana Welzel^{1,2}, Susanne M. Benseler³ and Jasmin B. Kuemmerle-Deschner^{1*}

¹ Autoinflammation Reference Center Tuebingen (arcT) and Division of Pediatric Rheumatology, Department of Pediatrics, University Hospital Tuebingen, Tuebingen, Germany, ² Pediatric Pharmacology and Pharmacometrics, University Children's Hospital Basel (UKBB), University Basel, Basel, Switzerland, ³ Rheumatology, Department of Pediatrics, Alberta Children's Hospital (ACH), ACH Research Institute, University of Calgary, Calgary, AB, Canada

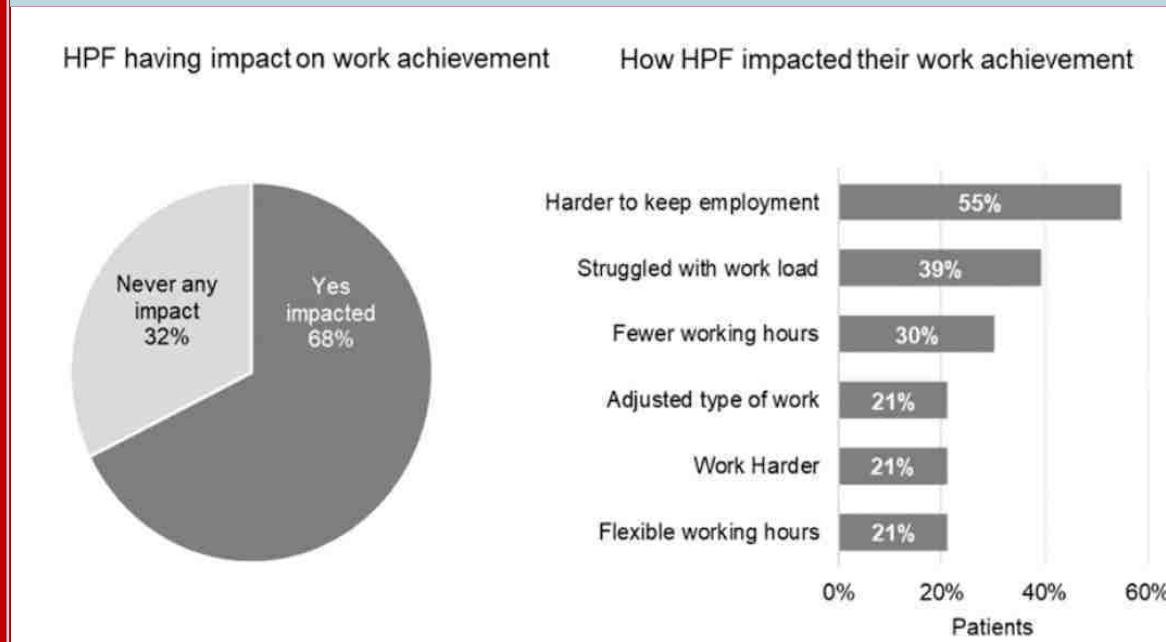


Calidad de vida



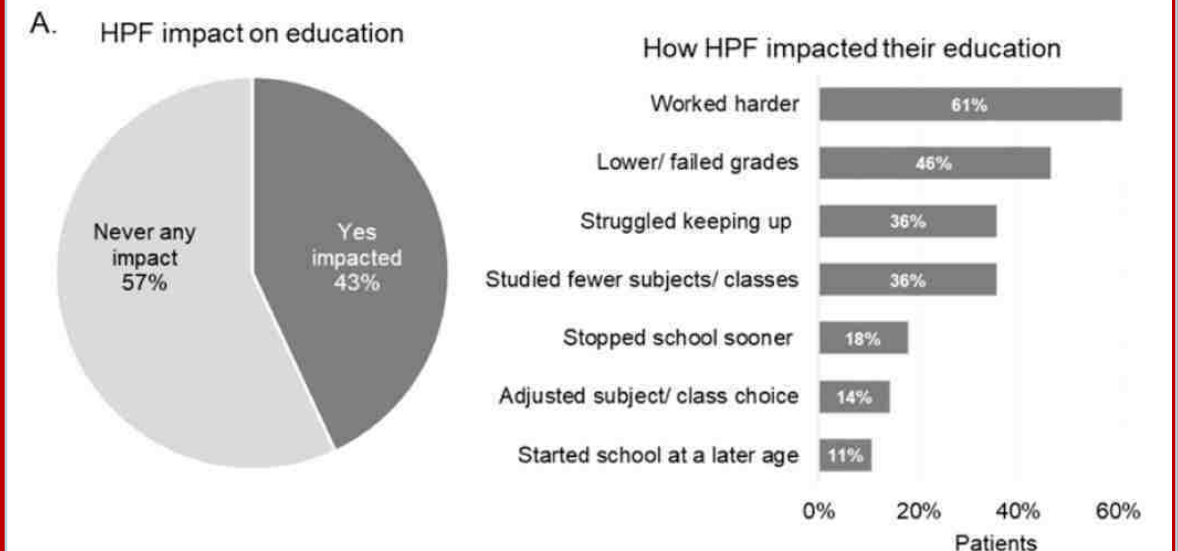
LA CALIDAD DE VIDA DE LOS PACIENTES QUE PADECEN SFP SE VE AFECTADA NEGATIVAMENTE – EDUCACIÓN Y TRABAJO

El impacto de los SHFP en el empleo de los pacientes¹



El impacto de los SHFP en la escolarización de los pacientes¹

HPF burden of illness study / J. Kümmerle-Deschner et al.



Evaluation of quality of life and its associations with clinical parameters in pediatric patients with familial Mediterranean fever

 Deniz Gezgin Yildirim,¹  Sevcan Azime Bakkaloglu,²  A. Sebnem Soysal Acar,³  Bulent Celik,⁴
 Necla Buyan²

FMF patients have significantly QoL

MODERN RHEUMATOLOGY
2018, VOL. 28, NO. 6, 1016–1020
<https://doi.org/10.1080/14397595.2018.1427459>

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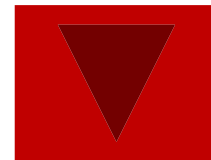
Fatigue in pediatric patients with familial Mediterranean fever

Semanur Özdel^a, Z. Birsin Özçakar^a, Nilgün Cakar^a, Fatma Aydın^a, Elif Çelikel^a, Atilla H. Elhan^b and Fatoş Yalçınkaya^a

^aDepartment of Pediatrics, Division of Pediatric Rheumatology, Ankara University School of Medicine, Ankara, Turkey; ^bDepartment of Biostatistics, Ankara University School of Medicine, Ankara, Turkey

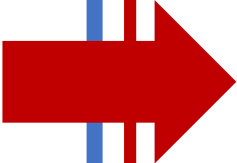


Comorbilidades

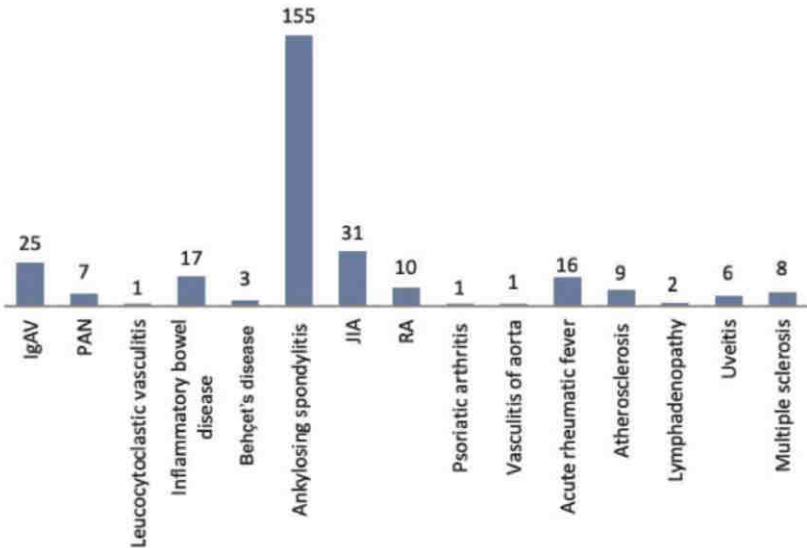


Comorbidities in familial Mediterranean fever: analysis of 2000 genetically confirmed patients

Banu Balcı-Peynircioğlu^{1,*}, Ümmüşen Kaya-Akça^{2,*}, Zehra Serap Arıcı², Edibe Avcı¹, Z. Yeliz Akkaya-Ulum¹, Ömer Karadağ³, Umut Kalyoncu³, Yelda Bilginer², Engin Yılmaz¹ and Seza Özen²



Comorbidities associated with FMF due to increased innate inflammation



2000 pacientes FMF



OBSERVATIONAL RESEARCH

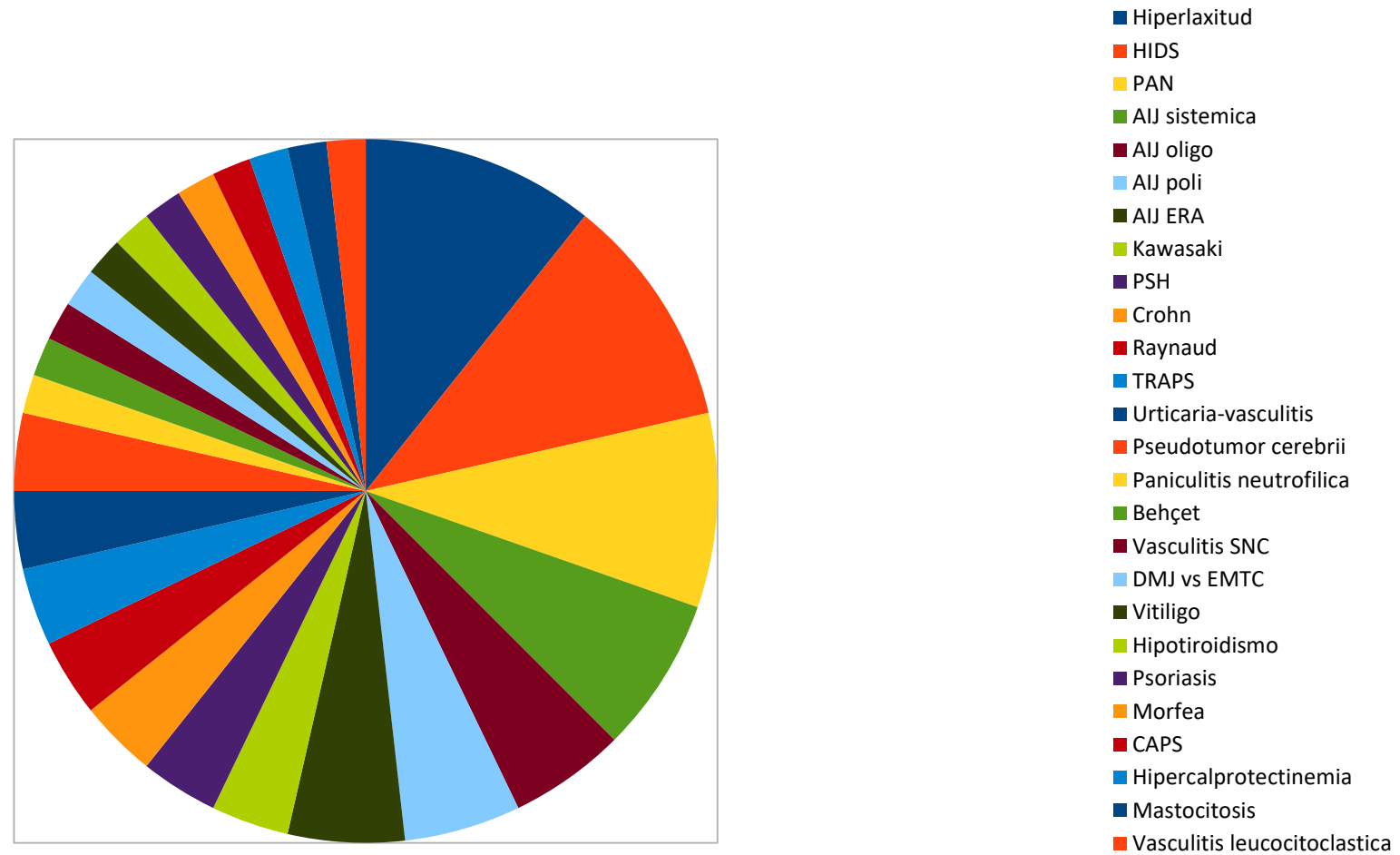
Comorbidities and phenotype–genotype correlation in children with familial Mediterranean fever

Nuray Aktay Ayaz¹ · Ayşe Tanatar¹ · Şerife Gül Karadağ² · Mustafa Çakan³ · Gonca Keskindemirci⁴ · Hafize Emine Sönmez²



Comorbid diseases	n (%)	MEFV mutations	n (%)
Juvenile idiopathic arthritis	63 (53.3%)	M694V/M694V	49 (41.5%)
Immunoglobulin A vasculitis	35 (29.6%)	M694V/-	14 (11.8%)
Hashimoto thyroiditis	8 (6.7%)	M694V/M680I	10 (8.4%)
Inflammatory bowel disease	4 (3.3%)	M694V/V726A	8 (6.8%)
Psoriasis	3 (2.5%)	M694V/E148Q	2 (1.7%)
Nutcracker syndrome	3 (2.5%)	M694V/R761H	2 (1.7%)
Juvenile SLE	2 (1.7%)	M680I/V726A	6 (5.1%)
Immune thrombocytopenic purpura	2 (1.7%)	M680I/-	8 (6.7%)
Behçet's disease	1 (0.9%)	M680I/E148Q	4 (3.3%)
Polyarteritis nodosa	1 (0.9%)	V726A/E148Q	5 (4.3%)
Pan-hypopituitarism	1 (0.9%)	V726A/-	3 (2.5%)
Addison's disease	1 (0.9%)	E148Q/-	5 (4.3%)
Type 1 diabetes mellitus	1 (0.9%)	E148Q/E148Q	1 (0.9%)
Congenital adrenal hyperplasia	1 (0.9%)	A744S/-	1 (0.9%)
Diffuse proliferative glomerulonephritis	1 (0.9%)		
TINU	1 (0.9%)		

110 PACIENTES CON MUTACIONES FMF



- Enfermedades poco frecuentes donde el diagnóstico precoz implica conocer sus manifestaciones clínicas y complicaciones.
- La asociación de estos genes con enfermedades multifactoriales es posible, por lo tanto conocer el fenotipo es de gran importancia.
- Conceptos claves como la resistencia a la colchicina y la indicación de IL-1 serán relevantes en el manejo de estas enfermedades.
- Actividad de enfermedad y calidad de vida también serán puntos a considerar en el tratamiento.



GRACIAS

PACIENTES

FAMILIAS

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