

Enfermedades neurodegenerativas en el adulto joven

**IV JORNADES DE L' ESTRATÈGIA DE MALALTIES NEURODEGENERATIVES DE
LES ILLES BALEARS**

15 de desembre de 2023

Guillermo Amer Ferrer. Servicio de Neurología. HUSE



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Enfermedad neurodegenerativa de inicio presenil/temprano/adulto joven
< 65 años de edad

Algunos ejemplos

- Parálisis supranuclear progresiva
- Enfermedad de Parkinson
- Atrofia multisistémica
- Ataxias
 - Genéticas (AD, AR, ligada al X, mitocondrial)
 - Esporádicas
- Enfermedad de Huntington
- Enfermedad de motoneurona
- Demencia en el adulto joven
 - Enfermedad de Alzheimer
 - Degeneración fronto-temporal
 - Demencia con cuerpos de Lewy

Presentación clínica

- Similar al anciano
- Diferentes a las del anciano.

Journal of Neurology (2023) 270:6103–6112
<https://doi.org/10.1007/s00415-023-11976-9>

ORIGINAL COMMUNICATION

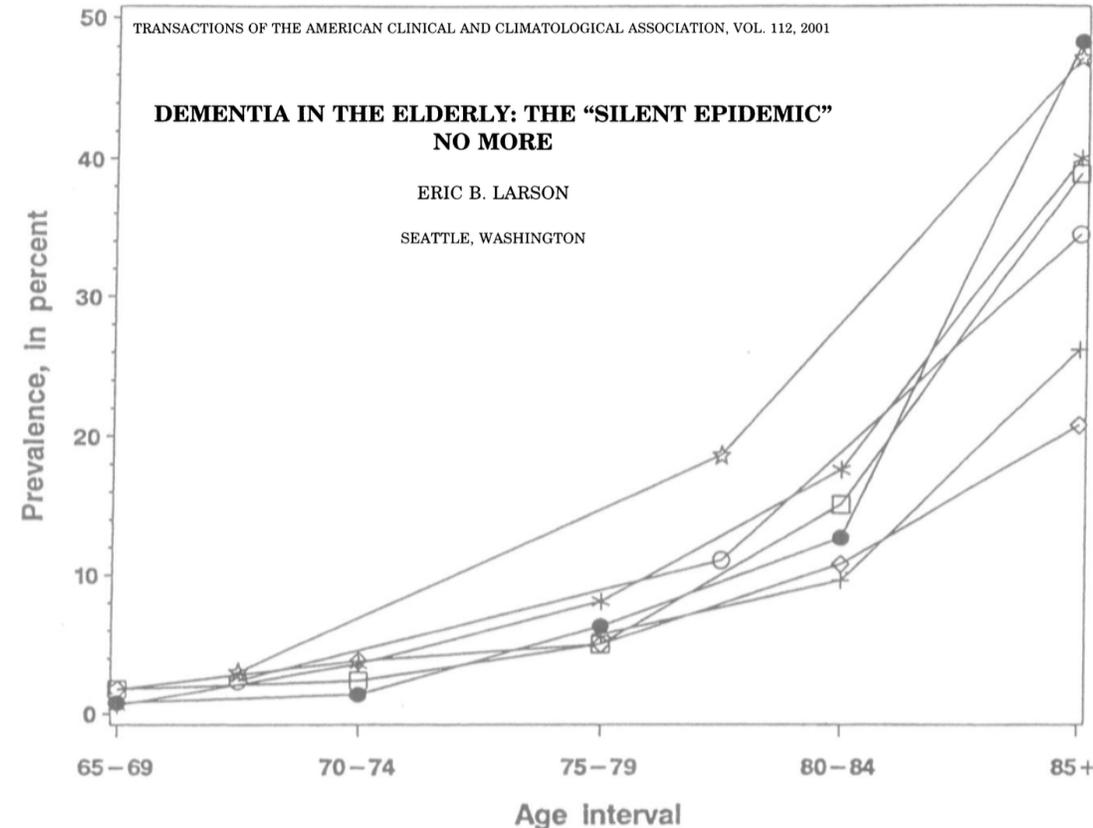
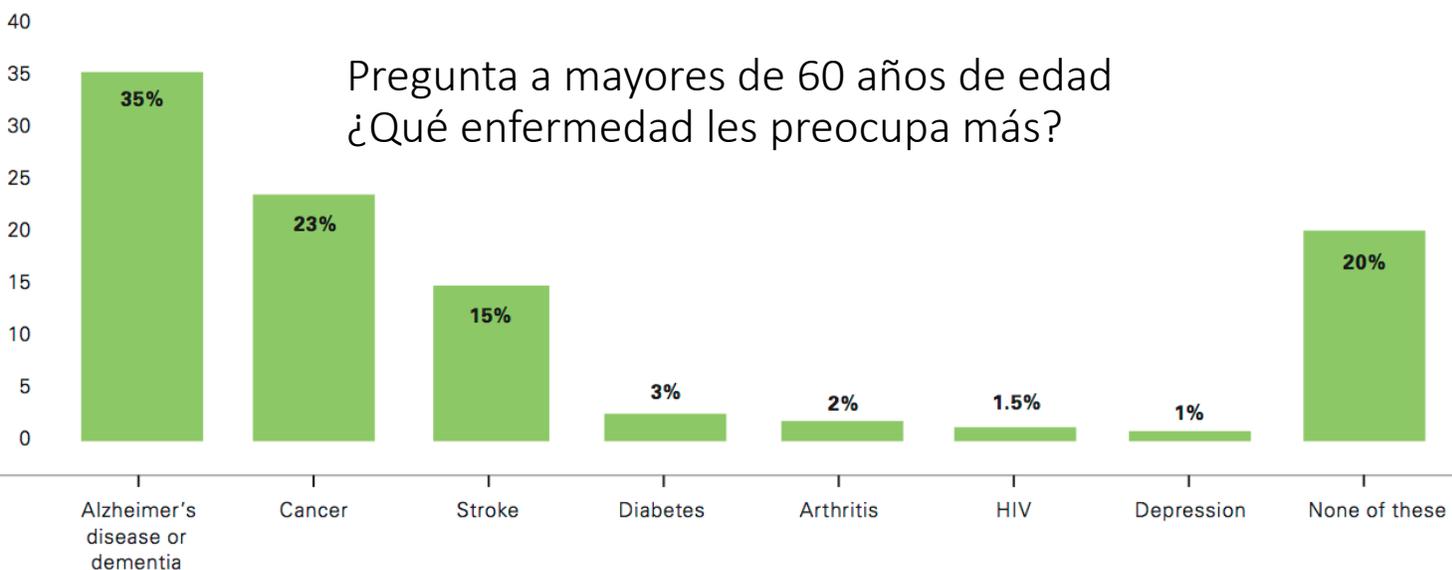


Investigating differences in young- and late-onset progressive supranuclear palsy

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Demencia

- Proceso patológico
 - Heterogéneo: Demencias
 - Distinto del envejecimiento
 - La demencia no es inherente al envejecimiento
 - La edad aumenta el riesgo de demencia
- Carácter epidémico de las demencias
 - Envejecimiento progresivo de la población



Deterioro cognitivo en el adulto joven

- Impacto en el enfermo y su entorno aún mayor que en el anciano
 - Mayor repercusión económica (fracaso en actividad laboral)
 - Mayor repercusión psicológica en el paciente
 - Mayor repercusión familiar
 - Posibilidad de hijos todavía dependientes de los padres
 - Cambio en la relación de pareja
 - Cambio de rol de cada uno de los componentes de la familia, más marcado que en el paciente anciano
 - Mayor repercusión en el entorno social
 - Deterioro de las relaciones sociales del paciente y su núcleo familiar
 - riesgo de aislamiento social
 - Implicación de otros familiares, amigos, vecinos en el cuidado y apoyo al enfermo y su familia
 - Mayor necesidad de apoyo económico
 - Directo para el cuidado del paciente
 - Indirecto por la pérdida en la capacidad económica de su núcleo familiar
 - Necesidad de recursos específicos para tratamiento no farmacológico
 - Psicología clínica (apoyo psicológico similar al ofrecido por psico-oncología p.e.)
 - Entrenamiento cognitivo
 - Terapia ocupacional
 - Fisioterapia
 - Mayor repercusión legal
 - Mayor dificultad para encontrar el equilibrio entre el principio de autonomía y el principio de beneficencia

Deterioro cognitivo en el adulto joven

- Epidemiología
 - Prevalencia de 40 – 119/100.000 habitantes
 - Causa neurodegenerativa \approx 50 %
 - Enfermedad de Alzheimer: representa \approx 5 % de todos los pacientes con EA
 - Demencia frontotemporal
 - Demencia con cuerpos de Lewy
- Abordaje clínico diferente al del anciano
 - El diagnóstico diferencial es más amplio
 - A menudo precisa de más pruebas complementarias
 - Hay que considerar enfermedades frecuentes y raras

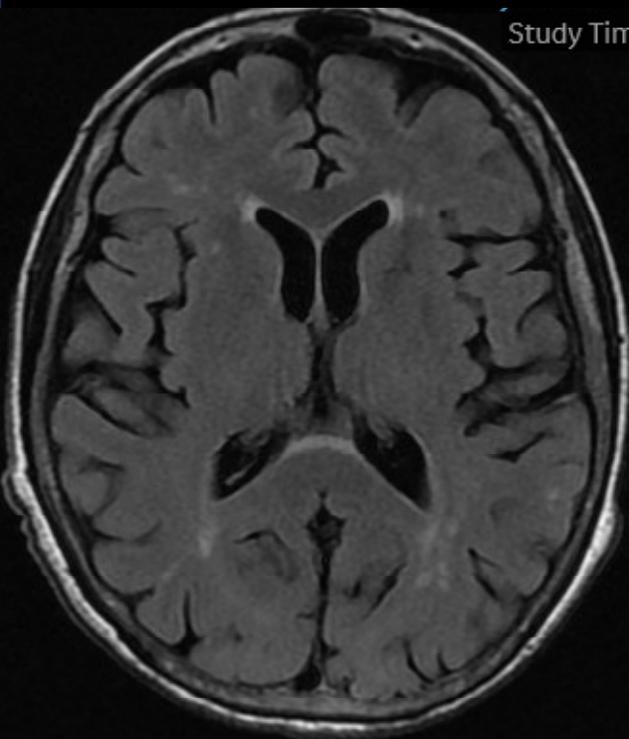
Deterioro cognitivo en el adulto joven

Diagnóstico Diferencial (algunos ejemplos)

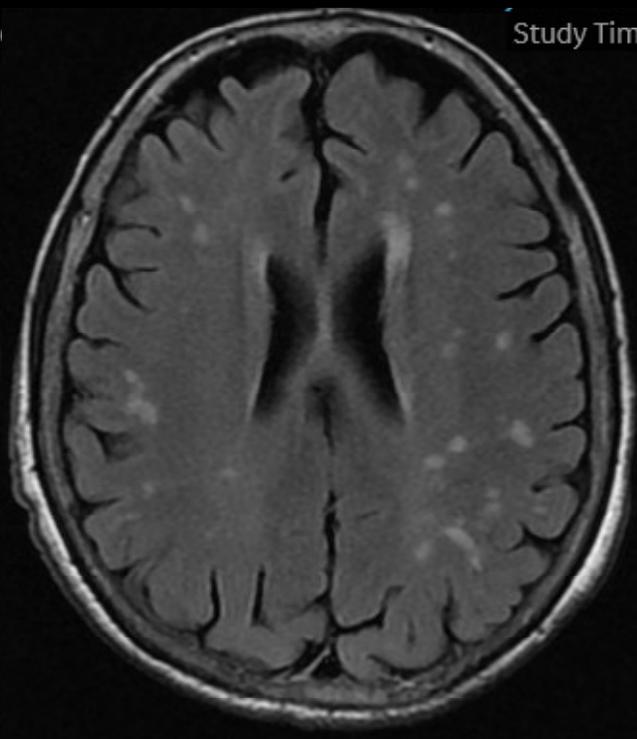
- Enfermedad cerebral vascular
 - Asociada a factores de riesgo cerebrovascular
 - Angiopatía amiloide, asociada o no a E. de Alzheimer
 - Vasculitis (cerebral primaria o sistémica)
 - Genética (CADASIL, CARASIL, ...)
- Infecciones
 - Enfermedades por priones
 - Enfermedades por virus
 - Trastorno neurocognitivo asociado VIH
 - Encefalitis herpética
 - Leucoencefalopatía multifocal progresiva
 - Enfermedades por bacterias
 - Tuberculosis
 - Neurosífilis
 - Enfermedad de Whipple
- Enfermedades inflamatorias autoinmunes
 - Esclerosis Múltiple
 - Encefalitis autoinmune
- Enfermedades metabólicas
 - Enfermedades mitocondriales
 - Leucodistrofias
 - Lipofuscinosis ceroides neuronal del adulto
 - Enfermedad de Wilson
- Enfermedades psiquiátricas
 - Depresión primaria
 - Trastorno bipolar
 - Trastorno obsesivo compulsivo
 - Trastorno del espectro autista
 - Trastorno de personalidad
- Otros
 - Encefalopatía crónica asociada a TCE
 - Abuso de alcohol
 - Hidrocefalia crónica del adulto
 - Síndrome frontotemporal asociado a hundimiento cerebral
 - Síndrome de apnea-hipoapnea del sueño
 - Trastorno por déficit de atención
 - Trastorno de aprendizaje

Angiopatía Amiloide

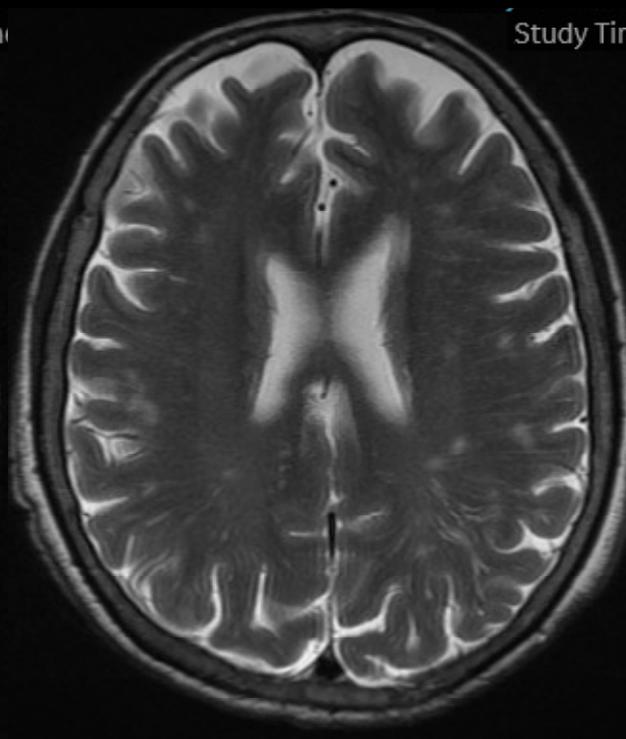
Ausencia de lesiones basales



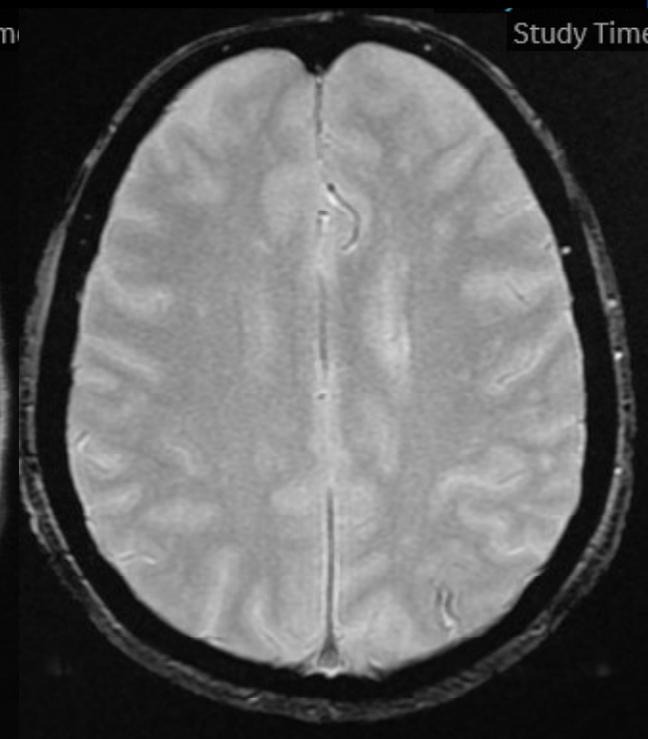
Patrón salpicado ("multispot")



Espacios perivascularres dilatados



Hemosiderosis cortical



Deterioro cognitivo en el adulto joven

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Psychiatric Screening Measures in Behavioral Variant Frontotemporal Dementia

Peter S. Pressman, M.D., Joie Molden, Ph.D., Hal S. Wortzel, M.D., Evan Plys, Ph.D., Jonathan H. Woodcock, M.D., Christopher M. Filley, M.D., David B. Arciniegas, M.D.

Objective: Behavioral variant frontotemporal dementia (bvFTD) is sometimes misdiagnosed as a primary psychiatric disorder, such as major depressive disorder, bipolar disorder, an anxiety disorder, autism spectrum disorder (ASD), or attention-deficit hyperactivity disorder (ADHD). Nonspecialists often use screening measures for primary psychiatric disorders in early assessments of persons with bvFTD. The investigators aimed to evaluate the manifestations of bvFTD in surveys intended to screen for primary psychiatric disorders.

Methods: Patients with bvFTD (N=27) presenting to an academic neurobehavior specialty clinic and their caregivers were provided questionnaire packets including the Mood Disorder Questionnaire (MDQ), the Patient Health Questionnaire-9 (PHQ-9), the Generalized Anxiety Disorder-7 scale (GAD-7), the Adult ADHD Self-Report Scale, version 1.1, the Ritvo Autism and Asperger Diagnostic Scale, and the Neuropsychiatric Inventory Questionnaire. Established cutoff scores suggesting the presence of a primary psychiatric disorder were used to define a "positive"

response. Individual questions from each screening questionnaire were examined for a more granular characterization of bvFTD.

Results: Overall, 15% of bvFTD patients screened positive for bipolar disorder, 54% screened positive for ADHD, and 89% screened positive for ASD. Hyperactivity or hypersensitivity symptoms were infrequently endorsed. In addition, 57% of respondents screened positive for depressive symptoms on the PHQ-9, and 43% screened positive for anxiety symptoms on the GAD-7.

Conclusions: The use of cutoff scores on screening measures for primary psychiatric disorders resulted in potentially problematic positive screens of primary psychiatric disorders among persons with bvFTD. Identifying specific questions that distinguish between bvFTD and primary psychiatric disorders requires further study.

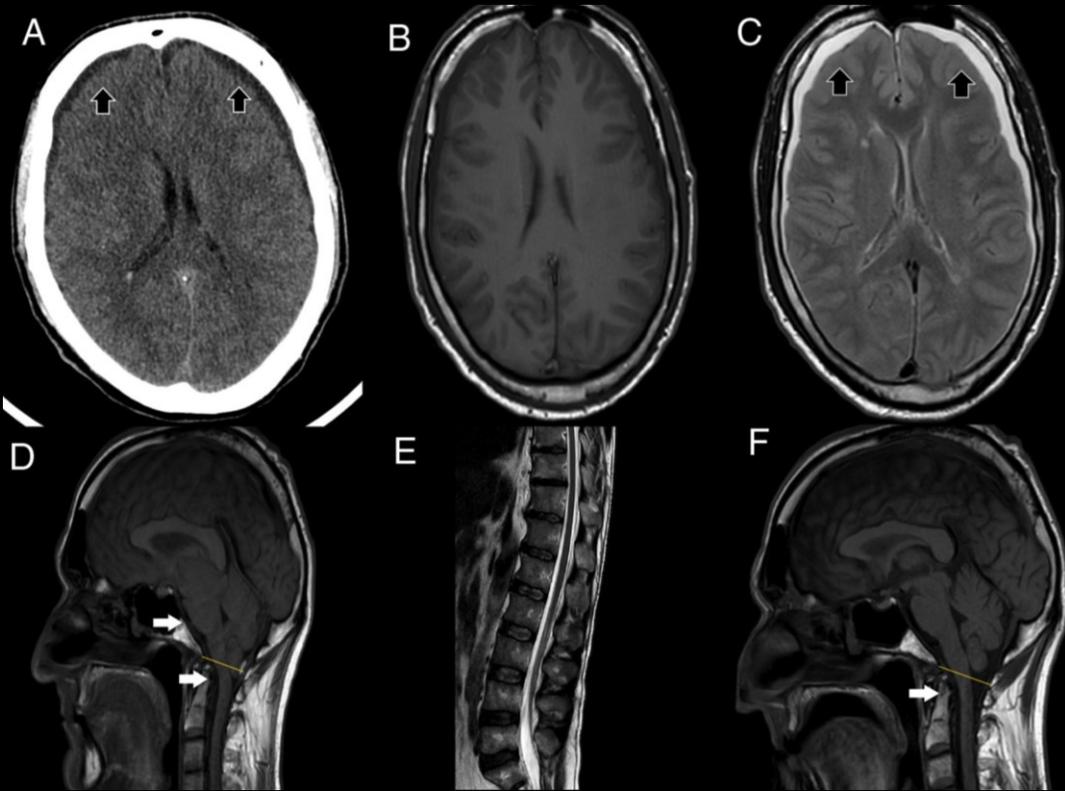
T Bipolar	15%
TDAH	54%
TEA	89%
Dep	57%
Ansiedad	43%

Deterioro cognitivo en el adulto joven

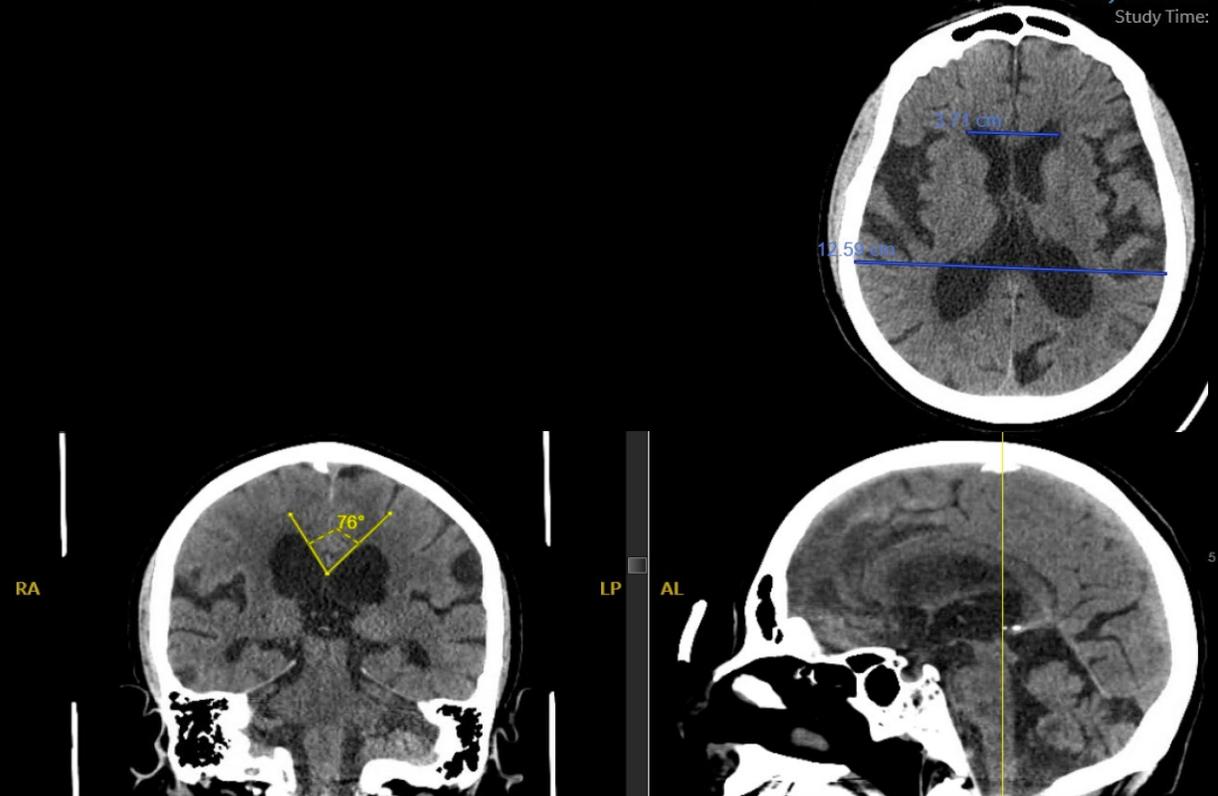
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 - Asociada a factores de riesgo cerebrovascular
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Síndrome de hundimiento cerebral



Hidrocefalia crónica del adulto



Dominguez, D. L., et al. (2023). *Neurologia (Engl Ed)* **38**(3): 221-223

Deterioro cognitivo en el adulto joven

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- Enfermedad cerebral vascular
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Avances en el conocimiento de la historia natural de las demencias (ejemplo E. Alzheimer)

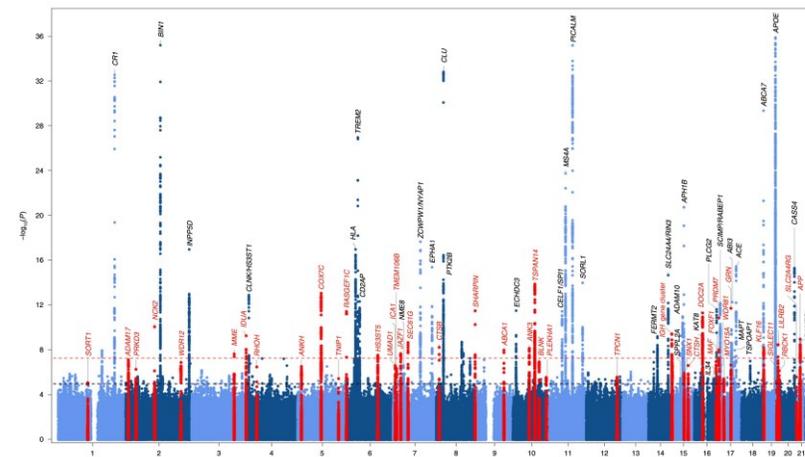
- Demencia (síntomas y signos con repercusión funcional)
 - Forma típica (inicio amnésico seguido s. afaso-apraxo-agnósico)
 - Formas atípicas
 - Variante de predominio amnésico (límbico)
 - Variante frontal
 - Variante APP logopénica
 - Variante posterior (visuoperceptiva)
 - Variante cortico-basal
 - Curso clínico con evolución más rápida en el adulto joven
- Deterioro cognitivo Leve (síntomas y signos sin repercusión funcional)
 - Amnésico
 - No amnésico
- Declinar cognitivo subjetivo (Síntomas sin signos ni repercusión funcional)

Etiología EA adulto joven

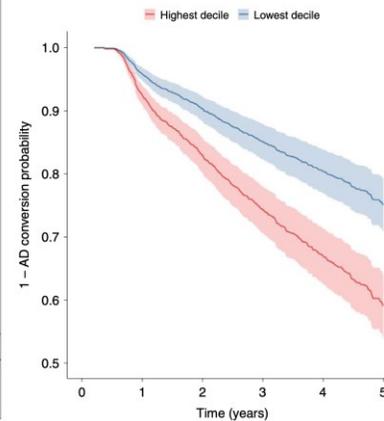
- Esporádica: > 90 %
 - Poligénica (riesgo)
- HAD monogénica: 1 - 6 %
 - Mutaciones gen Presenilina 1: \approx 50 %
 - Mutaciones gen Presenilina 2: < 2%
 - Mutaciones gen APP: \approx 15 %
 - Mutaciones en otros genes: \approx 33%
- Trisomía 21 (Síndrome de Down)



OPEN New insights into the genetic etiology of Alzheimer's disease and related dementias



Puntuación de riesgo genético
(83 variantes significativas, excluida APOE)



Bellenguez, C., et al. (2022). *Nat Genet* 54(4): 412-436.

Longitudinal clinical, cognitive, and biomarker profiles in dominantly inherited versus sporadic early-onset Alzheimer's disease.

STUDY POPULATION

Early Onset Alzheimer's Disease (EOAD):

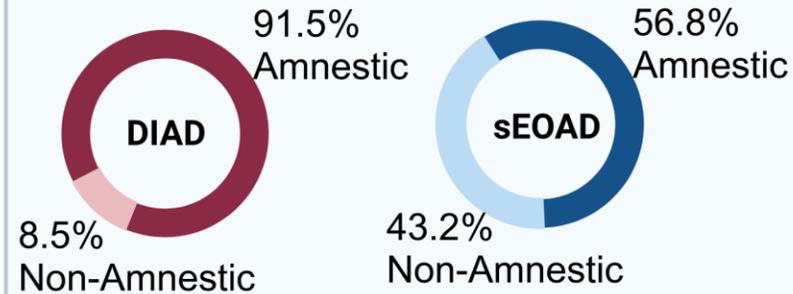


ASSESSMENTS/OUTCOMES

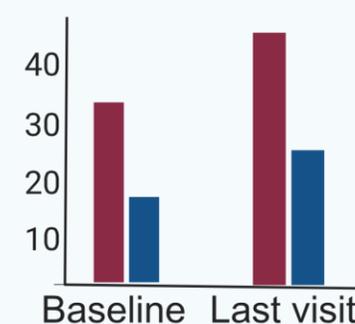


FINDINGS

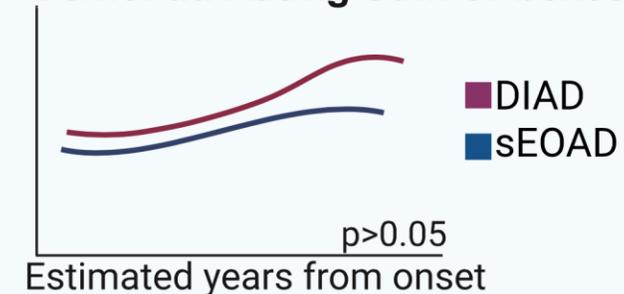
A Baseline Clinical presentation



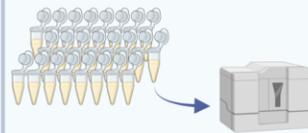
B Motor symptoms (%)



C Rate of change Clinical Dementia Rating Sum of boxes



D CSF biomarker levels DIAD vs sEOAD.

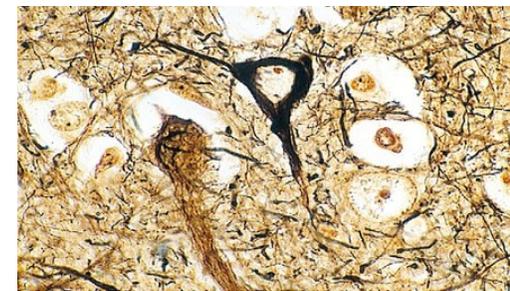
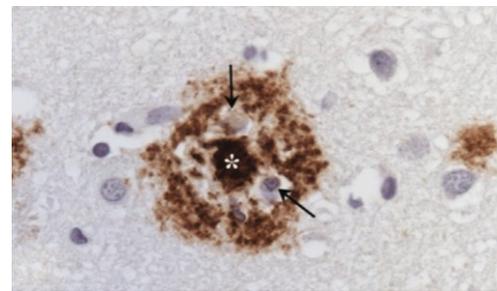
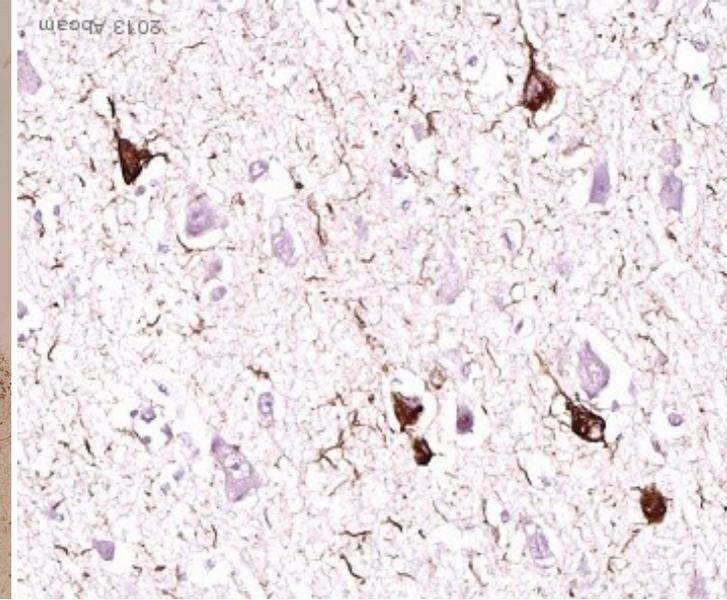
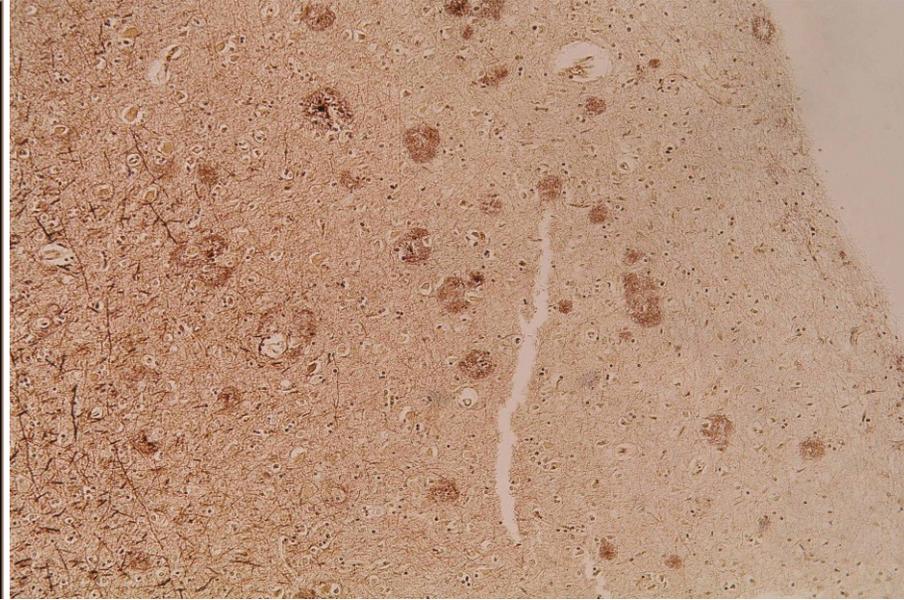


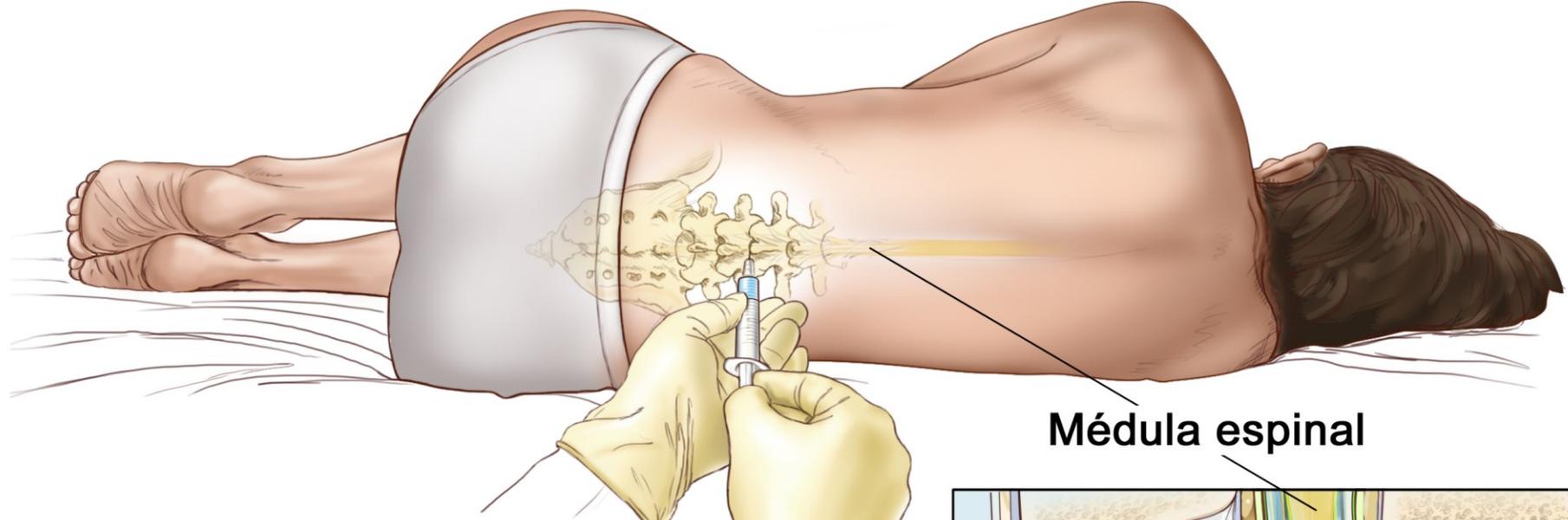
1. No significant differences in CSF amyloid β 42 levels ($p=0.06$).
2. CSF phosphorylated at threonine 181 levels were higher in the DIAD cohort ($p=0.01$).
3. No significant differences in CSF total tau levels ($p=0.35$).

CONCLUSIONS

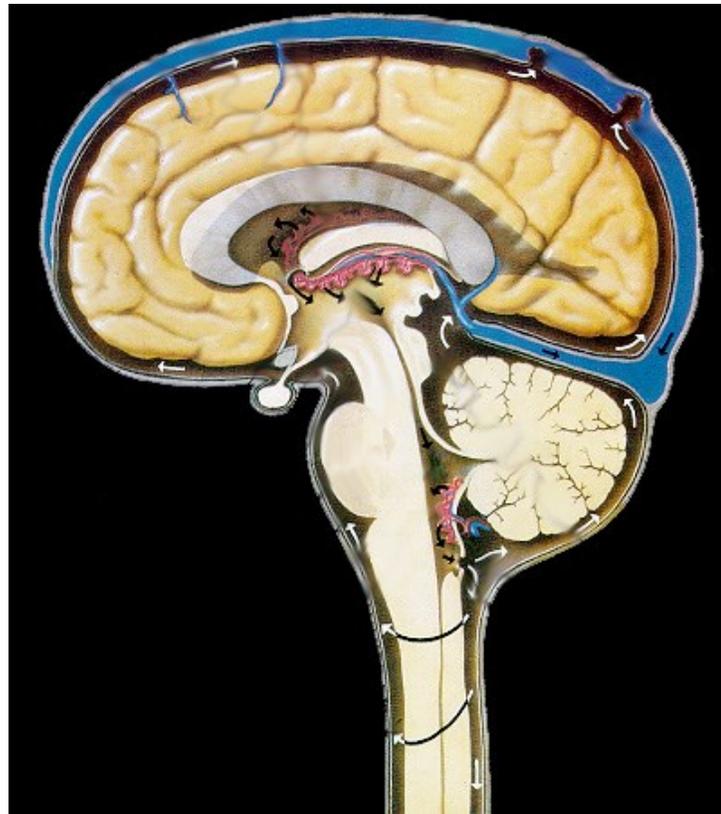
Sporadic and inherited EOAD differed in baseline profiles, sEOAD is best distinguished from DIAD by the later age at onset, the high frequency of atypical clinical presentations and worse executive performance at baseline. Longitudinal clinical decline in early stages is similar across both groups.

Neuropatología de la EA



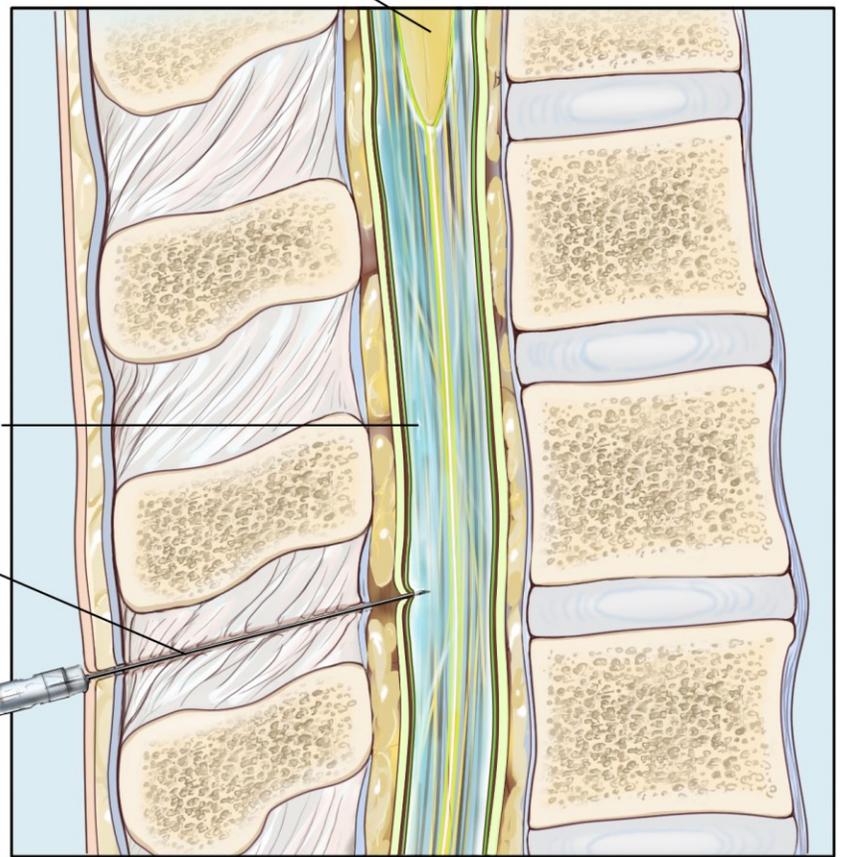


Médula espinal

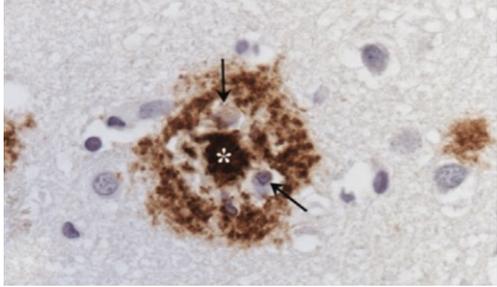


cefalorraquídeo

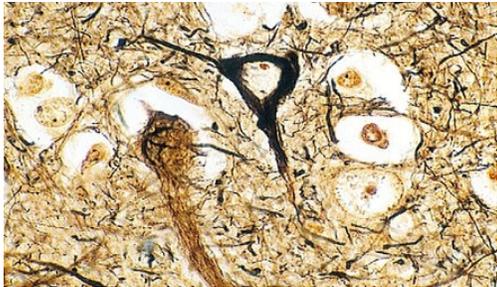
Aguja espinal



Biomarcadores EA en LCR



- Beta-amiloide (patología amiloide)
 - $A\beta_{1-42}$
 - Cociente $A\beta_{1-42}/A\beta_{1-40}$ (compensa variabilidad interindividual)



- Tau
 - Tau-p (degeneración neurofibrilar)
 - Tau-total (neurodegeneración)

Cerebrospinal Fluid Tau and β -Amyloid 42 Proteins Identify Alzheimer Disease in Subjects With Mild Cognitive Impairment

M. Riemenschneider, MD; N. Lautenschlager, MD; S. Wagenpfeil, PhD; J. Diehl, MD; A. Drzezga, MD; A. Kurz, MD
Arch Neurol. 2002;59:1729-1734

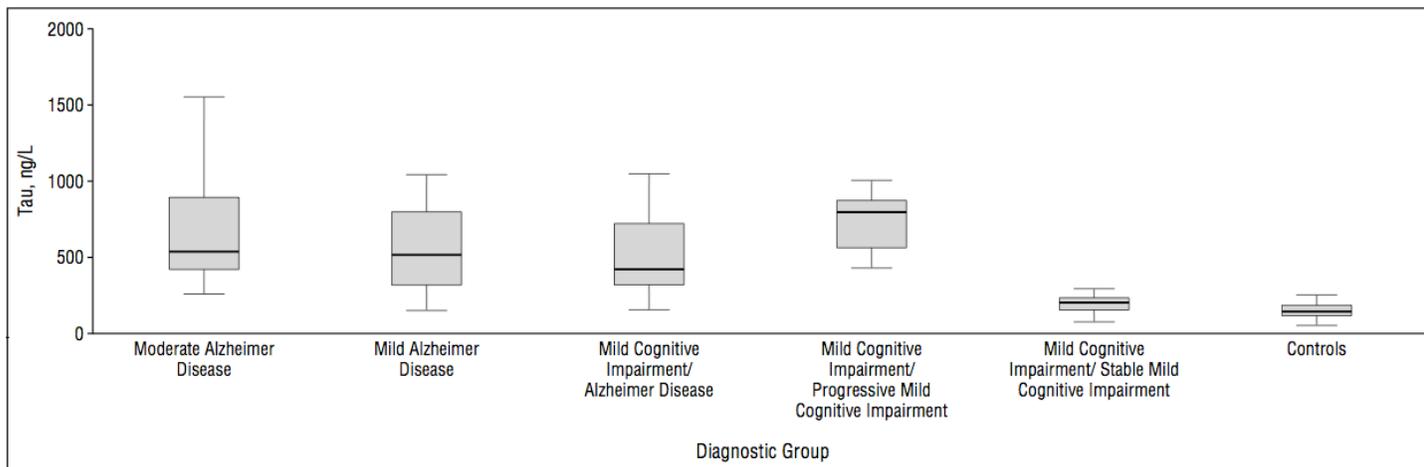


Figure 1. Cerebrospinal fluid tau level by diagnostic group.

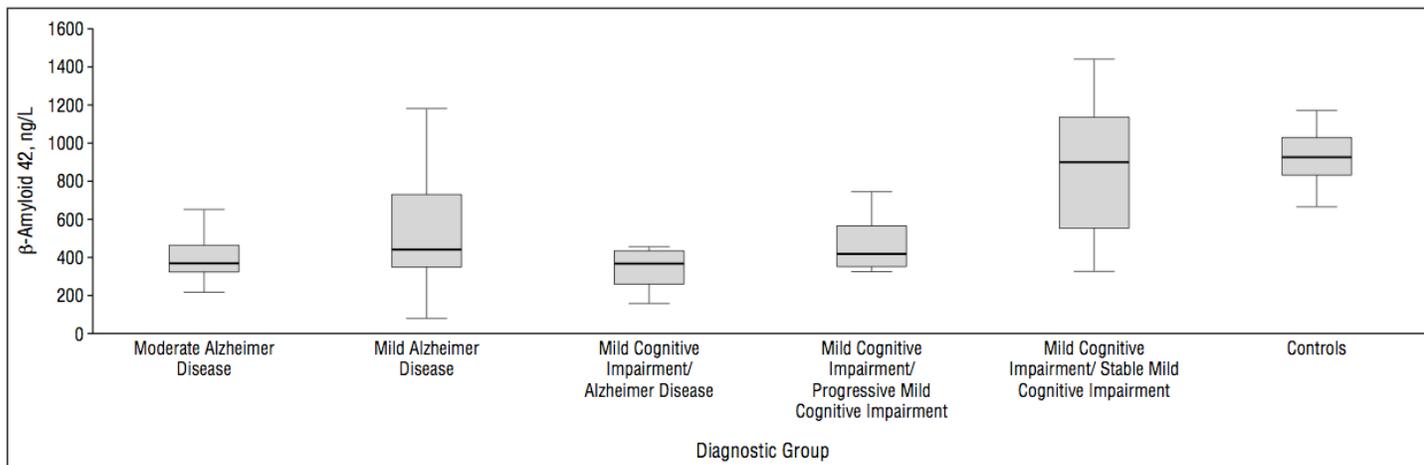


Figure 2. Cerebrospinal fluid β -amyloid 42 level by diagnostic group.

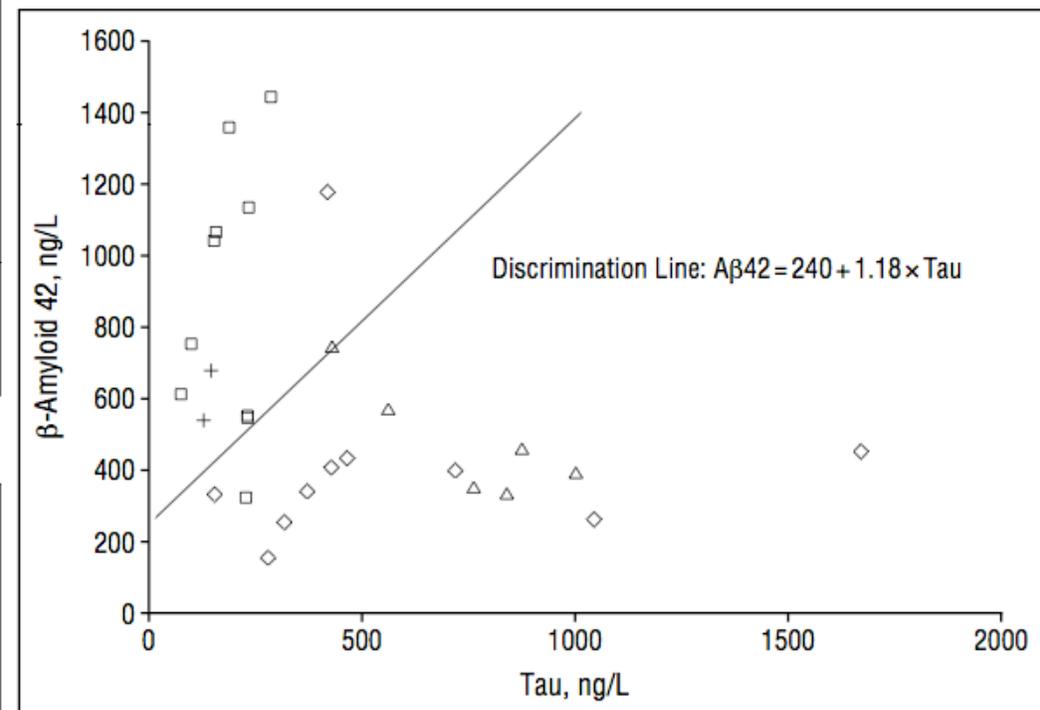
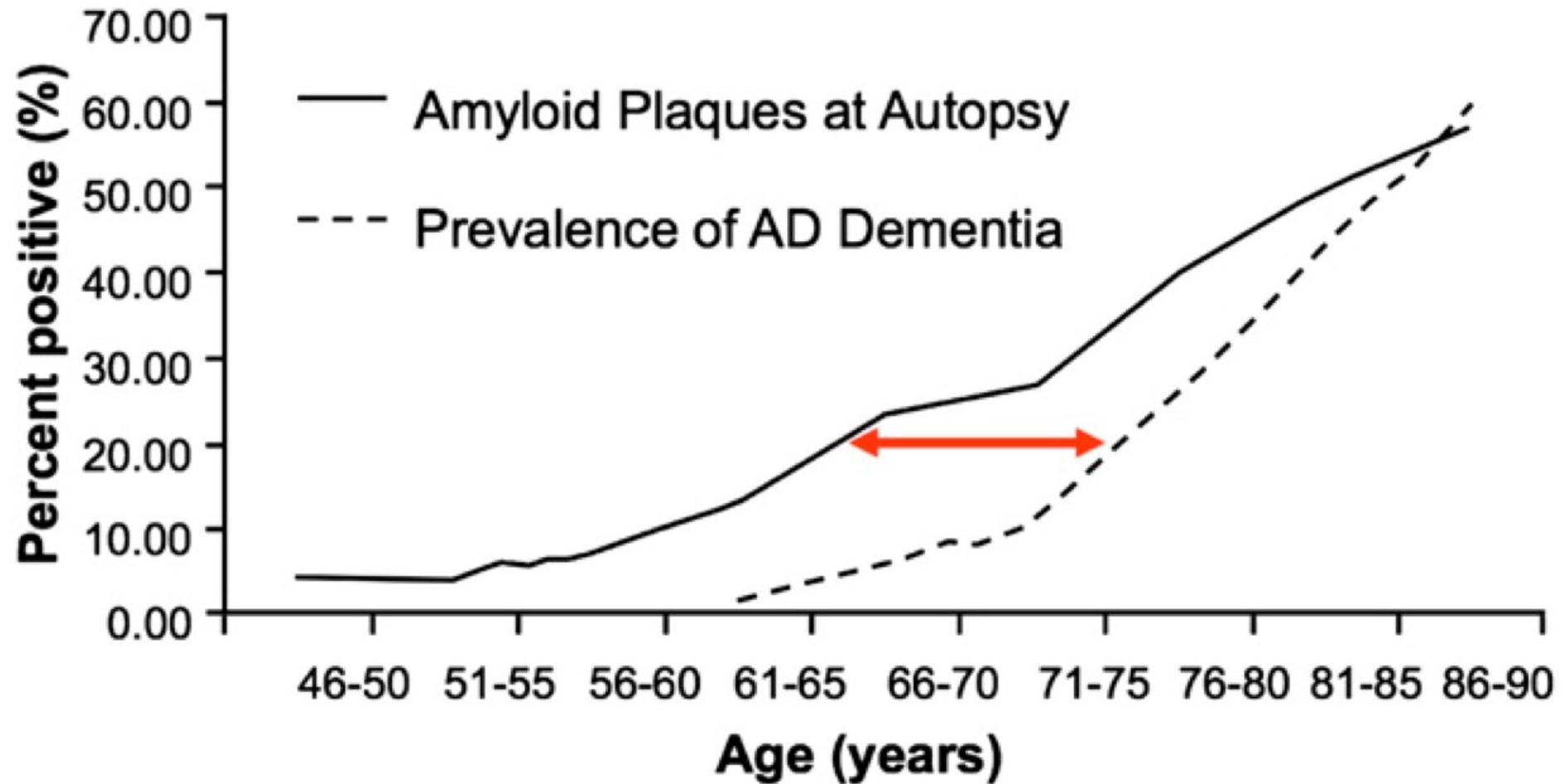
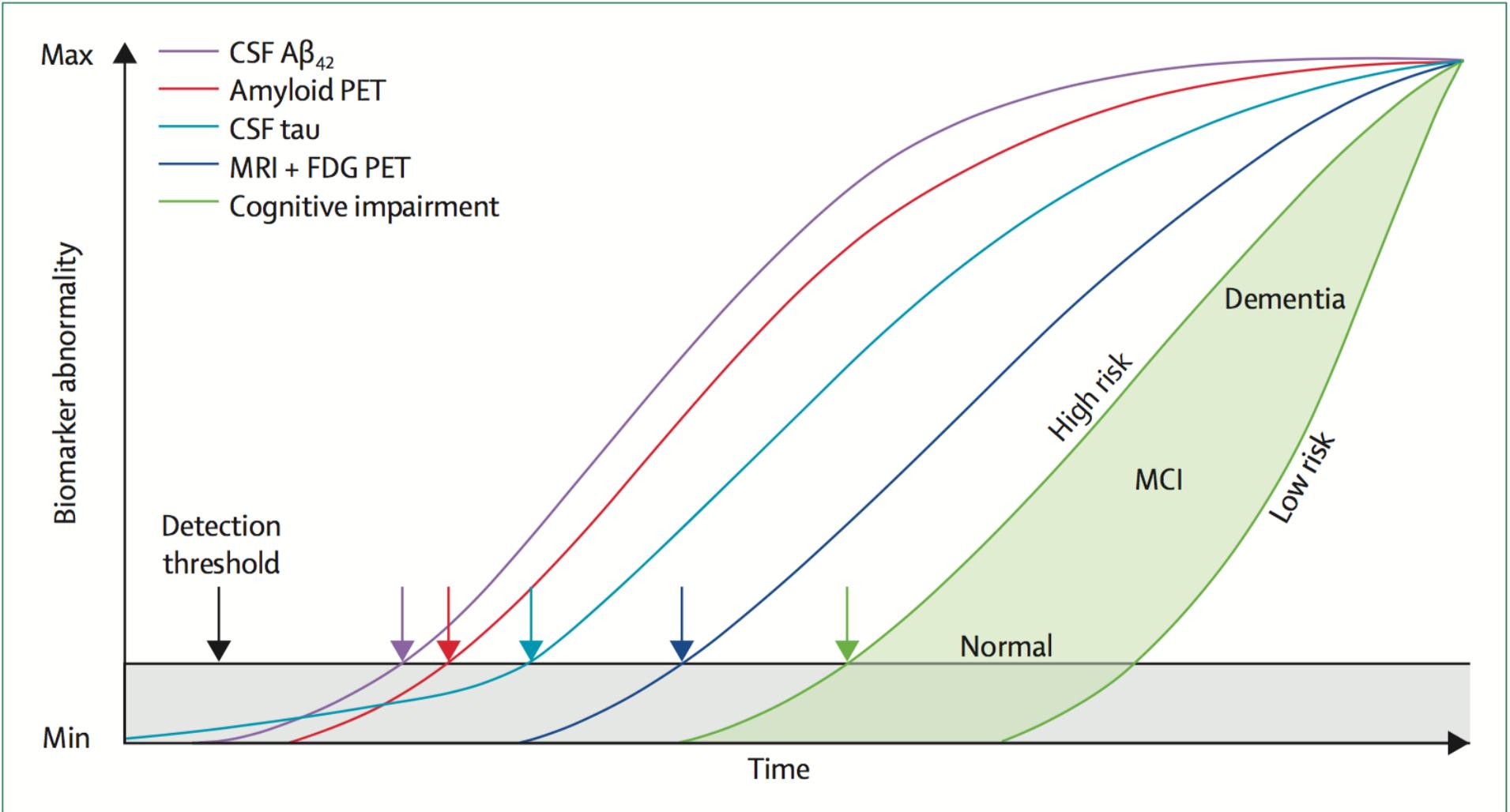


Figure 3. Scatter plot of cerebrospinal fluid tau and β -amyloid 42 (A β 42) concentrations in subjects with mild cognitive impairment (MCI) at baseline by diagnosis at 18-month follow-up. The line within the figure indicates the best discrimination line. Squares indicate stable MCI; plus signs, frontotemporal dementia; triangles, progressive MCI; and diamonds, Alzheimer disease.

Appearance of Plaques vs. Dementia







2018 National Institute on Aging—Alzheimer's Association (NIA-AA) Research Framework

NIA-AA Research Framework: Toward a biological definition of Alzheimer's disease

Clifford R. Jack, Jr.,^{a,*}, David A. Bennett^b, Kaj Blennow^c, Maria C. Carrillo^d, Billy Dunn^e,
Samantha Budd Haeberlein^f, David M. Holtzman^g, William Jagust^h, Frank Jessenⁱ,
Jason Karlawish^j, Enchi Liu^k, Jose Luis Molinuevo^l, Thomas Montine^m, Creighton Phelpsⁿ,
Katherine P. Rankin^o, Christopher C. Rowe^p, Philip Scheltens^q, Eric Siemers^r,
Heather M. Snyder^d, Reisa Sperling^s

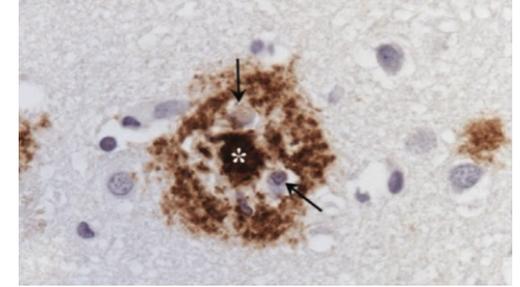
Contributors[†]: Cerise Elliott, Eliezer Masliah, Laurie Ryan, and Nina Silverberg

AT(N) biomarker grouping

A: Aggregated A β or associated pathologic state

CSF A β_{42} , or A β_{42} /A β_{40} ratio

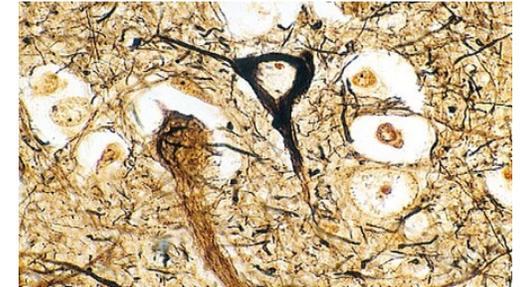
Amyloid PET



T: Aggregated tau (neurofibrillary tangles) or associated pathologic state

CSF phosphorylated tau

Tau PET



(N): Neurodegeneration or neuronal injury

Anatomic MRI

FDG PET

CSF total tau



Biomarker profiles and categories

AT(N) profiles	Biomarker category	
A-T-(N)-	Normal AD biomarkers	
A+T-(N)-	Alzheimer's pathologic change	
A+T+(N)-	Alzheimer's disease	
A+T+(N)+	Alzheimer's disease	
A+T-(N)+	Alzheimer's and concomitant suspected non Alzheimer's pathologic change	
A-T+(N)-	Non-AD pathologic change	
A-T-(N)+	Non-AD pathologic change	
A-T+(N)+	Non-AD pathologic change	

Text Box 1 Glossary

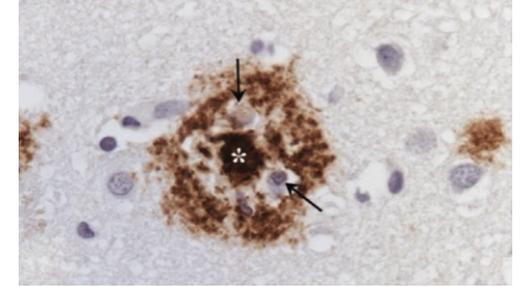
- **Alzheimer disease (AD)**—refers to A β plaques and pathologic tau deposits, defined *in vivo* by abnormal biomarkers of A β and pathologic tau (both are required)
- **Alzheimer's pathologic change**—early stage of Alzheimer's continuum, defined *in vivo* by an abnormal A β biomarker with normal pathologic tau biomarker
- **Alzheimer's continuum**—refers to individuals with biomarker designation of either AD or Alzheimer's pathologic change
- **Alzheimer's clinical syndrome**—recommended terminology for clinically ascertained multi- (or single-) domain amnesic syndrome or a classic syndromal variant (i.e., what has historically been labeled “possible or probable AD”). It applies to both mildly impaired and demented individuals. The term “Alzheimer's disease” is reserved for situations where neuropathologic or biomarker evidence of the disease (i.e., A β plaques and pathologic tau deposits) is present
- **Biomarker group**—refers to three different pathologic processes of AD that a biomarker can measure: A β (A), pathologic tau (T), and neurodegeneration/neuronal injury (N)
- **Biomarker profile**—binarizing each of the three biomarker groups into normal/abnormal (+/-) results in eight possible biomarker profiles: A+T-(N)-, A+T+(N)-, etc.
- **Biomarker category**—biomarker profiles are grouped into three possible biomarker categories: normal AD biomarkers, A-T-(N)-; Alzheimer's continuum, any A+ combination; and non-Alzheimer's pathologic change (i.e., suspected non-Alzheimer's pathophysiology or SNAP), A-T+(N)-, A-T-(N)+, or A-T+(N)+
- **Cognitively unimpaired**—cognitive performance in the nonimpaired range for that individual, defined as not mild cognitive impairment or demented
- **Neurobehavioral symptoms**—symptoms attributable to mood or behavioral disorders, for example, anxiety, depression, and apathy
- **Transitional cognitive decline**—cognitive performance in the nonimpaired range but with a subjective complaint of cognitive decline, or a subtle decline measured on longitudinal cognitive testing, or neurobehavioral symptoms, or combinations of these.

AT(N) biomarker grouping

A: Aggregated A β or associated pathologic state

CSF A β_{42} , or A β_{42} /A β_{40} ratio

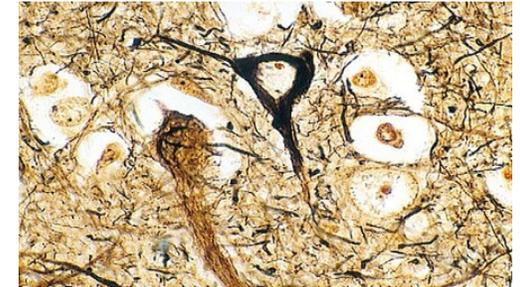
Amyloid PET



T: Aggregated tau (neurofibrillary tangles) or associated pathologic state

CSF phosphorylated tau

Tau PET



(N): Neurodegeneration or neuronal injury

Anatomic MRI

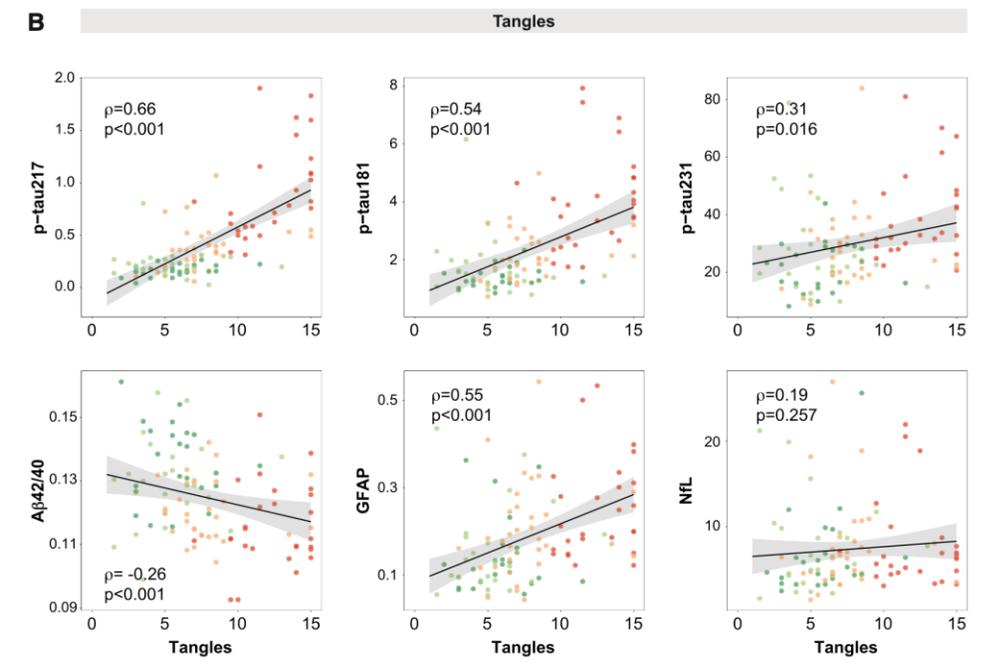
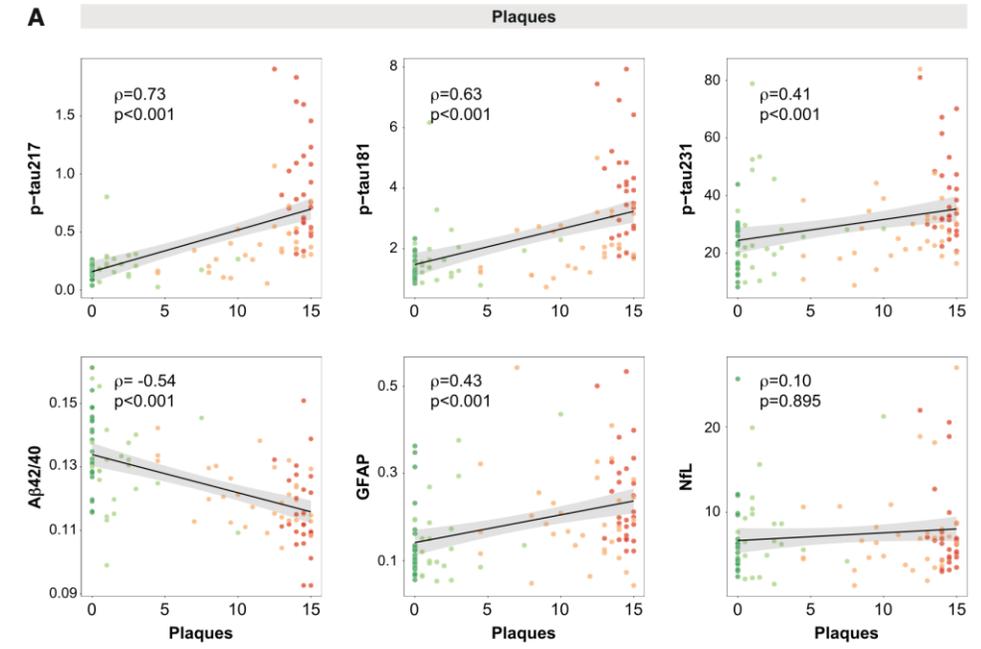
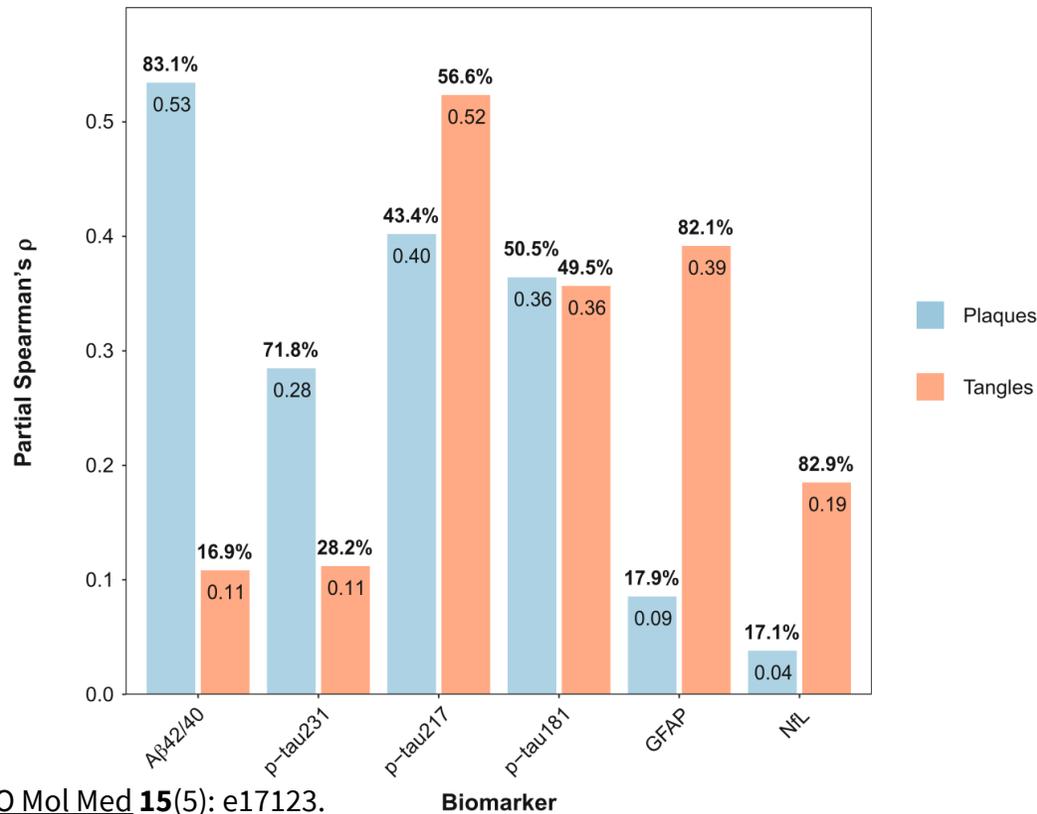
FDG PET

CSF total tau



Specific associations between plasma biomarkers and postmortem amyloid plaque and tau tangle loads

Gemma Salvadó^{1,*} , Rik Ossenkoppele^{1,2,3} , Nicholas J Ashton^{4,5,6} , Thomas G Beach⁷, Geidy E Serrano⁷, Eric M Reiman⁸, Henrik Zetterberg^{4,9,10,11,12}, Niklas Mattsson-Carlgren^{1,13,14} , Shorena Janelidze¹, Kaj Blennow^{4,9}  & Oskar Hansson^{1,15,**} 

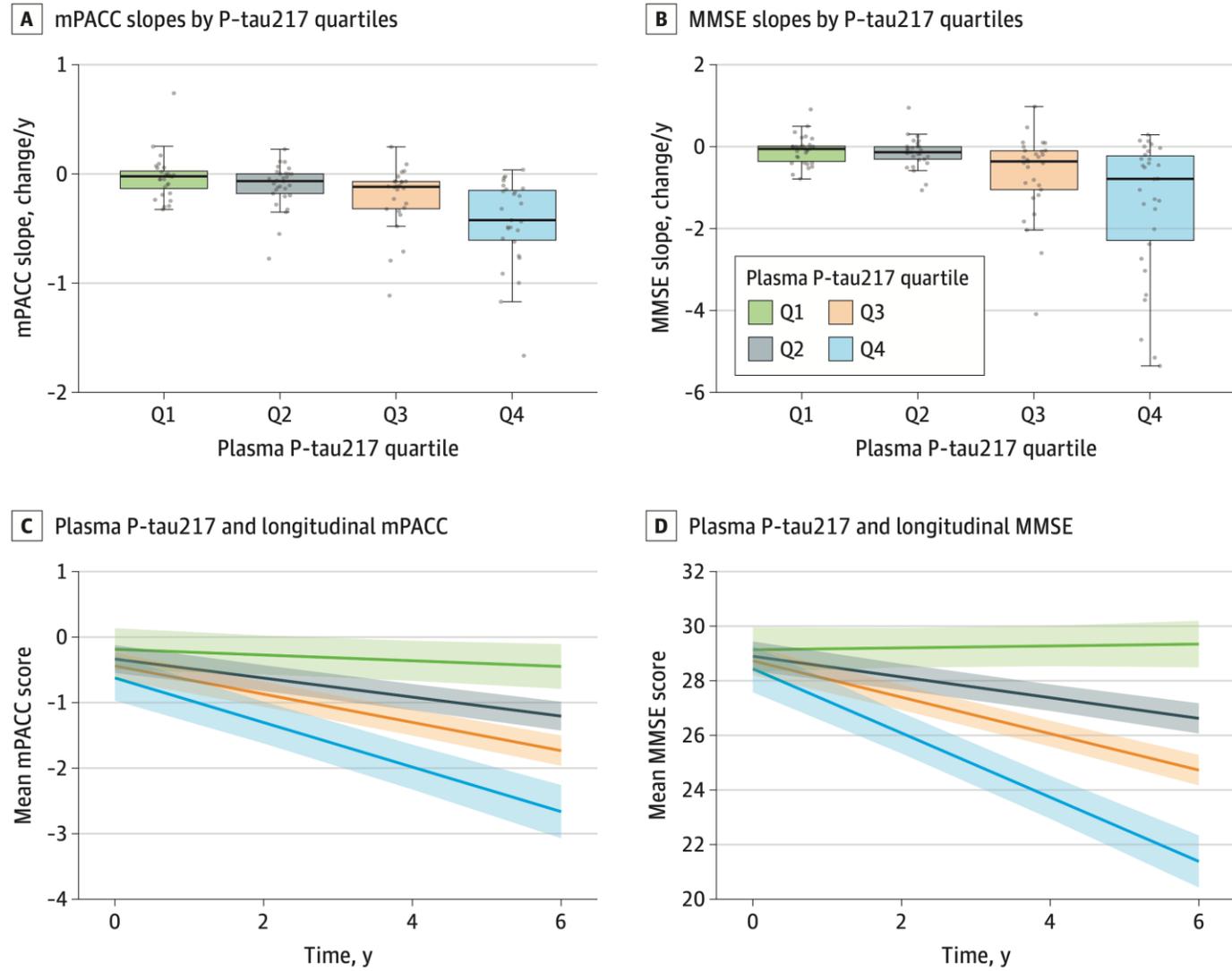


ADNC: None Low Intermediate High

Prediction of Longitudinal Cognitive Decline in Preclinical Alzheimer Disease Using Plasma Biomarkers

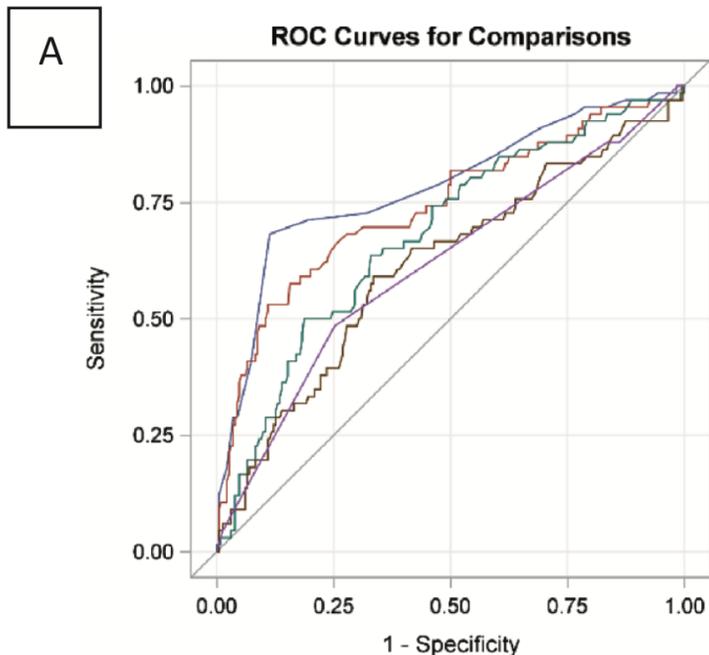
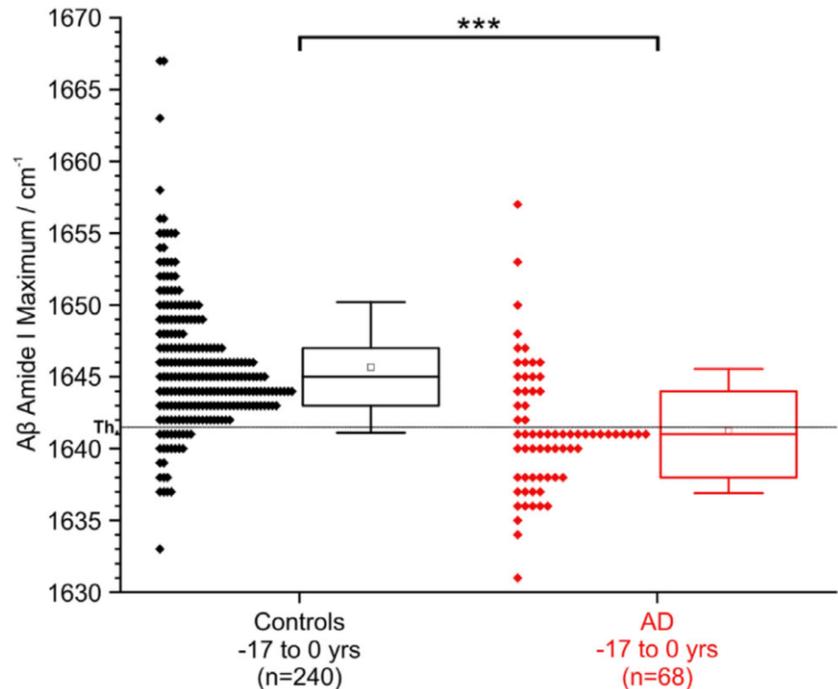
Mattsson-Carlgren, N., et al. (2023). *JAMA Neurol* 80(4): 360-369.

Figure 1. Plasma P-tau217 and Longitudinal Cognition in β -Amyloid ($A\beta$)-Positive Cognitively Unimpaired Individuals

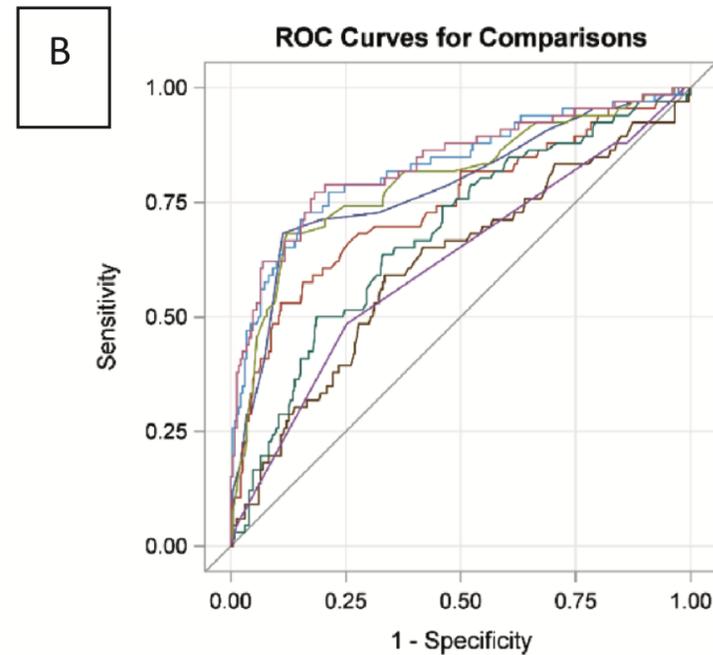


Amyloid-beta misfolding and GFAP predict risk of clinical Alzheimer's disease diagnosis within 17 years

Léon Beyer^{1,2} | Hannah Stocker^{3,4} | Dan Rujescu⁵ | Bernd Holleczek⁶ | Julia Stockmann^{1,2} | Andreas Nabers^{1,2} | Hermann Brenner^{3,4} | Klaus Gerwert^{1,2}



Predictor	AUC (95% CI)
Aβ misfolding	0.784 (0.713-0.854)
GFAP	0.741 (0.666-0.816)
NfL	0.680 (0.606-0.755)
P-tau181	0.615 (0.534-0.696)
APOE	0.615 (0.541-0.690)



Predictor	AUC (95% CI)
Aβ misfolding	0.784 (0.713-0.854)
GFAP	0.741 (0.666-0.816)
NfL	0.680 (0.606-0.755)
P-tau181	0.615 (0.534-0.696)
APOE	0.615 (0.541-0.690)
Aβ misfolding + APOE	0.798 (0.730-0.865)
Aβ misfolding + GFAP	0.828 (0.764-0.891)
Aβ misfolding + GFAP + APOE	0.835 (0.772-0.897)

JAMA Neurology | Special Communication

A New Framework for Dementia Nomenclature

Ronald C. Petersen, MD, PhD; Sandra Weintraub, PhD; Marwan Sabbagh, MD; Jason Karlawish, MD; Charles H. Adler, MD, PhD; Peggye Dilworth-Anderson, PhD; Lori Frank, PhD; Cynthia Huling Hummel, DMin; Angela Taylor, BMus; for the Dementia Nomenclature Initiative

Dementia Nomenclature Initiative

Clinical presentation

Possible pathophysiology

Clinical features

Pathologic features
(biomarkers, genetic mutations, autopsy confirmation)

Domains

- Cognitive
- Behavioral/psychiatric
- Motor
- Other neurologic symptoms

Severity

- None, minimal, mild, moderate, or severe for each domain

Age of onset

Functional impact

- None, minimal, mild, moderate, or severe

- Amyloid
- Tau
- α -Synuclein
- TDP-43
- Vascular
- Multiple
- Other

Clinical syndrome

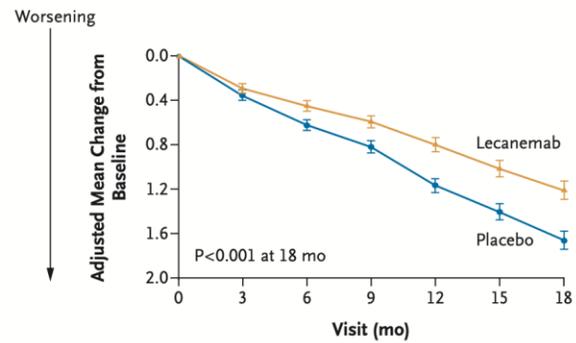
Pathophysiology

Disease label

Tratamiento

- Tratamiento farmacológico
 - Sintomático
 - Específicos para EA
 - Inhibidores de la colinesterasa
 - Antagonista no competitivo de receptor glutamatérgico NMDA
 - Otros sin un mecanismo de acción específico para EA
 - Ansiolíticos
 - Antidepresivos
 - Antipsicóticos
 - Hipnóticos
 - Antiepilépticos
 - Tratamientos modificadores de la enfermedad
- Tratamiento no farmacológico

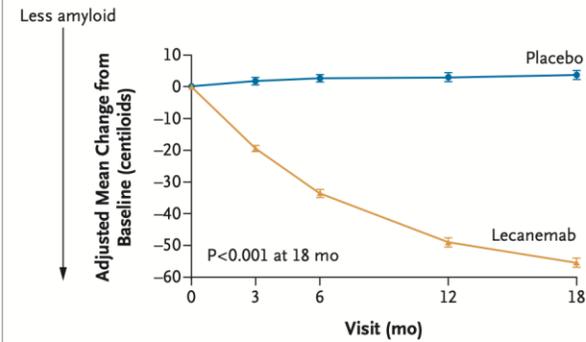
A CDR-SB Score



No. of Participants

Lecanemab	859	824	798	779	765	738	714
Placebo	875	849	828	813	779	767	757

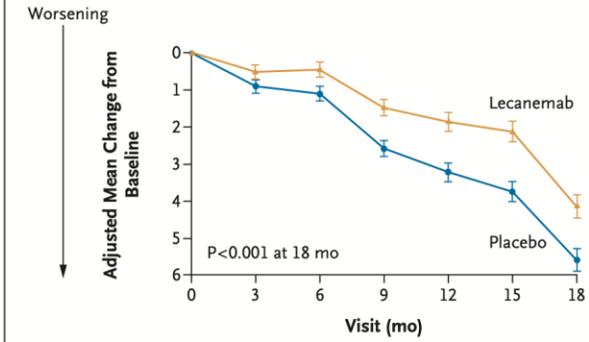
B Amyloid Burden on PET



No. of Participants

Lecanemab	354	296	275	276	210
Placebo	344	303	286	259	205

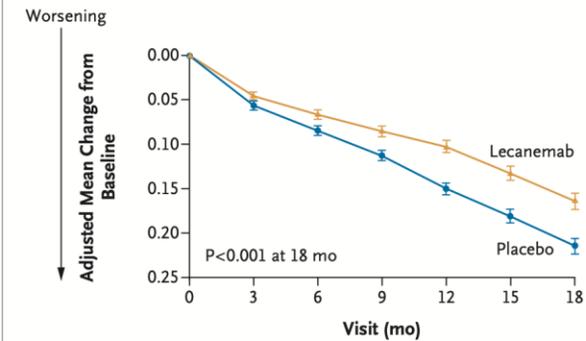
C ADAS-Cog14 Score



No. of Participants

Lecanemab	854	819	793	771	753	730	703
Placebo	872	844	823	807	770	762	738

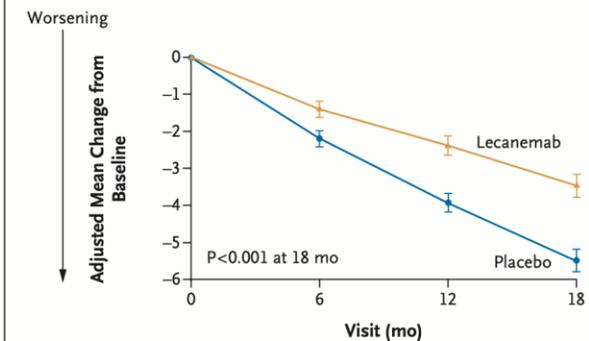
D ADCOMS



No. of Participants

Lecanemab	857	820	796	774	757	733	708
Placebo	875	847	822	808	775	764	749

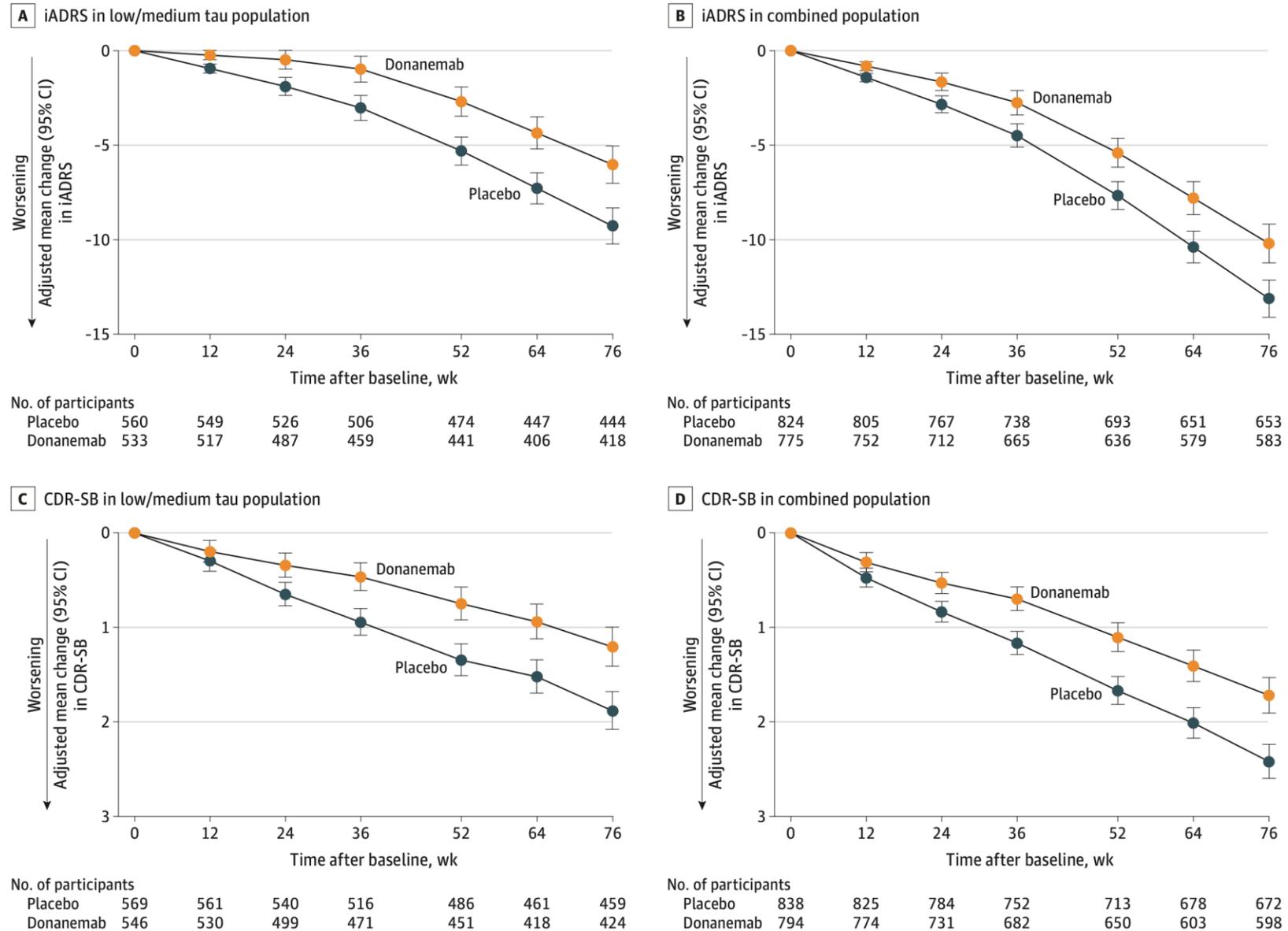
E ADCS-MCI-ADL Score



No. of Participants

Lecanemab	783	756	716	676
Placebo	796	783	739	707

Figure 2. Integrated Alzheimer Disease Rating Scale (iADRS) and Sum of Boxes of the Clinical Dementia Rating Scale (CDR-SB) From Baseline to 76 Weeks



J Prev Alz Dis 2023;3(10):362-377

Published online March 27, 2023, <http://dx.doi.org/10.14283/jpad.2023.30>

Review

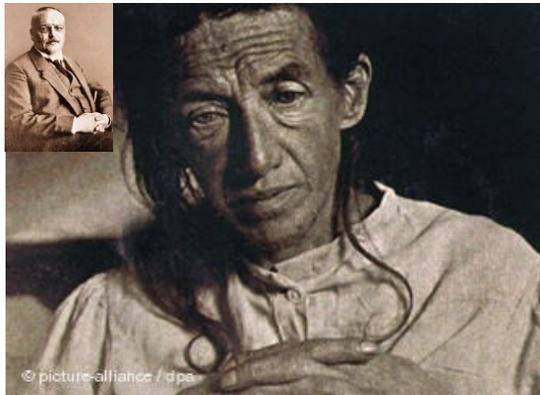
Lecanemab: Appropriate Use Recommendations

J. Cummings¹, L. Apostolova², G.D. Rabinovici³, A. Atri⁴, P. Aisen⁵, S. Greenberg⁶, S. Hendrix⁷, D. Selkoe⁸, M. Weiner⁹, R.C. Petersen¹⁰, S. Salloway¹¹, For the Alzheimer's Disease and Related Disorders Therapeutics Work Group

Cambio de concepto

Siglo XX

Clínico-patológico

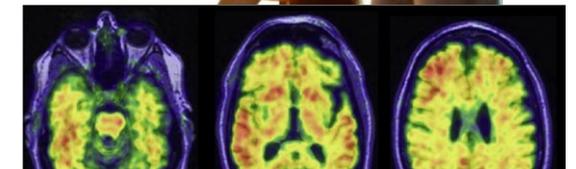
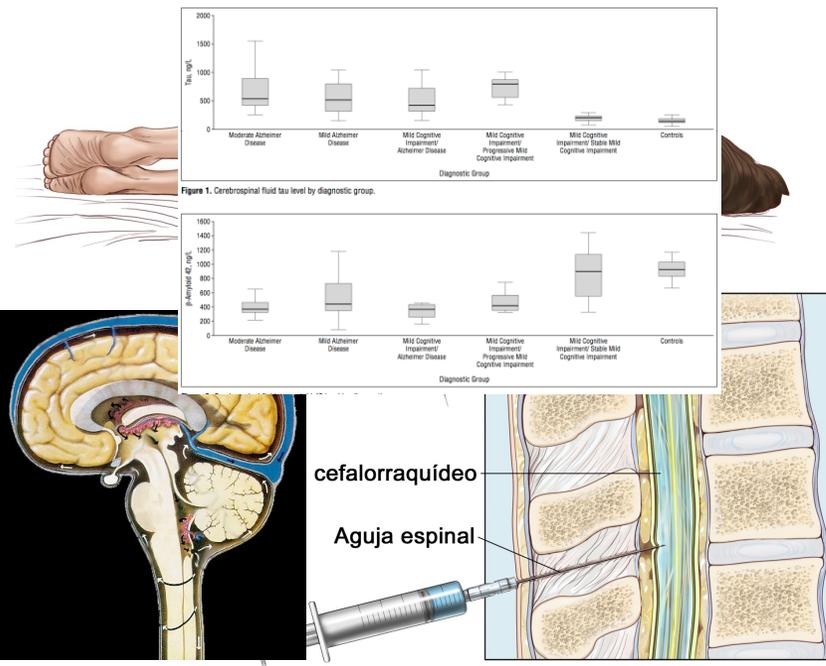
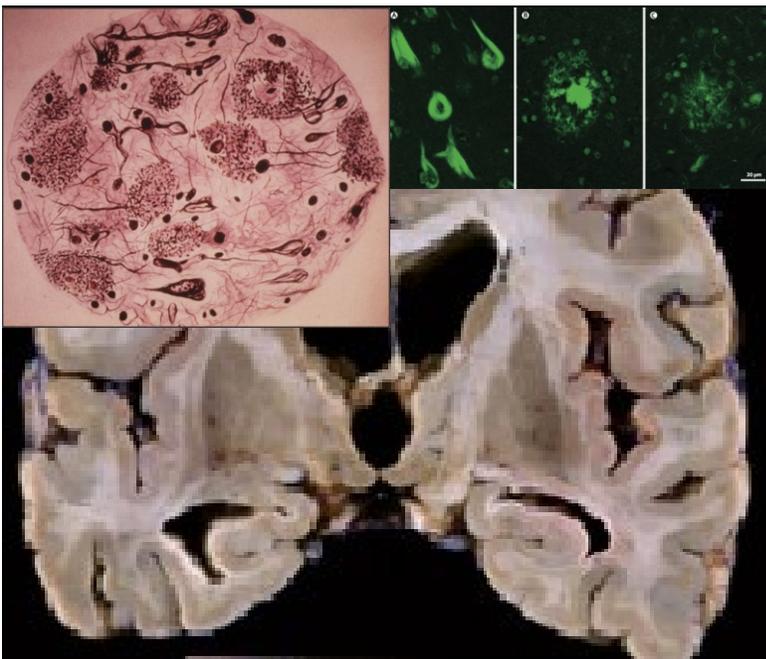


Siglo XXI

Clínico-biológico



Biológico

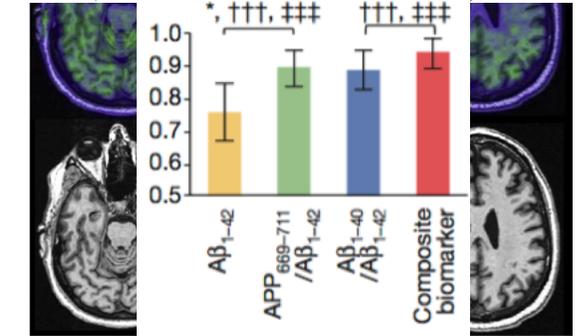


LETTER

doi:10.1038/nature25456

High performance plasma amyloid- β biomarkers for Alzheimer's disease

Akinori Nakamura¹, Naoki Kaneko², Victor L. Villemagne^{3,4}, Takashi Kato^{2,5}, James Doecke⁶, Vincent Dore^{6,8}, Chris Fowler⁹, Qiao-Xin Li⁴, Ralph Martins⁴, Christopher Rowe⁴, Taisuke Tomita⁴, Katsumi Matsuzaki⁴, Kenji Ishii¹⁰, Kazunari Ishii¹¹, Yutaka Arahata², Shinichi Iijima¹



Cambio de tratamiento

Siglo XX

Siglo XXI

Enfermedad crónica/Dx tardío

Diagnóstico temprano

Terminal

Socio-sanitario/Tx Sintomático

Reducción de riesgo

Tx modificador

